South Dakota State University

Open PRAIRIE: Open Public Research Access Institutional Repository and Information Exchange

Jackrabbit Track and Field Media Guides (2011-2015)  
South Dakota State University Athletics

2012

**South Dakota State Track and Field 2012 Media Guide**

South Dakota State University

Follow this and additional works at: [https://openprairie.sdstate.edu/track_field-guides](https://openprairie.sdstate.edu/track_field-guides)
SOUTH DAKOTA STATE

TRACK AND FIELD

RING THE BELL!

2012 MEDIA GUIDE
SOUTH DAKOTA STATE TRACK AND FIELD

WOMEN'S ROSTER

Ashley Wagner
Montrose, S.D.

Mary Wirth
Sioux Falls, S.D.

Laura Wolles
Colton, S.D.

Bobbie Sedlmajer
Grand Forks, N.D.

Laura Bauer
Sioux Falls, S.D.

Leah Bolon
Sioux Falls, S.D.

Katie Boote
Canton, S.D.

Megan Bren
Sioux Falls, S.D.

Krista Creager
Yankton, S.D.

Becca Fischer
Sheldon, Iowa

Mary Wirth
Sioux Falls, S.D.

Laura Wolles
Colton, S.D.

Bobbie Sedlmajer
Grand Forks, N.D.

Ashley Wagner
Montrose, S.D.

Mary Wirth
Sioux Falls, S.D.

Laura Wolles
Colton, S.D.

Bobbie Sedlmajer
Grand Forks, N.D.

Laura Bauer
Sioux Falls, S.D.

Leah Bolon
Sioux Falls, S.D.

Katie Boote
Canton, S.D.

Megan Bren
Sioux Falls, S.D.

Krista Creager
Yankton, S.D.

Becca Fischer
Sheldon, Iowa

Laura Wolles
Colton, S.D.

Bobbie Sedlmajer
Grand Forks, N.D.

Ashley Wagner
Montrose, S.D.

Mary Wirth
Sioux Falls, S.D.

Laura Wolles
Colton, S.D.

Katy Freidel
Rapid City, S.D.

Gina Fritz
Colman, S.D.

Brooke Garner
Rapid City, S.D.

Ashley Gruenwald
Clark, S.D.

Rachel Hagberg
Frankfort, S.D.

Erin Hargens
Sioux Falls, S.D.

Kae Januschka
Sioux Falls, S.D.

McKenzie Johnson
Rapid City, S.D.

Paige Kary
Yankton, S.D.

Molly Kopffmann
Veigl, S.D.

Lisa Kroegstad
Spearfish, S.D.

Meghan Lambert
Sioux Falls, S.D.

Laura Lawton
Eden Prairie, Minn.

Amy Leiferman
Brookings, S.D.

Danielle McCann
Parkston, S.D.

Jessica McDonald
Hill City, S.D.

Bobbie McLaury
Elk Point, S.D.

Erica Meyer
Rosholt, S.D.

Courtney Neubert
Aberdeen, S.D.

Taylor Neugebauer
Custer, S.D.

Josie Oakland
Bristol, S.D.

Ashley Odgaard
Brookings, S.D.

Amber Olson
Monticello, Minn.

Kali Olson
Lisbon, N.D.

Amy Paulzine
Fulda, Minn.

Brooke Peterson
Hitchcock, S.D.

Tera Potts
Sturgis, S.D.

Arielle Schmidt
Brandon, S.D.

Bobbie Sedlmajer
Grand Forks, N.D.

Lora Shearer
Salem, S.D.

Holly Sheets
Perham, Minn.

Jenna Stephens
Rapid City, S.D.

Alex Suhr
Rapid City, S.D.

Trisha Sumption
Pipestone, Minn.

Megan Viland
Pipestone, Minn.

Shelby Assmus
Stickney, S.D.

Becca Fischer
Sheldon, Iowa

Katy Freidel
Rapid City, S.D.

Gina Fritz
Colman, S.D.

Brooke Garner
Rapid City, S.D.

Ashley Gruenwald
Clark, S.D.

Rachel Hagberg
Frankfort, S.D.

Erin Hargens
Sioux Falls, S.D.

Kae Januschka
Sioux Falls, S.D.
South Dakota State Track and Field

Quick Facts / Table of Contents

South Dakota State University
- Location: Brookings, S.D.
- Founded/Enrollment: 1881 (12,725)
- Affiliation: NCAA Division I
- Nickname: Jackrabbits
- Colors: Yellow and Blue

Conference: The Summit League
- IPFW, IPUI, UNMC, North Dakota State, Oakland
- Oral Roberts, South Dakota, South Dakota State
- Southern Utah, Western Illinois

President: Dr. David Chicoine
- Athletics Director: Justin Sell
- Head Coach: Rod DeHaven
- Assistant coaches: David St. John, Lyndon McDowell
- Graduate assistant: Jackie Spelts

Compliance Phone: (605) 688-5308
- Equipment Manager: Tim DeWitt
- Equipment Phone: (605) 688-5722
- Athletics Secretary: Diane Rieken
- Athletics Phone: (605) 688-5625
- Athletics Fax: (605) 688-5999

Sports Information
- Graduate Assistant/T&F SID: Jacob Dreyer
- Office: (605) 688-4932
- Cell: (319) 215-6979
- E-mail: Jacob.Dreyer@sdstate.edu
- SID Fax: (605) 688-5999
- Web: Galaxie.com
- Twitter: twitter.com/SDSU_Jacks

Facebook: Facebook.com/SDSU.Jackrabbit.Nation

Mailing Address
- Sports Information Office
- Stanley J. Marshall HPER Center
- Box 2820
- Brookings, SD 57007-1497

Team Information
- 2011 Summit League indoor finish (men)........2nd
- 2011 Summit League indoor finish (women).....4th
- 2011 Summit League outdoor finish (men)......2nd
- 2011 Summit League indoor finish (women).....3rd

Coaching Staff
- Head Coach: Rod DeHaven
- Assistant coaches: Tyg Long, John Franzen, graduate assistant Jackie Spelts

Compliance Phone: (605) 688-5308
- Equipment Manager: Tim DeWitt
- Equipment Phone: (605) 688-5722
- Athletics Secretary: Diane Rieken
- Athletics Phone: (605) 688-5625
- Athletics Fax: (605) 688-5999

Table of Contents - SDSU Track and Field Quick Facts

1-3 2012 Season Preview
- 1 Table of Contents - SDSU Track and Field Quick Facts
- 2-3 2012 Rosters, Season Preview and Schedule

4-9 Jackrabbit Coaching Staff
- 5 Head coach Rod DeHaven
- 6 Assistant coaches David St. John, Lyndon McDowell
- 7 Assistant coaches Tyg Long, John Franzen, graduate assistant Jackie Spelts
- 8 Strength and Conditioning
- 9 Sports Medicine

10-21 2012 Jackrabbits
- 11 Men: Ryan Ackman - Evan Bunkers
- 12 Men: Calvin Cammack - Dustin Gibbons
- 13 Men: Kelly Hall - Evan Minnear
- 14 Men: Brandon Priebe - Andrew Thies
- 15 Men: Nathan VanMaanen - Levi Winkels
- 16 Members of The Summit League Olympians
- 17 Women: Shelby Assmus - Brooke Garner
- 18 Women: Ashley Gruenwald - Laura Lawton
- 19 Women: Amy Leiferman - Ashley Odegaard
- 20 Women: Amber Olson - Jenna Stephens
- 21 Women: Alex Suhr - Brooke Wyffels

22-24 Season Reviews
- 23 2011 Track and Field Season Review
- 24 2011 Cross Country Season Review

25-33 Jackrabbit Track and Field History
- 26 Men’s Indoor History
- 27 Men’s Outdoor History
- 28 Women’s Indoor History
- 29 Women’s Outdoor History
- 30 Men’s Indoor Top-Five
- 31 Men’s Outdoor Top-Five
- 32 Women’s Indoor Top-Five
- 33 Women’s Outdoor Top-Five

34-36 The Summit League
- 34-35 The Summit League
- 36 The Summit League Olympians

37-44 Welcome to South Dakota State University
- 37 Media Information
- 38-41 South Dakota State University
- 42-43 SDSU Administration
- 44 SDSU Majors and Minors

The South Dakota State University Print Lab produced the 2011-12 SDSU Track and Field Media Guide. Edited and designed by Jacob Dreyer, assisted by Jason Hove and Ryan Sweeter. 30 copies printed on recycled paper at a cost of $8.90 each. Photos credited to Stephen Brua, SDSU Sports Information and Eric Landwehr, SDSU Relations. Cover design by Old Hat Creative.
### South Dakota State Track and Field

#### Women's Roster

<table>
<thead>
<tr>
<th>Name</th>
<th>Event</th>
<th>In-Yr.</th>
<th>Out-Yr.</th>
<th>Hometown (High School/Previous school)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Josie Oakland</td>
<td>DI</td>
<td>So.</td>
<td>So.</td>
<td>Bristol, S.D. (Langford)</td>
</tr>
<tr>
<td>Shelby Asomus</td>
<td>SP</td>
<td>Jr.</td>
<td>Jr.</td>
<td>Sioux Falls, S.D. (Roosevelt)</td>
</tr>
<tr>
<td>Laura Bauer</td>
<td>DI</td>
<td>Jr.</td>
<td>Jr.</td>
<td>Sioux Falls, S.D. (Roosevelt)</td>
</tr>
<tr>
<td>Leah Boten</td>
<td>DI</td>
<td>Fr.</td>
<td>Fr.</td>
<td>Sioux Falls, S.D. (Roosevelt)</td>
</tr>
<tr>
<td>Katie Boote</td>
<td>DI</td>
<td>So.</td>
<td>So.</td>
<td>Canton, S.D. (Canton)</td>
</tr>
<tr>
<td>Megan Bren</td>
<td>SP</td>
<td>Jr.</td>
<td>Jr.</td>
<td>Sioux Falls, S.D. (Roosevelt)</td>
</tr>
<tr>
<td>Becca Fischer</td>
<td>TH</td>
<td>Jr.</td>
<td>Jr.</td>
<td>Sheldon, Iowa</td>
</tr>
<tr>
<td>Kali Olson</td>
<td>ME</td>
<td>Fr.</td>
<td>Fr.</td>
<td>Rapid City, S.D. (St. Thomas More)</td>
</tr>
<tr>
<td>Laura Lawton</td>
<td>MD</td>
<td>Fr.</td>
<td>Fr.</td>
<td>Eden Prairie, Minn. (Eden Prairie)</td>
</tr>
<tr>
<td>Amy Leferman</td>
<td>PV</td>
<td>Fr.</td>
<td>Fr.</td>
<td>Brookings, S.D.</td>
</tr>
<tr>
<td>Danielle McCann</td>
<td>HU</td>
<td>Sr.</td>
<td>Sr.</td>
<td>Parkston, S.D. (Parkston)</td>
</tr>
<tr>
<td>Jessica McDonald</td>
<td>SP</td>
<td>Fr.</td>
<td>Fr.</td>
<td>Hill City, S.D. (Hill City)</td>
</tr>
<tr>
<td>Bobbie McAulay</td>
<td>MD</td>
<td>Fr.</td>
<td>Fr.</td>
<td>Elk Point, S.D. (Elk Point-Jefferson)</td>
</tr>
<tr>
<td>Erica Meyer</td>
<td>DI</td>
<td>So.</td>
<td>So.</td>
<td>Robstown, S.D. (Robstown)</td>
</tr>
<tr>
<td>Courtney Neubert</td>
<td>DI</td>
<td>Fr.</td>
<td>Fr.</td>
<td>Aberdeen, S.D. (Central)</td>
</tr>
<tr>
<td>Taylor Neugebauer</td>
<td>SP</td>
<td>Fr.</td>
<td>Fr.</td>
<td>Castle, S.D. (Castle)</td>
</tr>
<tr>
<td>Josie Oakland</td>
<td>DI</td>
<td>So.</td>
<td>So.</td>
<td>Bridal, S.D. (Langdon)</td>
</tr>
<tr>
<td>Amber Olson</td>
<td>SP</td>
<td>So.</td>
<td>So.</td>
<td>Monticello, Minn. (Monticello)</td>
</tr>
<tr>
<td>Kali Olson</td>
<td>ME</td>
<td>So.</td>
<td>So.</td>
<td>Lisbon, N.D. (Lisbon)</td>
</tr>
<tr>
<td>Amy Pauline</td>
<td>ME</td>
<td>So.</td>
<td>So.</td>
<td>Fulda, Minn. (Fulda)</td>
</tr>
<tr>
<td>Brooke Peterson</td>
<td>DI</td>
<td>Fr.</td>
<td>Fr.</td>
<td>Hinsdale, S.D. (Hinsdale-Tular)</td>
</tr>
<tr>
<td>Tena Potts</td>
<td>DI</td>
<td>Jr.</td>
<td>Jr.</td>
<td>Sturgis, S.D. (Sturgis Brown)</td>
</tr>
<tr>
<td>Arielle Schmidt</td>
<td>DI</td>
<td>So.</td>
<td>So.</td>
<td>Brandon, S.D. (Sioux Falls)</td>
</tr>
<tr>
<td>Bobbie Sedlmajer</td>
<td>DI</td>
<td>So.</td>
<td>So.</td>
<td>Grand Fork, S.D. (Central)</td>
</tr>
<tr>
<td>Tara Schauer</td>
<td>JU</td>
<td>So.</td>
<td>So.</td>
<td>Salem, S.D. (McCook Central)</td>
</tr>
<tr>
<td>Holly Sheets</td>
<td>JU</td>
<td>So.</td>
<td>So.</td>
<td>Perham, Minn. (Perham)</td>
</tr>
<tr>
<td>Jenna Stephens</td>
<td>JU</td>
<td>Fr.</td>
<td>Fr.</td>
<td>Rapid City, S.D. (Central)</td>
</tr>
<tr>
<td>Cally Strobol</td>
<td>SP</td>
<td>So.</td>
<td>So.</td>
<td>Harrodson, Minn. (Mayr Lutheran)</td>
</tr>
<tr>
<td>Alex Suhr</td>
<td>DI</td>
<td>Fr.</td>
<td>Fr.</td>
<td>Rapid City, S.D. (Douglas)</td>
</tr>
<tr>
<td>Trisha Sumption</td>
<td>TH</td>
<td>Fr.</td>
<td>Fr.</td>
<td>Pipestone, Minn. (Pipestone Area)</td>
</tr>
<tr>
<td>Megan Vieland</td>
<td>SP</td>
<td>Fr.</td>
<td>Fr.</td>
<td>Pipestone, Minn.</td>
</tr>
<tr>
<td>Ashley Wagner</td>
<td>JU</td>
<td>So.</td>
<td>So.</td>
<td>Montrose, S.D. (Montrose)</td>
</tr>
<tr>
<td>Mary Wilth</td>
<td>JU</td>
<td>So.</td>
<td>So.</td>
<td>Sioux Falls, S.D. (Lincoln)</td>
</tr>
<tr>
<td>Laura Woltes</td>
<td>DI</td>
<td>So.</td>
<td>So.</td>
<td>Colton, S.D. (Chester Area)</td>
</tr>
</tbody>
</table>

#### Men's Roster

<table>
<thead>
<tr>
<th>Name</th>
<th>Event</th>
<th>In-Yr.</th>
<th>Out-Yr.</th>
<th>Hometown (High School/Previous school)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Lars Mattson</td>
<td>MD</td>
<td>Fr.</td>
<td>Fr.</td>
<td>Watertown, S.D. (Watertown)</td>
</tr>
<tr>
<td>John Winkless</td>
<td>SP</td>
<td>Fr.</td>
<td>Fr.</td>
<td>Watertown, S.D. (Watertown)</td>
</tr>
</tbody>
</table>

#### Track and Field Coaching Staff

<table>
<thead>
<tr>
<th>Name</th>
<th>Season</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>Head Coach Rod DeHaven</td>
<td>Eighth season</td>
<td>---</td>
</tr>
<tr>
<td>Asst. Coach Tyg Long</td>
<td>Third season</td>
<td>Throws</td>
</tr>
<tr>
<td>Asst. Coach Lyndon McDowell</td>
<td>Third season</td>
<td>Sprints/Hurdles</td>
</tr>
<tr>
<td>Asst. Coach David St. John</td>
<td>Fourth season</td>
<td>Jumps</td>
</tr>
<tr>
<td>Grad. Asst. Jackie Spells</td>
<td>First season</td>
<td>---</td>
</tr>
</tbody>
</table>
South Dakota State Track and Field

2011-12 Indoor Schedule

<table>
<thead>
<tr>
<th>Date</th>
<th>Opponent</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>Dec. 9-10</td>
<td>Dakota Duals</td>
<td>Fargo, N.D.</td>
</tr>
<tr>
<td>Jan. 14</td>
<td>Graphic Edge/Alumni Meet</td>
<td>Vermillion, S.D.</td>
</tr>
<tr>
<td>Jan. 21</td>
<td>Jack Johnson Invite</td>
<td>Minneapolis, Minn.</td>
</tr>
<tr>
<td>Jan. 28</td>
<td>Bill Bergan Invite</td>
<td>Ames, Iowa</td>
</tr>
<tr>
<td>Feb. 2</td>
<td>John Dalton</td>
<td>Vermillion, S.D.</td>
</tr>
<tr>
<td>Feb. 3-4</td>
<td>Husker Invite</td>
<td>Lincoln, Neb.</td>
</tr>
<tr>
<td>Feb. 10-11</td>
<td>ISU Classic</td>
<td>Ames, Iowa</td>
</tr>
<tr>
<td>Feb. 10-11</td>
<td>Bison Open</td>
<td>Fargo, N.D.</td>
</tr>
<tr>
<td>Feb. 17</td>
<td>Nebraska Tune Up</td>
<td>Lincoln, Neb.</td>
</tr>
<tr>
<td>Feb. 17</td>
<td>South Dakota Twilight</td>
<td>Vermillion, S.D.</td>
</tr>
<tr>
<td>Feb. 23-25</td>
<td>Summit League Championships</td>
<td>Fort Wayne, Ind.</td>
</tr>
</tbody>
</table>

Note: Schedule subject to change

2012 Outdoor Schedule

<table>
<thead>
<tr>
<th>Date</th>
<th>Opponent</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>March 23-24</td>
<td>Missouri Relays</td>
<td>Columbia, Mo.</td>
</tr>
<tr>
<td>March 31</td>
<td>Arkansas Spring Invite</td>
<td>Fayetteville, Ark.</td>
</tr>
<tr>
<td>April 6</td>
<td>USD Duals</td>
<td>Yankton, S.D.</td>
</tr>
<tr>
<td>April 13-14</td>
<td>Jim Duncan Invite</td>
<td>Des Moines, Iowa</td>
</tr>
<tr>
<td>April 19-20</td>
<td>Mt. Sac Relays</td>
<td>Walnut, Calif.</td>
</tr>
<tr>
<td>April 20-21</td>
<td>Doane College Relays</td>
<td>Crete, Neb.</td>
</tr>
<tr>
<td>April 21</td>
<td>Long Beach State Invitational</td>
<td>Long Beach, Calif.</td>
</tr>
<tr>
<td>April 26-28</td>
<td>Drake Relays</td>
<td>Des Moines, Iowa</td>
</tr>
<tr>
<td>May 4-5</td>
<td>USF Relays</td>
<td>Sioux Falls, S.D.</td>
</tr>
<tr>
<td>May 5</td>
<td>NDSU Open</td>
<td>Fargo, N.D.</td>
</tr>
<tr>
<td>May 10-12</td>
<td>Summit League Championships</td>
<td>Fargo, N.D.</td>
</tr>
<tr>
<td>May 24-26</td>
<td>NCAA First Round</td>
<td>Austin, Texas</td>
</tr>
<tr>
<td>June 7-9</td>
<td>NCAA Championships</td>
<td>Des Moines, Iowa</td>
</tr>
</tbody>
</table>

Junior Brooke Garner continues to have great success as a member of the Jackrabbits. Garner has nine career wins in throwing events.
Coaching Staff
Rod DeHaven enters his eighth year as the head cross country coach and director of track and field where he trains the distance runners for the men’s and women’s teams at South Dakota State University.

DeHaven was hired in the fall of 2004 and in his seven years at the helm of the track and field program, the Jackrabbits have enjoyed an overall success not experienced since the 1980s and early 90s. During DeHaven's tenure, school records have been established in 42 different events.

Since joining the Summit League in 2008, the women’s track and field team has garnered three runner-up trophies, two indoor and one outdoor, and crowned 12 individual conference champions. The men’s program has become an annual contender as shown by the pair of second-place finishes in the 2011 indoor and outdoor championships.

While coaching the cross country teams, DeHaven has continued the long standing tradition of excellence at South Dakota State. In 2005, the men’s team captured the NCAA Division I Independent Championships, which was their 30th conference title in the program’s history and first at the Division I level. The men, picked fifth in the 2009 preseason poll, came from behind to win The Summit League Championship. The men have won the Summit League Championship seven times in the past eight years.

In the classroom, SDSU athletes have set a high mark under DeHaven. In 2005, Brad Lowery was awarded the NCAA Postgraduate Scholarship for his achievements as a physics major. In 2007, Becka Mansheim was awarded an NCAA Postgraduate Scholarship while majoring in nursing. Stacy Huss became the latest Jackrabbit to earn that same distinction in 2009. During the past five years, every men’s and women’s cross country and track and field team have earned recognition as an All-Academic Team from the United States Track and Field Coaches Association. The women’s cross country team has routinely ranked within the top-10 teams among all NCAA Division I institutions for their work academically, including a tie for fourth place in 2008.

DeHaven, who graduated from SDSU in 1989 with a bachelor of science degree in computer science, ended his collegiate career as one of the most decorated runners in Jackrabbit history.

During his four years of cross country competition, he ran to an unprecedented four North Central Conference individual championships and four top-10 finishes at the NCAA Division II national meet. With DeHaven leading the pack, SDSU also captured four conference team championships and the 1985 NCAA Division II National Championship.

On the track, DeHaven established seven school records in the middle distance events. Four of those records still stand: the indoor 1,500 meters (3:47.4), indoor mile (4:00.96), outdoor 800 meters (1:48.67) and outdoor 1,500 meters (3:40.17). In 1985, DeHaven was the 1,500-meter champion at the NCAA Division II indoor championships and was third at the U.S. Junior championships, earning a spot on the national team where he ran the seventh-fastest U.S. junior 1500-meters all-time (3:42.34).

The following year, he earned a Division I All-America award in the mile run, finishing eighth at the NCAA Division I indoor meet. All told, DeHaven earned 16 All-America certificates and won 20 individual North Central Conference championships.

After graduation, DeHaven moved to Madison, Wis., and continued to compete in cross country, track and road racing while working full-time as a computer programmer. As a self-coached athlete, he earned a spot on the 1991 U.S. team that competed at the World Cross Country Championships. Later that year, he finished ninth at the U.S. Track and Field championships.

In 1994, he debuted in marathon competition, posting a time of 2:14:48 at the Twin Cities Marathon. The following year DeHaven established his personal bests at 5,000 (13:40) and 10,000 meters (28:06), finishing fourth at the U.S. Championships at 10,000 meters.

Injuries hampered an Olympic bid in 1996 as he finished 10th in the 10,000 meters. However, in 1998, DeHaven emerged as one of the top Americans on the roads, winning the U.S. Half Marathon Championship, posting a time of 2:13:01 at the Chicago Marathon and winning the USA Road Running Circuit. In 1999, DeHaven represented the United States in the World Championships in the marathon, finishing 24th in Seville, Spain.

On a hot, steamy day in Pittsburgh, Pa., DeHaven came from behind to win the Olympic Marathon trial. Illness slowed DeHaven to a 69th place finish at the Sydney Olympic Games, but he came back in 2001 to finish sixth in the Boston Marathon (2:12:41) and sixth at the LaSalle Bank Chicago Marathon (2:11:40).

David St. John joined the SDSU staff full-time as an assistant track and field coach in 2009, after serving as interim assistant coach midway through the 2008-09 season, helping primarily with the jumpers.

During his time at SDSU, St. John has coached two conference champions and regional qualifiers in the men’s and women’s high jump and triple jump, with one triple jumper making it to the 2009 USA Outdoor Championships. The Jacks also had female athletes jump their way into the all-time top-10 list, four in the long jump, three in the triple jump and two in the high jump. On the men’s side, three athletes found their way to the top-10 in the high jump, one in the long jump and one in the triple jump.

Before joining the SDSU track and field coaching staff, St. John was an assistant track and field coach at Black Hills State University from 2003-2005 where he was the sprints, jumps and throws coach. Under his tutelage, the track and field team watched school records fall in the 55 meter dash, 60-meter hurdles, 100, 200, 400, triple jump, discus, weight throw and pentathlon.

Prior to joining the Yellow Jackets, St. John was the head track and field coach for two years at Augustana College (S.D.) from 2001-2003 where school records fell in the sprint and jumping events.

David made his move to the state of South Dakota from Middle Tennessee State University where he received his master’s degree in sport management in 2001 and was the high jump coach from 2000-2001. Prior to moving to Tennessee, St. John was the assistant track and field coach at Oral Roberts University from 1995-2000.

St. John started his coaching career at Arkansas State University where he was the primary coach for the jumpers from 1990-1995.

As a student, St. John competed at Arkansas State University as a high jumper. David is third on the all-time list at ASU with a jump of seven feet 2.5 inches. Following his career at ASU, he continued to high jump, ending his career with a personal best jump of 7-4.5.

St. John resides in Lake Norden, S.D., with his wife Kimberly and two children, son Gunner and daughter Greysen.

Lyndon McDowell was hired as coach of the sprinters and hurdlers at South Dakota State University in the fall of 2009 after spending the previous season serving as an interim assistant.

A multi-time runner-up in the decathlon and heptathlon in the Big 10 Conference while at the University of Minnesota, McDowell brings a strong background of practical experience in all event areas. McDowell continues to compete at a high level, currently holding the fourth-place ranking as a decathlete in his home country of Canada.

McDowell previously coached at Minnesota State University, Mankato, where he was responsible for coaching the jumpers and multi-events. At Minnesota State, McDowell’s group captured several individual North Central Conference championships in the men’s decathlon, men’s and women’s high jump, men’s and women’s triple jump, and men’s and women’s long jump.

McDowell had continued success at the national level where he coached five Division II All-Americans in the jumps in both 2004 and 2005, as well as four All-Americans in 2006. Athletes he trained won four Division II national championships, as well as event titles at the Drake Relays and USA Championships in the high jump.

During his three years as a graduate assistant and jumps/decathlon coach at Minnesota State, the Mavericks won three conference championships.

McDowell holds the freshman and varsity pentathlon record at the University of Minnesota. He finished third at the Canadian National Championships in 2003, and earned fourth place in 2007.
Tyg Long began as an assistant track and field coach, primarily working with the throwers, in the fall of 2009.

Before signing with the Jacks, Long worked as the throws coach at Black Hills State University where he developed one of the premier throw programs in the nation at the NAIA level.

During his three years at BHSU, coach Long’s throwers collected 35 All-American awards, 28 all-conference honors, 11 national titles, three NAIA national records and one Olympic Trials qualifier in 2008. His throwers set all-time South Dakota collegiate records in the women’s shot put, hammer throw, weight throw and men’s weight and hammer throw.

In the classroom, his athletes accumulated 14 Academic All-American awards and six NAIA Champions of Character awards. In 2008, USA Track & Field recognized coach Long as an up-and-coming elite coach.

As an athlete, Long was the first South Dakota prep athlete to throw the shot put over 65 feet and still ranks second all-time on the South Dakota boys shot put list. Long won a state championship in the discus with a personal best of 182-3 feet and earned high school All-American honors after his senior year in the boys shot put.

As a freshmen and sophomore in college, Long competed for the University of Wyoming, earning all-conference honors as well as qualifying for the NCAA Regional Championships both years. Long finished his collegiate career at Black Hills State University as an NAIA All-American in the shot put, weight throw and hammer throw.

Long was also involved with the Iron Wood throws camp, spending four years as a camper and three years as a camp staff member before co-founding the Championship Throws Camp in Custer and Circle of Champions Throws Camp in Yankton, which he holds each summer.

The Jackrabbits welcomed Jackie Spelts to the track and field program as a Graduate Assistant.

Spelts joins the staff after a stellar career at Nebraska Wesleyan in Lincoln, Neb., during which she was a three-time All-American.

She earned her first All-American honor in track & field by placing seventh in the 5,000 meters at the NCAA III Outdoor Championships in 2010. She won four GPAC individual titles in 2010, two in 2009 and one in 2008 during her outstanding track career. She earned 11 All-GPAC awards, holds five school records and appears on 12 all-time charts in track.

In cross country, Spelts was a two-time All-American earning the honor in 2008 and 2009. As a junior she placed fifth at the NCAA III Championships, which was the highest ever finish for a NWU women’s cross country runner. She was named the Journal Star State College Female Athlete of the Year in 2010.

Spelts was one of 29 women in the nation in all divisions selected to receive a $7,500 postgraduate scholarship from the NCAA for the spring 2010-11 sports season.

She was unable to compete during the 2011 outdoor track season due to injury.
Assistant AD - Strength & Conditioning: Nathan Moe


Education: B.S. Exercise Science: Moorhead State, Minn., 1996  
          MEd. Exercise Physiology: University of Texas, 1999

Experience: Asst. AD-Strength & Conditioning: South Dakota State, 2011-Present  
          Head Strength & Conditioning Coach: South Dakota State, 2005-11  
          Head Strength & Conditioning Coach: Eastern Illinois, 2002-05  
          Asst. Strength & Conditioning Coach: Rice University, 1999-2002  
          Strength & Conditioning Graduate Asst.: University of Texas, 1997-99

Nathan Moe joined the South Dakota State staff as the head strength and conditioning coach in August 2005 and served in that position until being promoted to assistant athletic director for strength and conditioning in May 2011.

Moe works directly with the Jackrabbit football, volleyball, baseball and softball teams, and he also oversees the design and implementation of the year-round strength and conditioning programs for all of the Jackrabbits 21 varsity sports.

Moe came to South Dakota State after heading the strength and conditioning program at Eastern Illinois University for three years, where he oversaw the design and implementation of strength and conditioning programs for all 22 of the Panthers varsity sports.

Before his days with the Panthers in Charleston, Ill., Moe worked as the assistant strength and conditioning coach at Rice University in Houston, Texas, where he worked with the Owls football strength program, while being directly responsible for men's and women's track, men's and women's tennis, women's swimming, women's soccer and men's golf.

From 1997 through the spring of 1999, Moe worked as a graduate assistant in the strength and conditioning program at the University of Texas in Austin, where he earned a MEd. in Exercise Physiology. He also worked in private business in physical fitness in Austin and Houston, Texas and in Fargo, N.D.

A Certified Strength and Conditioning Specialist and a USA Weightlifting Certified Club Coach, Moe also maintains certifications in the National Strength and Conditioning Association and the Collegiate Strength and Conditioning Coaches Association.

A Minnesota native, Moe graduated from Moorhead State University in Moorhead, Minn., in 1996, with a Bachelor of Science Degree in Exercise Science. He also earned all-conference honors as a linebacker for the 1995 Northern Sun Intercollegiate Conference champion Dragons.

Moe and his wife Colleen live in Brookings with their son, Zachary and daughter, Kylie.

Assistant Strength & Conditioning Coach: Brad Schmidt

Education: B.S. Exercise Science: Iowa State, 2008  
          M.S. HPER: South Dakota State, 2010

Experience: Asst. Strength & Conditioning: South Dakota State, 2010-Present  
          Strength & Conditioning Graduate Asst.: South Dakota State, 2008-10  

Brad Schmidt joined the Jackrabbit staff in August 2010 as the assistant strength and conditioning coach at South Dakota State, where he oversees the development and implementation for all training aspects of women’s basketball, women’s soccer, men’s and women’s track and field, men’s and women’s cross country and wrestling.

Schmidt joined the Jackrabbits full-time after spending two years as a strength and conditioning graduate assistant at SDSU. During his two years as a graduate assistant, Schmidt designed and implemented programs for Jackrabbit women’s soccer, men’s and women’s track and field, men’s and women’s cross country, men’s and women’s swimming and diving and equestrian.

Before coming to Brookings, Schmidt interned at the United States Air Force Academy in Colorado Springs, Colo., and at Iowa State University in his hometown of Ames, Iowa.

Schmidt earned a Bachelor of Science degree in Exercise Science from Iowa State University in 2008 and a Master of Science degree in Health, Physical Education and Recreation from SDSU in 2010.

In the process, he became a Certified Strength and Conditioning Specialist (CSCS) through the National Strength and Conditioning Association (NSCA) and a Certified Level I Sports Performance Coach through USA Weightlifting. He also maintains a membership in the Collegiate Strength and Conditioning Coaches Association.

Graduate Assistants/Interns

Graduate Assistants/Interns

Eric Adolph  
Andrew Stocks
Owen Stanley brought a wealth of professional collegiate experience with him when he joined the South Dakota State staff in July 2009, where he oversees an athletic training staff that includes five assistant trainers and five graduate assistants.

A native of Macungie, Pa., Stanley earned a bachelor’s degree in athletic training from West Chester University (Pa.) in 2002. He went on to earn a master’s degree in kinesiology and health promotion at the University of Kentucky in 2005, while serving as a graduate assistant athletic trainer for the Wildcats’ football and baseball teams.

Upon graduating from Kentucky, Stanley joined the athletic training staff at the University of Northern Iowa in 2005, working as the assistant director of athletic training services and head football athletic trainer.

In 2007, Stanley accepted the position of assistant athletic trainer for the National Football League’s Kansas City Chiefs, where he worked until joining the Jackrabbits.

Stanley’s other professional experience includes internships with the NFL’s New York Jets and the Philadelphia Wings of the Professional Indoor Lacrosse league.

In addition to his athletic training experience, Stanley gave presentations at the National Athletic Trainers’ Association Annual Meeting and the Southeast Athletic Trainers’ Association Symposium. He also chaired the Young Professionals Committee of the Missouri Athletic Trainers Association and served as an E-Mentor for NATA.

A native of Madison, S.D., Danise Maas returned to school in January of 2008 after spending several years coaching basketball and volleyball at the high school level for Oldham-Ramona Rutland and raising a family.

Maas received a B.S. in athletic training from South Dakota State University in 2011 and is in the process of receiving a M.S. in Sport and Recreation Studies, while serving as a graduate assistant athletic trainer for the Jackrabbits.

Maas performed an internship at Orthopedic Institute in Sioux Falls, S.D., during the summer of 2010.
Jackrabbit Bios: Men
Hurdles
Freshman
Lac qui Parle-Valley, Minn.
Dawson Boyd HS

Before SDSU
• Member of state championship team (2010)
• Member of 4x400m relay championship team (2010)

South Dakota State Track and Field 2011-12 Media Guide
Arran Davis

Throws
Senior
Winona, Minn.
Saint John’s (Minn.)

- Did not compete in the indoor season
- Best javelin throw at the Arizona State Invite with a throw of 190 feet (3/25)
- Won the javelin at the USD/UND Dual with a throw of 184 feet, five inches (4/9)
- Placed second in the javelin at The Summit League Outdoor Championships with a throw of 185 feet, seven inches (5/12)

Austin Colombe

Sprints
Freshman
Mission, S.D.
Todd County HS

- Best 100m at the USD Alumni with a time of 11.22 (1/15)
- Best 100m hurdles at the USD/UND Dual with a time of 14.01 (4/9)
- Part of the winning 4x100m relay at the SDSU Twilight with a time of 42.24 (4/25)

Calvin Cammack

Pole Vault
Senior
Sturgis, S.D.
Sturgis Brown HS

- Best pole vault at the Bison Holiday Invite with a height of 15 feet, seven inches (12/4)
- Placed second in the pole vault at the USD Twilight with a height of 15 feet, six inches (2/18)
- Did not compete in the outdoor season

Justin Carson

Sprints/Hurdles
Sophomore
Brookings, S.D.
Brookings HS

- Best 400m at the Jack Johnson Classic with a time of 52.59 (1/22)
- Part of the winning 4x400m relay at the USD Twilight with a time of 3:28.78 (2/18)
- Best 400m hurdles at the Kip Janvrin Open with a time of 56.30 (4/29)

Jared Foote

Sprints
Senior
Custer, S.D.
Custer HS

- Part of the winning 4x400m relay at the USD Twilight with a time of 3:28.27 (2/18), at the USD/UND Dual with a time of 3:18.99 (4/9) and at the SDSU Twilight with a time of 3:18.24 (4/25)
- Won the 400m at the SDSU Twilight with a throw of 184 feet, five inches (5/12)

Gavin Cordell

Jumps
Sophomore
Spearfish, S.D.
Spearfish HS

- Won the triple jump at the North Dakota State Open with a jump of 45 feet, five inches (12/4)
- Best long jump at the Kip Janvrin Open with a jump of 22 feet, six and one-fourth inches (4/29)
- Best triple jump at The Summit League Outdoor Championships with a jump of 47 feet, nine and one-fourth inches (5/14)

Kody Fossum

Multi-Events
Freshman
Fort Collins, Colo.
Fossil Ridge HS

Before SDSU
- High school pole vault record holder
- First pole vaulter from Fossil Ridge HS to compete at state

Chris Curry

Sprints
Sophomore
Dell Rapids, S.D.
Dell Rapids HS

- Part of the winning 4x400m relay at the USD Twilight with a time of 3:28.78 (2/18)
- Part of the winning 1600m sprint medley relay team at Howard Wood Relays with a time of 3:27.45 (5/15)
- Best 200m at the Summit League Outdoor Championships with a time of 22.25 (5/14)

Dustin Gibbons

Sprints
Senior
Brookings, S.D.
Brookings HS

- Part of the winning 4x400m relay at the USD Twilight with a time of 3:28.27 (2/18), at the USD/UND Dual with a time of 3:18.99 (4/9) and at the SDSU Twilight with a time of 3:18.24 (4/25)
- Part of the winning 1600m sprint medley relay at the Howard Wood Relays with a time of 3:27.45 (5/15)
South Dakota State Track and Field

Kelly Hall
Middle Distance
Senior
Sioux Falls, S.D.
Lincoln HS
- Best 800m at the USD/UND Dual with a time of 1:56.78 (4/9)
- Best 1500m at the Howard Wood Relays with a time of 3:58.96 (5/7)

Ryan Jorgenson
Jumps
Sophomore
Brookings, S.D.
Brookings HS
- Best long jump at the Bison Holiday Invite with a jump of 20 feet, 10
and three-fourth inches (2/25)
- Best triple jump at the SDSU Twilight with a jump of 42 feet, three-
fourth inches (4/23)

Drew Kraft
Distance
Sophomore
Wessington Springs, S.D.
Wessington Springs HS
- Best 3000m steeplechase at the Howard Wood Relays with a time of
9:45.64 (5/6)
- Best 3000m at the Kip Janvrin Open with a time of 16:04.74 (4/29)
- Best 1500m at the Vance Butler Invite with a time of 4:07.76 (4/2)
- Best mile at the ISU Classic with a time of 2:05.80 (1/29)

Michael Krsnak
Distance
Junior
Rapid City, S.D.
Rapid City Central HS
- Placed second in the 3000m at The Summit League Indoor
Championships with a time of 8:28.41 (2/27)
- Won the 3000m at the Jack Johnson with a time of 8:24.42 (1/22)
- Team bests in the mile, 3000m, 10000m and 5000m
- Finished the 10000m at the NCAA West Regional in 30:32.36 in
Eugene, Ore. (5/26)

Luke Leischner
Sprints
Senior
Tripp, S.D.
Parkston HS
- Placed second in the 400m at The Summit League Indoor
Championships with a time of 48.16 (2/28)
- Placed third in the 400m at The Summit League Outdoor
Championships with a time of 47.86 (5/14)
- Won the 400m at the Bill Bergan Invite with a time of 47.37 (1/29)
- Won six events during the outdoor season

Trent Lusignan
Distance
Freshman
Shakopee, Minn.
Shakopee HS
Before SDSU
- Four-time all-conference in the 1600m and 3200m
- Three-time state participant in the 1600m and 3200m
- School record holder in the 1600m, 3200m, 4x800m and distant
medley relay

Cullen Mack
Throws
Freshman
Watertown, S.D.
Watertown HS
Before SDSU
- Class AA discus state champion
- Watertown HS discus record holder
- Placed seventh in the discus at the USAF Junior Olympic Nationals
with a throw of 176 feet, nine inches

Lars Mattison
Middle Distance
Senior
Verona, Wis.
Verona HS
- Part of the third-place distance medley at The Summit League Indoor
Championships with a time of 10:17.99 (2/28)
- Placed sixth in the mile at The Summit League Indoor Championships
with a time of 4:22.57 (2/28)

Bennett Mercil
Multi-Events
Freshman
Dilworth, Minn.
Dilworth-Glyndon-Felton HS
Before SDSU
- Triple jump champion
- Placed sixth at state in the pole vault
- Conference champion in the pole vault
- Dilworth-Glyndon-Felton HS pole vault record holder

Evan Minneart
Pole Vault
Freshman
Boise, Idaho
Boise HS
Before SDSU
- Part of the second-place team at state

South Dakota State Track and Field 2011-12 Media Guide
**South Dakota State Track and Field 2011-12 Media Guide**

**Jackrabbit Men**

**Brandon Priebe**

**Hurdles**

Senior  
Chamberlain, S.D.  
Chamberlain HS

- Placed second in the 60m hurdles at The Summit League Indoor Championships with a time of 8.26 (2/28)
- Won the 400m hurdles at the USD/UND Dual with a time of 53.90 (4/9)
- Part of the winning 4x400m relay at the SDSU Twilight with a time of 3:18.99 and won the 400m hurdles with a time of 55.66 (4/25)

**Paul Przybelski**

**Distance**

Sophomore  
Custer, Wis.  
Stevens Point Area HS

- Best 5000m at the Kip Janvrin Open with a time of 15:19.44 (4/29)
- Best 3000m at the NCAA Qualifier with a time of 8:56.62 in Ames, Iowa (3/5)
- Best mile at the ISU Classic with a time of 4:30.58 (2/12)

**Jake Schneller**

**Middle Distance**

Senior  
Canton, S.D.  
Canton HS

- Placed second in the 800m at The Summit League Indoor Championships with a time of 1:53.48 (2/28)
- Placed second in the 800m at The Summit League Outdoor Championships with a time of 1:53.14 (5/14)
- Part of the winning 4x400m relay at the Howard Wood Relays with a time of 3:13.40 and at the USD/UND Dual with a time of 3:52.08 (4/9)

**Eddie Stenger**

**Distance**

Junior  
Frazee, Minn.  
Perham HS

- Did not compete in the indoor season

**Jake Sanderson**

**Jumps**

Sophomore  
Aurora, S.D.  
Aurora HS

- Best long jump at the SDSU Twilight with a jump of 19 feet, 11 and one-half inches (4/25)
- Best triple jump at the Jim Duncan Invite with a jump of 43 feet, four and one-fourth inches (4/16)
- Best high jump at The Summit League Outdoor Championships with a jump of five feet, 11 and one-fourth inches (5/13)

**Dominic Thielen**

**Middle Distance**

Junior  
Sioux Falls, S.D.  
Lincoln HS

- Part of the third-place distance medley relay at The Summit League Indoor Championships with a time of 10:17.99 and placed fifth in the 800m with a time of 1:55.93 (2/28)
- Best 800m at the NCAA Qualifier with a time of 1:54.79 in Ames, Iowa (3/5)

**Ryan Schaefer**

**Pole Vault**

Sophomore  
Brookings, S.D.  
Brookings HS

- Best pole vault at USF Invite with a height of 14 feet, three and one-half inches (4/29)
- Team best five pole vaults

**Andrew Thies**

**Distance**

Freshman  
Arlington, Minn.  
Sibley East HS

Before SDSU  
- Two-time all-state
- Placed ninth in both the 800m and the 1600m

**Kyle Schmidt**

**Distance**

Junior  
Hutchinson, Minn.  
Hutchinson HS

- Best 5000m at the ISU Classic with a time of 15:24.37 (2/11)
- Best 3000m at the Bill Bergan Invite with a time of 8:53.31 (1/29)
- Best mile at the Bison Open with a time of 4:35.66 (2/5)

**Nathan VanMaanen**

**Middle Distance**

Freshman  
Watertown, S.D.

Before SDSU  
- Three-time state track meet participant
Jared Vlastuin

Jumps
Senior
Lennox, S.D.
Lennox HS

- Won the long jump at the Summit League Outdoor Championships with a jump of 25 feet, two inches (5/13)
- Won four long jump events and one high jump event in the indoor season
- SDSU long jump indoor record holder with a jump of 24 feet, three inches (2/12)
- 21 career combined wins in the long jump and high jump

Greg Vollmer

Distance
Senior
Rapid City, S.D.
Rapid City Central HS

- Redshirted in the indoor season
- Won the 3000m steeplechase at the Vance Butler Invite with a time of 9:10.53 (4/2)

Julian Wagner

Sprints
Junior
Fort Worth, Texas
Eastern Hills HS

Before SDSU
- Nike Outdoor Nationals qualifier in the 200m, 4x100m relay and 4x200m relay
- Part of the winning 4x200m relay at state in Class 4A

Competed as a member of the SDSU football team

Levi Winkels

Distance
Freshman
Watertown, S.D.
Watertown HS

Before SDSU
- Part of the two-time state champion 4x400m relay
- Part of the two-time state runners-up team
- State record holder in 4x400m relay
Jackrabbit Bios: Women
South Dakota State Track and Field

Jackrabbit Women

Shelby Assmus

Throws
Sophomore
Stickney, S.D.
Stickney HS

- Best shot put at The Summit League Outdoor Championships with a throw of 45 feet, five and one-fourth inches and best discus with a throw of 130 feet, two inches (5/13-14)
- Best weight throw at The Summit League Indoor Championships with a throw of 247 feet, three inches (2/27)
- Best hammer throw at the USF Invite with a throw of 129 feet, seven inches and best javelin with a throw of 77 feet, 10 inches (4/29)

Laura Bauer

Distance
Junior
Sioux Falls, S.D.
Roosevelt HS

- Best 5000m at the JHim Duncan Invite with a time of 18:30.53 (4/15)
- Best 3000m at the Nebraska Tune-Up with a time of 10:32.63 (2/18)
- Best 1500m at the USD/UND Dual with a time of 5:00.07 (4/9)
- Best mile at the Bison Open with a time of 5:31.91 (2/5)

Leah Bolon

Distance
Freshman
Sioux Falls, S.D.
Roosevelt HS

- Best 5000m at the JHim Duncan Invite with a time of 18:30.53 (4/15)
- Best 3000m at the Nebraska Tune-Up with a time of 10:32.63 (2/18)
- Best 1500m at the USD/UND Dual with a time of 5:00.07 (4/9)
- Best mile at the Bison Open with a time of 5:31.91 (2/5)

Katie Boote

Multiple Events
Sophomore
Canton, S.D.
Canton HS

- Best 5000m at the Jim Duncan Invite with a time of 19:15.60 (4/15)
- Best 3000m at the ISU Classic with a time of 11:15.63 (2/11)
- Best 1500m at the USD/UND Dual with a time of 4:59.88 (4/9)

Megan Bren

Sprints
Junior
Sioux Falls, S.D.
Roosevelt HS

- Part of the four-time winning 4x100m relay with a season-best time of 46.08 at the Howard Wood Relay
- Part of the two-time winning 4x400m relay with a season-best time of 3:49.51 at the USD/UND Dual
- Won the 100m at the Missouri Relays with a time of 12.50 (4/2)

Krista Creager

Distance
Junior
Yankton, S.D.
Yankton HS

- Team best six times in the 800m
- Best 800m at the Nebraska Tune-Up with a time of 2:17.62 (2/18)
- Best 1500m at the SDSU Twilight with a time of 4:43.11 (4/25)

Becca Fischer

Throws
Junior
Sheldon, Iowa

- Best shot put at the USD Twilight with a throw of 40 feet, two and one-fourth inches (2/14)
- Best weight throw at the Bison Holiday Invite with a throw of 42 feet, nine and three-fourth inches (12/4)
- Best discus throw at the USD/UND Dual with a throw of 138 feet, seven inches (4/9)

Katy Freidel

Hurdles
Freshman
Rapid City, S.D.
St. Thomas More HS

Before SDSU
- Part of the three-time state champion team
- Part of the five-time 4x400m relay state champion
- 300m hurdles state champion
- 100m hurdles state champion
- Rapid City Female Athlete of the Year Elite 15

Gina Fritz

Sprints
Freshman
Colman, S.D.
Colman-Egan HS

Before SDSU
- Outstanding Jesse James Female Athlete (2006)
- SDHSAA Girls Class B State MVP (2010)
- Two-time 400m dash state champion (2010, 2011)
- 200m dash state champion (2010)
- C-E Female Athlete of the Year (2011)

Brooke Garner

Throws
Junior
Rapid City, S.D.
Rapid City Stevens HS

- Placed first in the hammer throw at The Summit League Outdoor Championships with a throw of 166 feet, two inches (5/14)
- Won the discus two additional times, the weight throw once and the shot put once
- Nine career combined wins in the discus, shot put, weight throw and hammer throw
### Jackrabbit Women

### Ashley Gruenwald
**Middle Distance**
- Freshman
- Clark, S.D.
- Clark-Willow Lake HS

*Before SDSU*
- Class A 400 meter dash state champion (2010, 2011)
- Class A team state champions (2010)
- Class A medley champions (2011)

### Rachel Hagberg
**Sprints**
- Junior
- Frankfort, S.D.
- Faith Academy
- Best 200m at the Howard Wood Relays with a time of 27.15 and 100m with a time of 13.08 (5/6-7)
- Best 60m at the USD Twilight with a time of 8.32 (2/18)

### Erin Hargens
**Distance**
- Sophomore
- Sioux Falls, S.D.
- Oklahoma
- Redshirted in the indoor season
- Won the 1500m at the SDSU Twilight with a time of 4:40.58 (4/25)
- Placed second in the 5000m at the Kip Janvrin Open with a time of 17:47.46 (4/29)
- Transferred from Oklahoma

### Kae Januschka
**Throws**
- Freshman
- Sioux Falls, S.D.
- O’Gorman HS

*Before SDSU*
- Two-time state champion in discus in Class AA
- Gold medal in discus at state
- Placed second in shot put twice in Class AA
- O’Gorman HS shot put record holder

### McKenzie Johnson
**Throws**
- Freshman
- Rapid City, S.D.
- Central HS

*Before SDSU*
- Part of the state champion team
- State champion in shot put with a throw of 45 feet, two inches
- Rapid City Central HS shot put record holder

### Paige Kary
**Multi-Events**
- Freshman
- Watertown, S.D.
- Watertown HS

*Before SDSU*
- Four-year letterwinner

### Molly Kopfmann
**Middle Distance**
- Junior
- Spearfish, S.D.
- Spearfish HS

*Before SDSU*
- Best 1500m at the Vance Butler Invite with a time of 5:04.91 (4/2)
- Best 800m at the USD/UND Dual with a time of 2:22.28 (4/9)
- Best mile at the Nebraska Tune-Up with a time of 5:21.52 (2/18)

### Lisa Krogstad
**Middle Distance**
- Sophomore
- Virgil, S.D.
- Wessington Springs HS

*Before SDSU*
- Best 800m at the ISU Classic with a time of 2:27.82 (2/12)
- Best 400m at the Bill Bergan Invite with a time of 1:04.00 (1/29)

### Meghan Lambert
**Jumps**
- Freshman
- Sioux Falls, S.D.
- Lincoln HS

*Before SDSU*
- State champion in the triple jump
- Placed seventh in the long jump at state
- Part of the seventh-place 4x400m relay at state
- Three-time Most Outstanding Female Track Athlete

### Laura Lawton
**Distance**
- Freshman
- Eden Prairie, Minn.
- Eden Prairie HS

*Before SDSU*
- Four-time state participant (4x800m relay)
- Two-time state participant (4x400m relay)
- Three-time state participant in cross country
South Dakota State Track and Field

Jackrabbit Women

Amy Leiferman
Pole Vault
Freshman
Brookings, S.D.
Brookings HS

Before SDSU
• SDHSAA Elite 15 award (2011)
• Earned 16 athletic letters
• Outstanding Senior award
• South Dakota state champions in the 4x100m relay (2009)

Courtney Neubert
Distance
Freshman
Aberdeen, S.D.
Central HS

Before SDSU
• Three-time top-10 finisher in the 3200m at state
• Four-time all-state cross country

Danielle McCann
Hurdles
Senior
Parkston, S.D.
Parkston HS

• Best 3000m steeplechase at The Summit League Outdoor Championships with a time of 11:46.12 (5/13)
• Best 3000m at the Nebraska Tune-Up with a time of 10:45.70 (2/18)
• Best 1500m at the SDSU Twilight with a time of 4:53.34 (4/25)
• Best mile at the ISU Classic with a time of 5:25.73 (2/12)

Taylor Neugebauer
Sprints
Freshman
Custer, S.D.
Custer HS

Before SDSU
• Part of the 4x100m state champion
• Two-time top-10 finisher in the 200m at state

Jessica McDonald
Sprints
Freshman
Hill City, S.D.
Hill City HS

Before SDSU
• State champion in the 400m and 4x800m relay
• Three-time track MVP
• Sprinter of the Year

Josie Oakland
Distance
Sophomore
Bristol, S.D.
Langford HS

• Best 5000m at the Kip Janvrin Open with a time of 19:24.53 (4/29)
• Best 3000m at the SDSU Twilight with a time of 11:16.67 (4/25)

Bobbie McLaury
Middle Distance
Freshman
Elk Point, S.D.
Elk Point-Jefferson HS

Before SDSU
• Top-25 place finisher at state cross country
• Part of the fifth-place team

Amy Leiferman
Pole Vault
Freshman
Brookings, S.D.
Brookings HS

Before SDSU
• SDHSAA Elite 15 award (2011)
• Earned 16 athletic letters
• Outstanding Senior award
• South Dakota state champions in the 4x100m relay (2009)

Courtney Neubert
Distance
Freshman
Aberdeen, S.D.
Central HS

Before SDSU
• Three-time top-10 finisher in the 3200m at state
• Four-time all-state cross country

Danielle McCann
Hurdles
Senior
Parkston, S.D.
Parkston HS

• Best 3000m steeplechase at The Summit League Outdoor Championships with a time of 11:46.12 (5/13)
• Best 3000m at the Nebraska Tune-Up with a time of 10:45.70 (2/18)
• Best 1500m at the SDSU Twilight with a time of 4:53.34 (4/25)
• Best mile at the ISU Classic with a time of 5:25.73 (2/12)

Taylor Neugebauer
Sprints
Freshman
Custer, S.D.
Custer HS

Before SDSU
• Part of the 4x100m state champion
• Two-time top-10 finisher in the 200m at state

Jessica McDonald
Sprints
Freshman
Hill City, S.D.
Hill City HS

Before SDSU
• State champion in the 400m and 4x800m relay
• Three-time track MVP
• Sprinter of the Year

Josie Oakland
Distance
Sophomore
Bristol, S.D.
Langford HS

• Best 5000m at the Kip Janvrin Open with a time of 19:24.53 (4/29)
• Best 3000m at the SDSU Twilight with a time of 11:16.67 (4/25)

Bobbie McLaury
Middle Distance
Freshman
Elk Point, S.D.
Elk Point-Jefferson HS

Before SDSU
• Top-25 place finisher at state cross country
• Part of the fifth-place team

Erica Meyer
Distance
Sophomore
Rosholt, S.D.
Rosholt HS

• Part of the second-place 1600m sprint medley relay at the Howard Wood Relays with a time of 4:13.19 (5/7)
• Best 600m at the Bison Holiday Invite with a time of 1:43.41 (12/4)
• Best 400m at the ISU Classic with a time of 1:01.15 (2/12)
• Best 200m at the Kip Janvrin Open with a time of 28.44 (4/29)

Amber Olson
Sprints
Sophomore
Monticello, Minn.
Monticello HS

• Best 200m at the SDSU Twilight with a time of 26.54 (4/25)
• Best 100m at the SDSU Twilight with a time of 12.74 (4/25)
• Best 60m at the Bill Bergen Invite with a time of 8.08 (1/29)
South Dakota State Track and Field

Jackrabbit Women

Kali Olson

Multiple Events
Sophomore
Lisbon, N.D.
Lisbon HS

• Placed third in the high jump at The Summit League Championships with a jump of five feet, eight inches (2/27)
• Placed second in the high jump at the SDSU Twilight with a jump of five feet, three and three-fourths inches (4/29)

Amy Paulzine

Multiple Events
Sophomore
Fulda, Minn.
Fulda HS

• Best discus at The Summit League Outdoor Championships with a throw of 144 feet, one inch (5/14)
• Best shot put at the USD Alumni with a throw of 34 feet, eight and one-fourth inches (1/15)
• Best hammer throw at the USF Invite with a throw of 122 feet, eight inches (4/29)

Brooke Peterson

Distance
Freshman
Hitchcock, S.D.
Hitchcock-Tulare HS

Before SDSU
• Hitchcock-Tulare HS 800m, 1600m, 3200m, 1600m relay and 3200m relay record holder
• Four-time cross country MVP
• Two-time track MVP

Tera Potts

Distance
Junior
Sturgis, S.D.
Sturgis Brown HS

• Placed third in the 3000m at The Summit League Outdoor Championships with a time of 11:11.19 (5/13)
• Best 3000m steeplechase at the Beach Invite with a time of 11:09.96 (4/16)
• Best mile at The Summit League Indoor Championships with a time of 5:07.18 (2/28)

Arielle Schmidt

Distance
Sophomore
Brandon, S.D.
Sioux Falls

• Did not compete in the indoor or outdoor seasons

Bobbie Sedlmajer

Distance
Sophomore
Grand Forks, N.D.
Grand Forks Central HS

Before SDSU
• Three-time all-conference in cross country (2008-2010)
• Cross country and track & field team captain (2009, 2010)
• Three-time varsity letterwinner in cross country and track & field (2008-2010)
• All-state competitor in the 4x800m relay (2009)

Lora Shearer

Jumps
Senior
Salem, S.D.
McCook Central HS

• Redshirted in the indoor and outdoor seasons
• Five career combined wins in the high jump and long jump

Holly Sheets

Distance
Sophomore
Perham, Minn.
Perham HS

• Best 800m at the ISU Classic with a time of 2:26.92 (2/12)
• Best 600m at the Jack Johnson Classic with a time of 1:48.17 (1/22)

Jenna Stephens

Jumps
Freshman
Rapid City, S.D.
Central HS

Before SDSU
• Placed fifth in the triple jump, eighth in the high jump; State AA track meet (2011)
• Member of the 2009 State Champions track team
• Placed fifth in the high jump (2010) and sixth in the triple jump (2011) at the Howard Wood Dakota Relays

Alex Suhr

Distance
Freshman
Rapid City, S.D.
Douglas HS

Before SDSU
• Part of the seventh-place AA track team
• Douglas HS two-mile record holder
• Douglas HS Athlete of the Year
• Elite 15 nominee
• All-state
### Jackrabbit Women

#### Trisha Sumption
- **Throws**
- Freshman
- Pipestone, Minn.
- Pipestone Area HS

**Before SDSU**
- Placed eighth in discuss at state
- Six-year letterwinner

#### Mary Wirth
- **Jumps**
- Sophomore
- Sioux Falls, S.D.
- Lincoln HS

- Won the high jump at The Summit League Outdoor Championships with a jump of five feet, seven inches (5/13)
- Won the high jump at the UWL Qualifier with a jump of five feet, seven and three-fourth inches (5/19)
- SDSU high jump record holder with a jump of five feet, nine and three-fourth inches (4/7)
- Five titles in the high jump as a freshman

#### Megan Viland
- **Sprints**
- Freshman
- Pipestone, Minn.

**Before SDSU**
- Part of the wildcard team that won the True Team state meet
- Weightman Award recipient

#### Laura Wolles
- **Distance**
- Sophomore
- Colton, S.D.
- Chester Area HS

- Redshirted in the indoor and outdoor seasons

#### Ashley Wagner
- **Jumps**
- Sophomore
- Montrose, S.D.
- Montrose HS

- Best high jump at Bison Holiday Invite with a jump of four feet, 11 inches (12/4)
South Dakota State Track and Field

2011 Indoor Track and Field

In the opener of the 2010-11 indoor track and field season, the North Dakota State Open, men’s thrower Sean Burns set school and state collegiate records in the weight throw. Burns’ toss of 61 feet, 10 and one-fourth inches broke his old school record by over two feet and the state collegiate record by one-half inch.

Along with Burns, Vlastuin, Cordell, Leischner and Jasinski all scored first-place finishes for the Jacks.

On the women’s side, Heather Wollman posted the second-best 60 meter dash time in school history to take the top spot. Wirth and Garner joined Wollman as first-place finishers in their respective events, as well.

The South Dakota Open was another record-setting day for Burns, who broke the weight throw record he set in the previous meet. Ben Jasinski also broke his own record in the high jump with a jump of six feet, 11 inches.

Brooke Garner continued her dominance in the throws, with two top-5 finishes.

At the Jack Johnson Invitational, Burns once again broke his own school record in the weight throw. The Jacks found success in running events, as well, as Michael Krsnak and Leischner won in the 3,000 meter run and 200 meter dash.

The women found success, as well, with five top-5 finishers at the meet. The best was Andrea Cota with a second-place finish in the pentathlon.

Burns continued his success at the Bill Bergan Invite by breaking his own record in the weight throw once again. This marked the fourth straight meet in which he broke his own record.

At the same meet, Ashley Lange led the women with a third-place finish in the triple jump. Andrea Cota stepped up once again at the Bison Open, winning the pentathlon. SDSU also owned four of the top five spots in the weight throw, headed by a Brooke Garner first-place finish.

Jake Brinkmann and Vlastuin each won in the weight throw and long jump, respectively.

A handful of athletes competed at the Husker Open, with Burns and Krsnak coming away with good showings. The Jacks competed at the Iowa State Classic, as Leischner and Krsnak once again led the field. Leischner finished sixth in the 400 meter dash, while Krsnak was third in the 3,000 meter run.

The women put forth four top-5 efforts in a very competitive field.

Burns got back on track at the USD Last Chance meet with two first-place finishes in the weight throw and shot put. Brinkmann was second to Burns in the weight throw. Matt Dunbar also brought home a first-place finish in the 60 meter hurdles.

The women benefited from second-place finishes by Shelby Assmus in the shot put and Ashley Odegaard in the 60 meter dash.

On that same weekend, a handful of athletes competed at the Nebraska Tune-Up. Vlastuin led the way with a second-place finish in the high jump and a third-place finish in the long jump.

Tera Potts was a top-10 finisher in the mile run and Jessica Ludvik finished the 5,000 meter run in eighth.

At The Summit League Indoor Championships, the men’s team was led by Ben Jasinski, who was named Championship’s Field MVP after a sixth-place finish in the high jump, second-place finish in the triple jump and first-place finish in the hammer throw. Schneller, Leischner, Gibbons, Foote and Priebke also made the podium on the day.

The teams opened the outdoor season at the Stanford Invitational and Arizona State Invitational.

Brooke Garner won the discus and hammer throw, with Burns winning the 800 meters. Marshall Kambestad finished the 3,000 meters in first place and Brandon Priebe finished the 400-meter hurdles with the first-place spot.

On the women’s side, Brittany Garner won the 100 meters, Ashley Odegaard won the 200 meters and Heather Wollman won the 400 meters.

The 4x100-meter relay and 4x400-meter relays teams both recorded wins.

On the field, Rachael Hak won the long jump and Ashley Lange won the triple jump.

Following the lone home event, the Jacks competed at the Drake Relays.

Men’s Summit League Indoor finishes

Women’s Summit League Indoor finishes

Complete indoor standings are listed below.

Women’s Summit League Outdoor finishes

Men’s Summit League Outdoor finishes

Complete outdoor standings are listed below.

2011 Outdoor Track and Field

The teams opened the outdoor season at the Stanford Invitational and Arizona State Invitational.

Brooke Garner continued her dominance in the throws, with two second-place finishes in the shot put and hammer throw.

The 4x100-meter relay team and 1,600 meter sprint medley team won their events.

At The Summit League Outdoor Championships, the men’s team was led by Ben Jasinski, who was named Championship’s Field MVP after a sixth-place finish in the long jump, second-place finish in the triple jump and first-place finish in the high jump. Schneller, Leischner, Gibbons, Foote and Priebe also made the podium on the day.

The teams opened the outdoor season at the Stanford Invitational and Arizona State Invitational.

Michael Krsnak was back at it, finishing in the top-10 in the second section of the 10,000 meter run.

Michelle Schuch and Jennifer Mack were top-25 finishers in the hammer throw. Burns was 15th in the hammer throw, while Burns was 22nd in the women’s hammer throw.

Bren, Brittany Garner, Wollman and Odegaard took the top spot in the 4x100 meter relay at the Missouri Relays with the third-best time in SDSU history. Bren also won the 100 meter dash. Cally Strobel had two top-4 finishes in the 100 meter hurdles and 400 meter hurdles.

Leischner won the 400 meter dash. Schneller and Domin Thiel were second and fifth in the 800 meter dash, respectively.

In the Vanier Butler Invitational, Michelle Schuch won the discus with Brooke Garner coming in second. Garner was also second in the hammer throw.

Bren Vlastuin led the way with two wins in the high jump and the long jump. Ben Jasinski won the triple jump. On the track, the Jackrabbits recorded relay wins in the 4x100-meter relay and the 4x400-meter.

Jared Foote won the 400 meters, while Luke Leischner won the 800 meters. Marshall Kambestad finished the 3,000 meters in first place and Brandon Priebe finished the 400-meter hurdles with the first-place spot.

On the women’s side, Brittany Garner won the 100 meters, Ashley Odegaard won the 200 meters and Heather Wollman won the 400 meters.

The 4x100-meter relay and 4x400-meter relays teams both recorded wins.

On the field, Rachael Hak won the long jump and Ashley Lange won the triple jump.

Following the lone home event, the Jacks competed at the Drake Relays.

Ben Jasinski was fourth place in the high jump, while Brooke Garner was 22nd in the women’s hammer throw.

At the USF Invite, Burns once again broke his own hammer throw record, this time by nearly three inches.

Jennifer Mack won the hammer throw and discus for the women’s team.

At the Howard Wood Dakota Relays, Mary Wirth broke and 18-year-old South Dakota State high jump record. In addition, Andrea Cota won the long jump and Brooke Garner won the discus.

Burns once again won the shot put on the men’s side, and the 4x400 meter relay team and 1,600 meter sprint medley team won their events.

The teams opened the outdoor season at the Stanford Invitational and Arizona State Invitational.

Michael Krsnak was back at it, finishing in the top-10 in the second section of the 10,000 meter run.

Michelle Schuch and Jennifer Mack were top-25 finishers in the hammer throw. Burns was 15th in the men’s hammer throw. Sam McInerney and Jake Brinkmann finished in 18th and 19th place, respectively.

Bren, Brittany Garner, Wollman and Odegaard took the top spot in the 4x100 meter relay at the Missouri Relays with the third-best time in SDSU history. Bren also won the 100 meter dash. Cally Strobel had two top-4 finishes in the 100 meter hurdles and 400 meter hurdles.

Leischner won the 400 meter dash. Schneller and Domin Thiel were second and fifth in the 800 meter dash, respectively.

In the Vanier Butler Invitational, Michelle Schuch won the discus with Brooke Garner coming in second. Garner was also second in the hammer throw.

Bren Vlastuin led the way with two wins in the high jump and the long jump. Ben Jasinski won the triple jump. On the track, the Jackrabbits recorded relay wins in the 4x100-meter relay and the 4x400-meter.

Jared Foote won the 400 meters, while Luke Leischner won the 800 meters. Marshall Kambestad finished the 3,000 meters in first place and Brandon Priebe finished the 400-meter hurdles with the first-place spot.

On the women’s side, Brittany Garner won the 100 meters, Ashley Odegaard won the 200 meters and Heather Wollman won the 400 meters.

The 4x100-meter relay and 4x400-meter relays teams both recorded wins.

On the field, Rachael Hak won the long jump and Ashley Lange won the triple jump.

Following the lone home event, the Jacks competed at the Drake Relays.

Ben Jasinski was fourth place in the high jump, while Brooke Garner was 22nd in the women’s hammer throw.

At the USF Invite, Burns once again broke his own hammer throw record, this time by nearly three inches.

Jennifer Mack won the hammer throw and discus for the women’s team.

At the Howard Wood Dakota Relays, Mary Wirth broke and 18-year-old South Dakota State high jump record. In addition, Andrea Cota won the long jump and Brooke Garner won the discus.

Burns once again won the shot put on the men’s side, and the 4x400 meter relay team and 1,600 meter sprint medley team won their events.
2011 Cross Country Season Review

Men’s 2011 Cross Country

The 2011 men’s cross country team was picked to take the top spot for the third straight season. The preseason poll placed the team slightly ahead of Southern Utah.

The Jacks welcomed back Greg Vollmer and Jared Ailts, Summit League Second Team performers from the previous season.

The Season

The men’s team competed in five events prior to The Summit League Championships.

SDSU got off on the right foot, winning the Ronn Pynn Invitational Cross Country Meet, hosted by the University of North Dakota. Vollmer was the individual champion, winning by over 30 seconds.

The Jacks finished in the top three in four of the five competitions. Vollmer was the Jacks’ top finisher in four of the five competitions, as well.

The SDSU Classic

At the SDSU Classic, the men finished in second place, 17 points behind Nebraska, but 62 points ahead of the rest of the pack.

Ailts led the charge for the Jacks in the lone home meet, as the team took five of the top 10 spots.

The Summit League Championships

On the men’s side, Southern Utah ran away with the championship with 48 points. North Dakota State edged out SDSU by five points, scoring 99 and 94 points respectively. UMKC finished in fourth place with 116 points. SDSU finished in fifth place with 110 points, followed closely by Oral Roberts in sixth at 133. Oakland, IUPUI, IPFW and Western Illinois closed out the standings.

The Jacks were led by senior Greg Vollmer, who finished in sixth place with a time of 25 minutes and 46.40 seconds.

In their next meet, the Jacks competed at the SDSU Classic, where they finished in second place, 17 points behind Nebraska and champion Minnesota.

Ailts led the charge for the Jacks in the lone home meet, as the team took five of the top 27 spots.

The SDSU Classic

At the SDSU Classic, the women finished in third place behind Nebraska and champion Minnesota.

Hargens led the charge for the Jacks in the lone home meet, as the team took five of the top 27 spots.

The Summit League Championships

On the women’s side, North Dakota State edged out Southern Utah for the team title, scoring 64 and 73 points, respectively. UMKC finished in third with 99 points. SDSU finished in fourth place with 116 points. South Dakota finished in fifth by one point at 132, with Oral Roberts in sixth at 133. Oakland, IUPUI, IPFW and Western Illinois closed out the standings.

The Jacks were led by senior Danielle Burke, who finished in 14th place with a time of 22 minutes and 40.67 seconds.

In their next meet, the Jacks competed at the SDSU Classic, where they finished in third place with a time of 25:30.20. Junior Jared Ailts finished in 12th place with a time of 25:44.90. Senior Kyle Schmidt was 34th in 26:55.10.

Vollmer was named to The Summit League First Team following a sixth-place finish at The Summit League Championships.

Women’s Rosters

<table>
<thead>
<tr>
<th>Name</th>
<th>Yr.</th>
</tr>
</thead>
<tbody>
<tr>
<td>Laura Bauer</td>
<td>Jr.</td>
</tr>
<tr>
<td>Leah Bolon</td>
<td>Fr.</td>
</tr>
<tr>
<td>Katie Boote</td>
<td>Sr.</td>
</tr>
<tr>
<td>Danielle Burke</td>
<td>Sr.</td>
</tr>
<tr>
<td>Krista Creager</td>
<td>Jr.</td>
</tr>
<tr>
<td>Erin Hargens</td>
<td>Jr.</td>
</tr>
<tr>
<td>Molly Kopfmann</td>
<td>Jr.</td>
</tr>
<tr>
<td>Laura Lawton</td>
<td>Fr.</td>
</tr>
<tr>
<td>Danielle McCann</td>
<td>Jr.</td>
</tr>
<tr>
<td>Bobbie McLaury</td>
<td>Fr.</td>
</tr>
<tr>
<td>Erica Meyer</td>
<td>So.</td>
</tr>
<tr>
<td>Courtney Neubert</td>
<td>Fr.</td>
</tr>
<tr>
<td>Josie Oakland</td>
<td>Jr.</td>
</tr>
<tr>
<td>Brooke Peterson</td>
<td>Fr.</td>
</tr>
<tr>
<td>Tera Potts</td>
<td>Jr.</td>
</tr>
<tr>
<td>Arielle Schmidt</td>
<td>So.</td>
</tr>
<tr>
<td>Bobbie Sedlmajer</td>
<td>Fr.</td>
</tr>
<tr>
<td>Holly Sheets</td>
<td>Sr.</td>
</tr>
<tr>
<td>Alex Suhr</td>
<td>Fr.</td>
</tr>
<tr>
<td>Cassie Ten Cate</td>
<td>Fr.</td>
</tr>
<tr>
<td>Laura Wolles</td>
<td>Jr.</td>
</tr>
<tr>
<td>Brooke Wyffels</td>
<td>Jr.</td>
</tr>
</tbody>
</table>

Men’s Rosters

<table>
<thead>
<tr>
<th>Name</th>
<th>Yr.</th>
</tr>
</thead>
<tbody>
<tr>
<td>Greg Vollmer</td>
<td>Sr.</td>
</tr>
<tr>
<td>Jarek Ailts</td>
<td>Jr.</td>
</tr>
<tr>
<td>Brad Anderson</td>
<td>Jr.</td>
</tr>
<tr>
<td>Greg Beesley</td>
<td>Sr.</td>
</tr>
<tr>
<td>Kelly Hall</td>
<td>Sr.</td>
</tr>
<tr>
<td>Christian Karels</td>
<td>So.</td>
</tr>
<tr>
<td>Michael Kesnak</td>
<td>Sr.</td>
</tr>
<tr>
<td>Trent Lusignan</td>
<td>Fr.</td>
</tr>
<tr>
<td>Lars Mattson</td>
<td>Sr.</td>
</tr>
<tr>
<td>Kenny Mayer</td>
<td>So.</td>
</tr>
<tr>
<td>Paul Przybelski</td>
<td>So.</td>
</tr>
<tr>
<td>Kyle Schmidt</td>
<td>Sr.</td>
</tr>
<tr>
<td>Eddie Stenger</td>
<td>Jr.</td>
</tr>
<tr>
<td>Dominic Thielen</td>
<td>Sr.</td>
</tr>
<tr>
<td>Greg Vollmer</td>
<td>Sr.</td>
</tr>
</tbody>
</table>

Women’s 2011 Cross Country

The 2011 women’s cross country team was picked to finish in fourth place, two spots higher than its finish at the 2010 Summit League Championships.

The Jacks welcomed back The Summit League First Team performer Erin Hargens, who transferred to SDSU prior to last season.

The Season

The women’s team competed in six events prior to The Summit League Championships.

SDSU got off on the right foot, winning the Ronn Pynn Invitational Cross Country Meet, hosted by the University of North Dakota. Hargens was the individual champion, followed closely by Tera Potts.

The Jacks finished in the top four in four of the six competitions. Hargens was the top finisher for the Jacks in three of the meets.

The SDSU Classic

At the SDSU Classic, the women finished in third place behind Nebraska and champion Minnesota.

Hargens led the charge for the Jacks in the lone home meet, as the team took five of the top 27 spots.

Women’s Roster

<table>
<thead>
<tr>
<th>Name</th>
<th>Yr.</th>
</tr>
</thead>
<tbody>
<tr>
<td>Laura Bauer</td>
<td>Jr.</td>
</tr>
<tr>
<td>Leah Bolon</td>
<td>Fr.</td>
</tr>
<tr>
<td>Katie Boote</td>
<td>Sr.</td>
</tr>
<tr>
<td>Danielle Burke</td>
<td>Sr.</td>
</tr>
<tr>
<td>Krista Creager</td>
<td>Jr.</td>
</tr>
<tr>
<td>Erin Hargens</td>
<td>Jr.</td>
</tr>
<tr>
<td>Molly Kopfmann</td>
<td>Jr.</td>
</tr>
<tr>
<td>Laura Lawton</td>
<td>Fr.</td>
</tr>
<tr>
<td>Danielle McCann</td>
<td>Jr.</td>
</tr>
<tr>
<td>Bobbie McLaury</td>
<td>Fr.</td>
</tr>
<tr>
<td>Erica Meyer</td>
<td>So.</td>
</tr>
<tr>
<td>Courtney Neubert</td>
<td>Fr.</td>
</tr>
<tr>
<td>Josie Oakland</td>
<td>Jr.</td>
</tr>
<tr>
<td>Brooke Peterson</td>
<td>Fr.</td>
</tr>
<tr>
<td>Tera Potts</td>
<td>Jr.</td>
</tr>
<tr>
<td>Arielle Schmidt</td>
<td>So.</td>
</tr>
<tr>
<td>Bobbie Sedlmajer</td>
<td>Fr.</td>
</tr>
<tr>
<td>Holly Sheets</td>
<td>Sr.</td>
</tr>
<tr>
<td>Alex Suhr</td>
<td>Fr.</td>
</tr>
<tr>
<td>Cassie Ten Cate</td>
<td>Fr.</td>
</tr>
<tr>
<td>Laura Wolles</td>
<td>Jr.</td>
</tr>
<tr>
<td>Brooke Wyffels</td>
<td>Jr.</td>
</tr>
</tbody>
</table>
Track and Field History
NCAA National Champions

Rod DeHaven 1,500 Meter 1985
Nick Burrow Mile 1999

NCAA All-Americans

Jeff Tiefenthaler 400 Meters 1985
Robert Wilson 5,000 Meters 1985
Rod DeHaven 1,500 Meters 1985, 87, 89
Rod DeHaven 5,000 Meters 1987
Rod DeHaven 800 Meters 1989
Nate Trebilcock 5,000 Meters 1989
Erling Ringquist Pole Vault 1989
Craig Cassen 5,000 Meters 1989, 90
Paul Morgan 5,000 Meters 1990
Dave Leiseth Shot Put 1990, 91
Dave Anderson 1,500 Meters 1991
Gladwin Gamett Triple Jump 1991
Edmund Estephane 55 Meters 1994
Lynn Olson Pole Vault 1995, 96
John Delay Shot Put 1997
Jason Harris 55 Meters 1998
Nick Burrow 800 Meters 1998
Mark McKeown Mile 1999
Mark McKeown 5,000 Meters 1998, 99
Nick Burrow Mile 1999, 01
John Delay Shot Put 2001
Matt Pearson Mile 2002, 03
Greg Darbyshire 5,000 Meters 2003
Dave Hegland 60-Meter Hurdles 2003
Brad Lowery Mile 2003, 04

NCAA Top-10 Team Finishes

NCC Indoor Titles
NCAA National Champions

Larry Frank  Pole Vault  1970
Garry Bentley  1,500 Meter  1972
Garry Bentley  3 Mile Run  1973, 74
Craig Cassen  Steeplechase  1989, 91

NCAA All-Americans

Jay Dirksen  Steeplechase  1966
Richard Moon  Pole Vault  1968, 70
Larry Frank  Pole Vault  1970, 71
Glenn Carlson  440-Yard Hurdles  1971
Glenn Carlson  Mile Relay  1971
John Fillaus  Mile Relay  1971
Bob Fite  Mile Relay  1971
Rob Wahlstrom  Mile Relay  1971
Garry Bentley  1,500 Meters  1972
Don Larson  400-Meter Hurdles  1972, 75
Garry Bentley  3 Mile Run  1973, 74
Jeff Herman  Steeplechase  1974
Ron Kortmeyer  Discus  1974
Joe Meyer  Discus  1975, 76
Ron LaVelle  400-Meter Hurdles  1976
Sam Harris  Long Jump  1976
Kent Knutson  Pole Vault  1976
Brad Alfred  Discus  1979
Curt Swanhorst  1,500 Meter  1981
Joel Brandt  5,000 Meter  1981
Steve Snyder  Pole Vault  1983
Steve Lemke  Javelin  1983
Dan Carlson  10,000 Meters  1984
Joe Flannery  Steeplechase  1984, 85
Rob Brockshus  Discus  1985, 86
Rod DeHaven  1,500 Meters  1985, 86, 87
Rod DeHaven  800 Meters  1986
Todd Stevens  10,000 Meters  1986
Paul Morgan  Steeplechase  1987, 90
Tom Slattery  Discus  1987
Craig Cassen  Steeplechase  1988, 98, 91
Rod DeHaven  5,000 Meters  1989
Rod DeHaven  10,000 Meters  1989
Rich Schmidt  Steeplechase  1989
Erling Ringquist  Pole Vault  1989
Dave Anderson  1,500 Meters  1990
Dave Leiseth  Shot Put  1991
Derrick Powers  5,000 Meters  1992
Gladwin Gamett  Triple Jump  1992
Travis Wettlaufer  10,000 Meters  1993, 95
Brian Freking  Steeplechase  1995
Keith Folske  Steeplechase  1995
John Delay  Shot Put  1997
Nolan Wolfow  Discus  1999, 00
Nick Burrow  1,500 Meters  2003, 04
Brad Lowery  1,500 Meters  2003, 04
Mike Steele  Steeplechase  2004
David Hegland  110-Meter Hurdles  2004

NCAA Top-10 Team Finishes
1982 (3rd), 1985 (10th), 1994 (8th)

NCC Indoor Titles

Three-time outdoor All-American Craig Cassen

All-American Rich Schmidt
Two-time All-American and national champion Garry Bentley
South Dakota State Track and Field

Women's Indoor History

NCAA National Champions

Kim Fordham 800 Meters 1988, 89

NCAA All-Americans

Tammi Cheevers 800 Meters 1985
Audrey Starvum 1,500 Meters 1985
Charlene Hubbard 1,500 Meters 1985
Kristin Asp 3,000 Meters 1985
Karla Brotherton Shot Put 1985
Kim Fordham 800 Meters 1987, 88, 89
Sue Miller 3,000 Meters 1987
Christy Young 3,000 Meters 1988, 89
Michelle Gerlach 1,500 Meters 1989
Nicole Scherr 1,500 Meter 1990, 91
Susie Oster 3,000 Meters 1990
Angela Aukes 3,000 Meters 1990
Pam Hansen 3,000 Meters 1991
Tina Baum High Jump 1991
Ann Westby 5,000 Meters 1994
Jill Wittenwyler High Jump 1994
Tiffini Schuebel Long Jump 1994
Lynde Thelen Triple Jump 1994
Tiffini Schuebel Triple Jump 1995
Londa VanderWal Shot Put 1996, 97
Stacy Johnson 5,000 Meters 1997
Nancy Overman Shot Put 1998
Nancy Fischer Shot Put 1999
Jennifer Stoval 55-Meter Hurdles 2000
Jodi Smith Mile 2000
Allison Lind 5,000 Meters 2001
Jessie Kindschi 5,000 Meters 2001
Scheena Dauer 5,000 Meters 2003
Cori Vining 60-Meter Hurdles 2004
Michelle Carter Shot Put 2004

NCAA Top-10 Team Finishes


NCC Indoor Titles

1982 & 1983

All-American Tina Baum

All-American Tiffini Schuebel

Two-time All-American Christy Young
**NCAA National Champions**

<table>
<thead>
<tr>
<th>Athlete</th>
<th>Event</th>
<th>Year</th>
</tr>
</thead>
<tbody>
<tr>
<td>Audrey Stavrum</td>
<td>10,000 Meters</td>
<td>1982</td>
</tr>
<tr>
<td>Kristin Asp</td>
<td>3,000 Meters</td>
<td>1984</td>
</tr>
<tr>
<td>Ann Westby</td>
<td>10,000 Meters</td>
<td>1994</td>
</tr>
<tr>
<td>Jennifer Bass</td>
<td>Pole Vault</td>
<td>1999</td>
</tr>
</tbody>
</table>

**NCAA All-Americans**

<table>
<thead>
<tr>
<th>Athlete</th>
<th>Event</th>
<th>Year(s)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Tammi Wermers</td>
<td>800 Meters</td>
<td>1982</td>
</tr>
<tr>
<td>Nancy Gieske</td>
<td>3,000 Meters</td>
<td>1982</td>
</tr>
<tr>
<td>Cindy Sargent</td>
<td>3,000 Meters</td>
<td>1982</td>
</tr>
<tr>
<td>Nancy Gieske</td>
<td>5,000 Meters</td>
<td>1982</td>
</tr>
<tr>
<td>Kristin Asp</td>
<td>5,000 Meters</td>
<td>1982, 83, 84</td>
</tr>
<tr>
<td>Audrey Stavrum</td>
<td>10,000 Meters</td>
<td>1982</td>
</tr>
<tr>
<td>Vicki Coyle</td>
<td>10,000 Meters</td>
<td>1982</td>
</tr>
<tr>
<td>Jill Famsdell</td>
<td>10,000 Meters</td>
<td>1982</td>
</tr>
<tr>
<td>Elaine Zell</td>
<td>High Jump</td>
<td>1982</td>
</tr>
<tr>
<td>Lori Dubbele</td>
<td>Discus</td>
<td>1982</td>
</tr>
<tr>
<td>Lori Boomsma</td>
<td>Javelin</td>
<td>1982</td>
</tr>
<tr>
<td>Audrey Stavrum</td>
<td>5,000 Meters</td>
<td>1983</td>
</tr>
<tr>
<td>Kristin Asp</td>
<td>3,000 Meters</td>
<td>1984</td>
</tr>
<tr>
<td>Karla Brotherton</td>
<td>Shot Put</td>
<td>1984</td>
</tr>
<tr>
<td>Kim Fordham</td>
<td>800 Meters</td>
<td>1987, 89, 90, 91</td>
</tr>
<tr>
<td>Christy Young</td>
<td>10,000 Meters</td>
<td>1989, 91</td>
</tr>
<tr>
<td>Nicole Scherr</td>
<td>1,500 Meters</td>
<td>1990, 91, 92</td>
</tr>
<tr>
<td>Angela Aukes</td>
<td>10,000 Meters</td>
<td>1990</td>
</tr>
<tr>
<td>Tina Baum</td>
<td>High Jump</td>
<td>1991, 92, 93</td>
</tr>
<tr>
<td>Kiri Johnson</td>
<td>10,000 Meters</td>
<td>1992, 93</td>
</tr>
<tr>
<td>Christine Mason</td>
<td>800 Meters</td>
<td>1993, 94</td>
</tr>
<tr>
<td>Jill Wittenwyler</td>
<td>High Jump</td>
<td>1993</td>
</tr>
<tr>
<td>Tina Baum</td>
<td>Heptathlon</td>
<td>1993</td>
</tr>
<tr>
<td>Laura Walter</td>
<td>1,500 Meters</td>
<td>1994</td>
</tr>
<tr>
<td>Ann Westby</td>
<td>5,000 Meters</td>
<td>1994</td>
</tr>
<tr>
<td>Ann Westby</td>
<td>10,000 Meters</td>
<td>1994</td>
</tr>
<tr>
<td>Tiffini Schuebel</td>
<td>Long Jump</td>
<td>1994</td>
</tr>
<tr>
<td>Allison Peters</td>
<td>Heptathlon</td>
<td>1995</td>
</tr>
<tr>
<td>Londa VanderWal</td>
<td>Shot Put</td>
<td>1996, 97</td>
</tr>
<tr>
<td>Nancy Overman</td>
<td>Discus</td>
<td>1997, 98</td>
</tr>
<tr>
<td>Nancy Overman</td>
<td>Javelin</td>
<td>1997</td>
</tr>
<tr>
<td>Nancy Overman</td>
<td>Shot Put</td>
<td>1998</td>
</tr>
<tr>
<td>Jennifer Bass</td>
<td>Pole Vault</td>
<td>1999</td>
</tr>
<tr>
<td>Nancy Fischer</td>
<td>Shot Put</td>
<td>1999</td>
</tr>
<tr>
<td>Nancy Fischer</td>
<td>Discus</td>
<td>1999</td>
</tr>
<tr>
<td>Erin Woolley</td>
<td>3,000 Meters</td>
<td>2001</td>
</tr>
<tr>
<td>Jennifer Stovall</td>
<td>100-Meter Hurdles</td>
<td>2001, 03</td>
</tr>
<tr>
<td>Holly Hagenen</td>
<td>Discus</td>
<td>2001, 02</td>
</tr>
<tr>
<td>Erin Woolley</td>
<td>5,000 Meters</td>
<td>2003</td>
</tr>
</tbody>
</table>

**NCAA Top-10 Team Finishes**

1982 (3rd), 1984 (10th), 1994 (8th)

**NCC Outdoor Titles**

South Dakota State Track and Field

Men's Indoor Top-Fives

55 Meters
6.30 Jason Harris 1998
6.30 Frank Blalark 2001
6.31 John Albertie 1992
6.34 Edmund Estephane 1994
6.34 Stan Johnson 1963

60 Meters
6.92 Jordan Malmstrom 2004
6.94 Jonon Harris 2009
7.03 Zach Wirth 2008
7.04 Luke Leischner 2011
7.07 Julian Wagner 2010

200 Meters
21.82 Luke Leischner 2011
21.85 Edmund Estephane 1994
21.90 Jason Harris 1998
22.21 Damone Freeman 1992
22.23 Frank Blalark 2000

300 Meters
33.96 Jeff Tiefenthaler 1985
35.29 Mark McConnell 1981
35.45 Don Masa 1989
35.67 Evan Bunkers 2011
35.74 Greg Phipps 1982

400 Meters
47.29 Jeff Tiefenthaler 1985
47.37* Luke Leischner 2011
48.78 Damone Freeman 1992
48.78* Jason Gengerke 1996
48.95 Jared Foote 2011

500 Meters
1:02.9 Jeff Tiefenthaler 1985
1:03.3 Ervin Gebhart 1983
1:04.95 Amange Aware 2001
1:05.61 Jason Gengerke 1998
1:05.8 Everett Gebhart 1983

600 Meters
1:21.07 Everett Gebhart 1982
1:21.5 Jeff Tiefenthaler 1982
1:21.66 Amange Aware 2001
1:21.7 Ervin Gebhart 1980
1:22.00 Steve Linstrom 1979

800 Meters
1:53.51 Rod DeHaven 1986
1:53.46* Nick Burrow 1997
1:53.58* Jake Schneller 2011
1:53.58* Deane Bjerke 1968
1:53.58* Scott Heckenliable 1991

1,000 Meters
2:26.47 Nick Burrow 2001
2:26.50 Brad Lowery 2005
2:27.26 Rod DeHaven 1985
2:28.24 Matt Pearson 2003
2:28.78* Jake Schneller 2011

1,500 Meters
3:47.92 Rod DeHaven 1987
3:47.98 Brad Lowery 2005
3:52.81 Dave Andersen 1991
3:53.16 Stuart Lund 1985
3:54.28 Joe Flannery 1985

One Mile
4:00.95 Rod DeHaven 1987
4:03.71 Nick Burrow 1999
4:06.09 Brad Lowery 2005
4:07.00 Garry Bentley 1974
4:07.22* Matt Flannery 2003

3,000 Meters
8:05.04* Brad Lowery 2005
8:17.46 Greg Darbyshire 2002
8:20.90 Michael Krsnak 2011
8:21.91* Mark McKown 1999
8:22.9 Rod DeHaven 1989

5,000 Meters
14:16.86 Bob Wilson 1985
14:18.72 Rod DeHaven 1987
14:22.64 Greg Darbyshire 2003
14:25.25 Rob Beyer 1984
14:28.3 Todd Stevens 1985

55 Meter Hurdles
7.49 Scott Tizin 1986
7.51 David Hegland 2004
7.64 Ben Johnson 2004
7.65 Trent Merkwan 1994
7.73 Nick Schanaman 2006

60 Meter Hurdles
8.05 David Hegland 2004
8.11 Nick Schanaman 2006
8.22 Andrew Duitsman 2009
8.24 Ben Johnson 2004
8.26 Brandon Priebe 2011

Long Jump
24'03.00" Jared Vlastuin 2011
23'11.50" Gladwin Garnette 1991
23'08.25" Sam Harris 1978
23'07.00" Lee Larscheid 1969
23'06.75" John Albertie 1991

Triple Jump
49'06.25" Gladwin Garnette 1992
49'04.75" Sam Harris 1979
49'01.00" Ben Jasinski 2009
47'02.25" Nick Hammitt 2000
46'11.50" Scott Weber 1979

High Jump
7'00.25 Ben Jasinski 2011
6'10.75* Jared Vlastuin 2011
6'10.25 Brian Hogan 1979
6'09.50" Neil Johanssen 1995
6'09.00" Graig Holbeck 1978

54.29 Ben Jasinski 2011

Pole Vault
16'06.75* Lynn Olesen 1996
16'00.75* Tyler Schiferl 2009
16'00.75* Terry Morrison 2000
15'11.00* Erling Ringquist 1989
15'09.00* Larry Frank 1970

Shot Put
57'00.50* John Dely 1997
54'10.00* Tim Senjenc 1997
54'01.25* Dave Leiseth 1991
53'09.00* Brad Alfred 1978
53'06.00* Quinten Hofer 1981

35 Pound Weight Throw
65'07.50* Sean Burns 2011
59'05.75* Jake Brinkmann 2010
56'00.50* Sam McMenney 2010
54'11.00* Ben Fast 2003
51'09.00* Nolan Wolkow 2000

4 x 400 Meter Relay
3:14.87* Priebon, Schneller, Foote, Leischner 2011
3:17.26* Bosanko, Aware, Tuttle, Eldor 1999
3:19.13* Bunkers, Gibbons, Foote, Leischner 2010
3:20.22 McConnell, Poppen, Munger, Tiefenthaler 1985

4 x 800 Meter Relay
7:43.7 Bargmann, Wilson, Massman, DeHaven 1986
7:46.54 Heckenliable, Wil, Anderson, DeHaven 1989
7:46.4 Heckenliable, Wil, Friesen, DeHaven 1989
7:47.7 Brandt, Ma, Bills, Lindstrom, Gross 1979
7:50.4 Wilson, Bargmann, Ma, Bills, Keppen 1977

Distance Medley Relay
9:54.60* Krsnak, Schneller, Vollmer, Barfmann, Wilson, Barfmann, Lindsrom, Gross 2009
9:57.33* J. Rob, Winders, Thompson, Kambestad 2008
9:59.32* Vollmer, Foote, Alits, Kambestad 2011
10:08.49* Vollmer, Foote, Alits, Kambestad 2010
10:09.75* Vollmer, Mattison, Schneller, Krsnak 2009

*indicates mark made on oversized or banked track
Bold indicates current student-athlete

South Dakota State Track and Field 2011-12 Media Guide
# Men's Outdoor Top-Fives

## 100 Meters
<table>
<thead>
<tr>
<th>Time</th>
<th>Athlete</th>
<th>Year</th>
</tr>
</thead>
<tbody>
<tr>
<td>10.47</td>
<td>Edmund Estephane</td>
<td>1994</td>
</tr>
<tr>
<td>10.48</td>
<td>Jason Harris</td>
<td>1998</td>
</tr>
<tr>
<td>10.64</td>
<td>Ron Schneider</td>
<td>1978</td>
</tr>
<tr>
<td>10.64</td>
<td>Nate Millerbernd</td>
<td>1996</td>
</tr>
<tr>
<td>10.65</td>
<td>Jordan Malmstrom</td>
<td>2004</td>
</tr>
</tbody>
</table>

## 200 Meters
<table>
<thead>
<tr>
<th>Time</th>
<th>Athlete</th>
<th>Year</th>
</tr>
</thead>
<tbody>
<tr>
<td>21.14</td>
<td>Edmund Estephane</td>
<td>1993</td>
</tr>
<tr>
<td>21.20</td>
<td>Jason Harris</td>
<td>1998</td>
</tr>
<tr>
<td>21.34</td>
<td>Mark McConnell</td>
<td>1986</td>
</tr>
<tr>
<td>21.42</td>
<td>Stan Johnson</td>
<td>1963</td>
</tr>
<tr>
<td>21.54</td>
<td>Nate Millerbernd</td>
<td>1997</td>
</tr>
</tbody>
</table>

## 400 Meters
<table>
<thead>
<tr>
<th>Time</th>
<th>Athlete</th>
<th>Year</th>
</tr>
</thead>
<tbody>
<tr>
<td>47.04</td>
<td>Luke Leischner</td>
<td>2010</td>
</tr>
<tr>
<td>47.56</td>
<td>Rob Wahlstrom</td>
<td>1981</td>
</tr>
<tr>
<td>48.10</td>
<td>Jason Gengerke</td>
<td>1987</td>
</tr>
<tr>
<td>48.48</td>
<td>Nick Kiley</td>
<td>1971</td>
</tr>
</tbody>
</table>

## 800 Meters
<table>
<thead>
<tr>
<th>Time</th>
<th>Athlete</th>
<th>Year</th>
</tr>
</thead>
<tbody>
<tr>
<td>1:48.67</td>
<td>Rod DeHaven</td>
<td>1986</td>
</tr>
<tr>
<td>1:50.05</td>
<td>Nick Burrow</td>
<td>1998</td>
</tr>
<tr>
<td>1:52.00</td>
<td>Brad Lowry</td>
<td>2004</td>
</tr>
<tr>
<td>1:52.00</td>
<td>Deane Bjerve</td>
<td>1967</td>
</tr>
<tr>
<td>1:51.64</td>
<td>Jake Schneller</td>
<td>2011</td>
</tr>
</tbody>
</table>

## 1,500 Meters
<table>
<thead>
<tr>
<th>Time</th>
<th>Athlete</th>
<th>Year</th>
</tr>
</thead>
<tbody>
<tr>
<td>3:40.15</td>
<td>Rod DeHaven</td>
<td>1987</td>
</tr>
<tr>
<td>3:44.24</td>
<td>Brad Lowry</td>
<td>2004</td>
</tr>
<tr>
<td>3:45.17</td>
<td>Curt Swanhorst</td>
<td>1981</td>
</tr>
<tr>
<td>3:46.6</td>
<td>Garry Bentley</td>
<td>1973</td>
</tr>
<tr>
<td>3:47.20</td>
<td>Nick Burrow2000</td>
<td></td>
</tr>
</tbody>
</table>

## 3,000 Meter Steeplechase
<table>
<thead>
<tr>
<th>Time</th>
<th>Athlete</th>
<th>Year</th>
</tr>
</thead>
<tbody>
<tr>
<td>8:42.02</td>
<td>Craig Cassen</td>
<td>1991</td>
</tr>
<tr>
<td>8:54.87</td>
<td>Joe Flannery</td>
<td>1981</td>
</tr>
<tr>
<td>8:56.12</td>
<td>Paul Morgan</td>
<td>1987</td>
</tr>
<tr>
<td>8:59.60</td>
<td>Greg Darbyshire</td>
<td>2001</td>
</tr>
<tr>
<td>9:02.0</td>
<td>Rich Schmidt</td>
<td>1989</td>
</tr>
</tbody>
</table>

## 5,000 Meters
<table>
<thead>
<tr>
<th>Time</th>
<th>Athlete</th>
<th>Year</th>
</tr>
</thead>
<tbody>
<tr>
<td>14:00.24</td>
<td>Brad Lowry</td>
<td>2005</td>
</tr>
<tr>
<td>14:05.11</td>
<td>Joel Brandt</td>
<td>1981</td>
</tr>
<tr>
<td>14:05.63</td>
<td>Rod DeHaven</td>
<td>1989</td>
</tr>
<tr>
<td>14:16.40</td>
<td>Kevin Doe</td>
<td>2003</td>
</tr>
<tr>
<td>14:18.32</td>
<td>Matt Pearson</td>
<td>2003</td>
</tr>
</tbody>
</table>

## 10,000 Meters
<table>
<thead>
<tr>
<th>Time</th>
<th>Athlete</th>
<th>Year</th>
</tr>
</thead>
<tbody>
<tr>
<td>29:34.14</td>
<td>Dan Carlson</td>
<td>1984</td>
</tr>
<tr>
<td>29:39.61</td>
<td>Rod DeHaven</td>
<td>1989</td>
</tr>
<tr>
<td>29:40.87</td>
<td>Michael Krasnak</td>
<td>2011</td>
</tr>
<tr>
<td>29:50.65</td>
<td>Greg Darbyshire</td>
<td>2004</td>
</tr>
<tr>
<td>30:07.57</td>
<td>Derrick Powers</td>
<td>1992</td>
</tr>
</tbody>
</table>

## 110-Meter Hurdles
<table>
<thead>
<tr>
<th>Time</th>
<th>Athlete</th>
<th>Year</th>
</tr>
</thead>
<tbody>
<tr>
<td>14.18</td>
<td>David Hegland</td>
<td>2004</td>
</tr>
<tr>
<td>14.24</td>
<td>Nick Schanaman</td>
<td>2009</td>
</tr>
<tr>
<td>14.28</td>
<td>Glenn Carlson</td>
<td>1972</td>
</tr>
<tr>
<td>14.30</td>
<td>Andrew Duitsman</td>
<td>2009</td>
</tr>
<tr>
<td>14.36</td>
<td>Trent Merkwan</td>
<td>1994</td>
</tr>
</tbody>
</table>

## 400-Meter Hurdles
<table>
<thead>
<tr>
<th>Time</th>
<th>Athlete</th>
<th>Year</th>
</tr>
</thead>
<tbody>
<tr>
<td>52.04</td>
<td>Don Larson</td>
<td>1975</td>
</tr>
<tr>
<td>52.14</td>
<td>Glen Carlson</td>
<td>1972</td>
</tr>
<tr>
<td>52.68</td>
<td>John LaVelle</td>
<td>1976</td>
</tr>
<tr>
<td>53.33</td>
<td>Dan Smith</td>
<td>1974</td>
</tr>
<tr>
<td>53.34</td>
<td>George Newman</td>
<td>1976</td>
</tr>
</tbody>
</table>

## Long Jump
<table>
<thead>
<tr>
<th>Distance</th>
<th>Athlete</th>
<th>Year</th>
</tr>
</thead>
<tbody>
<tr>
<td>25’02.00”</td>
<td>Jared Vlastuin</td>
<td>2011</td>
</tr>
</tbody>
</table>

## Triple Jump
<table>
<thead>
<tr>
<th>Distance</th>
<th>Athlete</th>
<th>Year</th>
</tr>
</thead>
<tbody>
<tr>
<td>51’04.25”</td>
<td>Sam Harris</td>
<td>1976</td>
</tr>
<tr>
<td>51’03.00”</td>
<td>Ben Jasinski</td>
<td>2009</td>
</tr>
</tbody>
</table>

## High Jump
<table>
<thead>
<tr>
<th>Height</th>
<th>Athlete</th>
<th>Year</th>
</tr>
</thead>
<tbody>
<tr>
<td>6’10.75”</td>
<td>Jared Vlastuin</td>
<td>2011</td>
</tr>
</tbody>
</table>

## Pole Vault
<table>
<thead>
<tr>
<th>Distance</th>
<th>Athlete</th>
<th>Year</th>
</tr>
</thead>
<tbody>
<tr>
<td>16’07.25”</td>
<td>Erling Rinquist</td>
<td>1989</td>
</tr>
<tr>
<td>16’06.25”</td>
<td>Tyler Schiller</td>
<td>2009</td>
</tr>
</tbody>
</table>

## Shot Put
<table>
<thead>
<tr>
<th>Distance</th>
<th>Athlete</th>
<th>Year</th>
</tr>
</thead>
<tbody>
<tr>
<td>57’04.00”</td>
<td>John Delay</td>
<td>1997</td>
</tr>
</tbody>
</table>

## Discus Throw
<table>
<thead>
<tr>
<th>Distance</th>
<th>Athlete</th>
<th>Year</th>
</tr>
</thead>
<tbody>
<tr>
<td>183’05”</td>
<td>Nolan Wolkind</td>
<td>2000</td>
</tr>
<tr>
<td>178’02”</td>
<td>Ross Brockshee</td>
<td>1986</td>
</tr>
</tbody>
</table>

## Javelin Throw
<table>
<thead>
<tr>
<th>Distance</th>
<th>Athlete</th>
<th>Year</th>
</tr>
</thead>
<tbody>
<tr>
<td>194’07”</td>
<td>Sam McNerney</td>
<td>2008</td>
</tr>
<tr>
<td>193’08”</td>
<td>Jeff Hurlbert</td>
<td>1987</td>
</tr>
</tbody>
</table>

## Hammer Throw
<table>
<thead>
<tr>
<th>Distance</th>
<th>Athlete</th>
<th>Year</th>
</tr>
</thead>
<tbody>
<tr>
<td>191’07”</td>
<td>Sean Burns</td>
<td>2011</td>
</tr>
<tr>
<td>184’06”</td>
<td>Jake Brinkman</td>
<td>2011</td>
</tr>
</tbody>
</table>

## 1,600 Meter Medley Relay
<table>
<thead>
<tr>
<th>Distance</th>
<th>Athlete</th>
<th>Year</th>
</tr>
</thead>
<tbody>
<tr>
<td>4:16.50”</td>
<td>John Delay</td>
<td>1997</td>
</tr>
</tbody>
</table>

## 4 x 100 Meter Relay
<table>
<thead>
<tr>
<th>Distance</th>
<th>Athlete</th>
<th>Year</th>
</tr>
</thead>
<tbody>
<tr>
<td>4:16.50”</td>
<td>John Delay</td>
<td>1997</td>
</tr>
</tbody>
</table>

## 4 x 200M Relay
<table>
<thead>
<tr>
<th>Distance</th>
<th>Athlete</th>
<th>Year</th>
</tr>
</thead>
<tbody>
<tr>
<td>4:16.50”</td>
<td>John Delay</td>
<td>1997</td>
</tr>
</tbody>
</table>

## 4 x 400 Meter Relay
<table>
<thead>
<tr>
<th>Distance</th>
<th>Athlete</th>
<th>Year</th>
</tr>
</thead>
<tbody>
<tr>
<td>4:16.50”</td>
<td>John Delay</td>
<td>1997</td>
</tr>
</tbody>
</table>

## Decathlon
<table>
<thead>
<tr>
<th>Distance</th>
<th>Athlete</th>
<th>Year</th>
</tr>
</thead>
<tbody>
<tr>
<td>3:26.6*</td>
<td>Dan Smith</td>
<td>2009</td>
</tr>
<tr>
<td>3:22.9*</td>
<td>Steve Snyder</td>
<td>1983</td>
</tr>
</tbody>
</table>

*indicates mark made on oversized or banked track (A Altitude)

**Bold** indicates current student-athlete

Note: an athlete is only listed in each top-five once (best performance listed)
### Women's Indoor Top-Fives

#### 55 Meters
- **5.20** Tiffini Schuebel 1995
- **5.29** Anne Parker 1994
- **5.33** Ashley Odegard 2011
- **5.38** Josey Meurer 2003
- **5.40** Tania Disher 2003

#### 60 Meters
- **5.63** Cameryn Christion 2008
- **5.69** Heath Wollman 2011
- **5.75** Brittany Garner 2008
- **5.86** Tiffini Schuebel 1995
- **5.88** Ashley Odegard 2011

#### 200 Meters
- **24.58** Heath Wollman 2009
- **24.62** Cameryn Christion 2008
- **25.13** Brittany Garner 2009
- **25.50** Josey Meurer 2003
- **25.54** Tiffini Schuebel 1995

#### 300 Meters
- **39.81** Cameryn Christion 2007
- **40.59** Paula Burma 1985
- **41.30** Cameryn Christion 2006
- **41.52** Nicole Jensen 1998
- **41.61** Barb Riemensnyder 1991

#### 400 Meters
- **55.59** Heath Wollman 2009
- **55.92** Cameryn Christion 2008
- **56.64** Brittany Garner 2008
- **57.42** Tracy Stewart 1992
- **57.47** Paula Burma 1985

#### 500 Meters
- **1:15.32** Nicole Jensen 1998
- **1:17.3** Rana Schoormann 1991
- **1:17.65** Jennifer Stovall 2000
- **1:17.98** Jill Sutton 1994
- **1:18.22** Emily Oyen 1997

#### 600 Meters
- **1:35.98** Stacy Huss 2008
- **1:41.11** Emily Oyen 1997
- **1:41.52** Shannon Hattervig 2006
- **1:42.36** Danielle Clark 2001
- **1:42.45** Krista Creager 2010

#### 800 Meters
- **2:11.37** Kim Fordham 1988
- **2:12.54** Emily Jo Oyen 1998
- **2:12.95** Tammi Wermers 1985
- **2:14.70** Christine Mason 1994
- **2:15.09** Becka Mansheim 2007

#### 1,000 Meters
- **2:52.98** Becka Mansheim 2007
- **2:56.43** Laura Walter 1994
- **2:57.27** Michelle Gerlach 1989
- **2:58.2** Ann Westby 1993
- **2:58.33** Charlene Hubbard 1985

#### 1,500 Meters
- **4:32.56** Kristin Asp 1984
- **4:34.21** Audrey Stavrum 1985
- **4:34.39** Charlene Hubbard 1985
- **4:36.7** Nancy Gieske 1982
- **4:37.2** Ann Westby 1993

#### One Mile
- **4:51.57** Becka Mansheim 2006
- **4:54.06** Jodi Smith 2000
- **4:57.50** Michelle Gerlach 1989
- **4:59.31** Caitlin Berry 2008
- **4:59.86** Ashley Storm 2010

#### 3,000 Meters
- **9:37.49** Becka Mansheim 2007
- **9:42.96** Kristin Asp 1984
- **9:44.80** Caitlin Berry 2008
- **9:51.13** Susie Oster 1990
- **9:51.58** Pam Hansen 1991

#### 5,000 Meters
- **16:40.81** Allison Lind 2001
- **16:45.42** Jessie Kindschi 2001
- **16:49.4** Pam Hansen 1991
- **16:51.77** Sheena Dauer 2003
- **17:13.14** Ann Westby 1994

#### 55-Meter Hurdles
- **8.15** Cori Vining 2003
- **8.15** Jennifer Stovall 2000
- **8.35** Ruth Raak 1992
- **8.39** Erin Zempel 2004
- **8.42** Tina Baum 1993

#### 60-Meter Hurdles
- **8.71** Jennifer Stovall 2003
- **8.71** Cori Vining 2003
- **8.85** Anna Gagliano 2010
- **8.93** Erin Zempel 2004
- **8.93** Kristen Barrios 2008

#### Long Jump
- **20'05.25** Tiffini Schuebel 1995
- **19'02.00** Tamiko Kopfmann 2009
- **18'08.00** Cori Vining 2003
- **18'04.25** Tina Baum 1993
- **18'03.75** Jennifer Stovall 2002

#### Triple Jump
- **39'06.50** Tiffini Schuebel 1995
- **39'04.00** Lynde Thelen 1994
- **39'03.75** Jamie Beck 2004
- **38'11.75** Ashley Lange 2009
- **38'07.75** Jill Wittenwyler 1994

#### High Jump
- **5'09.75** Andrea Masters 2007
- **5'09.25** Mary Wirth 2011
- **5'09.00** Tina Baum 1991
- **5'08.00** Jill Wittenwyler 1994
- **5'08.00** Lora Shearer 2010

#### Pentathlon
- 3498 Tina Baum 1993
- 3439 Lynde Thelen 1995
- 3336 Rachael Halk 2009
- 3182 Jodi Peterson 1998
- 3157 Allison Peters 1995

#### Pole Vault
- 12'06.00* Brittany Garner 2010
- 11'04.25* Janel Johnson 2002
- 11'03.00* Teresa Kremer 2003
- 11'03.00* Kristi Mortenson 2009
- 11'10.00* Kirstin Butler 2000

#### Shot Put
- 51'03.75* Sara Ackman 2009
- 48'09.50* Londa Vander Wal 1997
- 48'04.00* Nancy Fischer 1999
- 48'01.25* Brooke Garner 2010
- 47'05.50* Karla Brotherton 1985

#### 20-Pound Weight Throw
- 60'09.50* Sara Ackman 2009
- 59'05.50* Jennifer Mack 2011
- 55'11.00* Christa Landmark 2010
- 55'09.00* Brooke Garner 2011
- 55'00.75* Michelle Schuch 2010

#### 4 x 400 Meter Relay
- 3:47.21* Garner, Christion, Lauseung, Wollman 2008
- 3:50.56* Raak, Fordham, Schoorman, Riemenschneider 1991
- 3:51.98* Raak Schoorman, Stewart, Mason, Raak Schoorman 1993
- 3:53.09* Garner, Huss, Storm, Wollman 2009
- 3:53.34* Hall, Stovall, Jorgenson, Meurer 2002

#### 4 x 800 Meter Relay
- 9:27.21 Heemstra, Sutton, Zwetzig, Mason 1992
- 9:41.68 Oyen, Wooley, Clark, Smith 2000
- 9:41.84 Hattervig, Steinke, Schafer, Huss 2006
- 9:43.59 N/A 2001

#### Distance Medley Relay
- 11:45.84* Burke, Garner, Huss, Mansheim 2007
- 11:49.49* Storm, Lauseung, Huss, Berry 2008
- 11:53.67* Mansheim, Adams, Hattervig, Dauer 2005
- 11:55.29 Mansheim, Adams, Hattervig, Dauer 2005
- 12:01.64* Burke, Lauseung, Huss, Storm 2009

*indicates mark made on oversized or banked track
**Bold** indicates current student-athlete
### Women's Outdoor Top-Fives

<table>
<thead>
<tr>
<th>Event</th>
<th>Time/Distance</th>
<th>Year</th>
</tr>
</thead>
<tbody>
<tr>
<td>100 Meters</td>
<td>11.80</td>
<td>2007</td>
</tr>
<tr>
<td>200 Meters</td>
<td>24.21</td>
<td>2009</td>
</tr>
<tr>
<td>400 Meters</td>
<td>54.19 (A)</td>
<td>2009</td>
</tr>
<tr>
<td>800 Meters</td>
<td>2:06.24</td>
<td>1991</td>
</tr>
<tr>
<td>1,500 Meters</td>
<td>4:22.81</td>
<td>2007</td>
</tr>
<tr>
<td>3,000 Meters</td>
<td>9:28.41</td>
<td>1984</td>
</tr>
<tr>
<td>5,000 Meters</td>
<td>16:25.25</td>
<td>1984</td>
</tr>
<tr>
<td>10,000 Meters</td>
<td>35:06.38</td>
<td>1982</td>
</tr>
<tr>
<td>100-Meter Hurdles</td>
<td>13.85</td>
<td>2002</td>
</tr>
<tr>
<td>400-Meter Hurdles</td>
<td>1:01.31 (A)</td>
<td>2009</td>
</tr>
<tr>
<td>Long Jump</td>
<td>5'09.75</td>
<td>2011</td>
</tr>
<tr>
<td>Pole Vault</td>
<td>12'07.50</td>
<td>2009</td>
</tr>
<tr>
<td>Shot Put</td>
<td>49'03.50*</td>
<td>2009</td>
</tr>
<tr>
<td>Discus Throw</td>
<td>172' 10&quot; (A)</td>
<td>2009</td>
</tr>
<tr>
<td>Javelin Throw</td>
<td>147' 09&quot;</td>
<td>1983</td>
</tr>
</tbody>
</table>

**Note:** An athlete is only listed in each top-five once (best performance listed). Bold indicates current student-athlete. (A) indicates marks at altitude. (A) indicates current student-athlete.
“Ascending” and “improving” are adjectives frequently used in media coverage of The Summit League as it continues a renaissance on the playing field and in the classroom.

As The Summit League celebrates its 30th anniversary season as an NCAA Division I athletics conference, the level of performance and achievement among the 11 member institutions and over 3,000 student-athletes in 19 championship sports continues to grow.

Since 2007, The Summit League has produced 39 All-Americans and 28 Academic All-America selections along with three NCAA Champions, two NBA Draft choices and one Olympic Silver medalist.

Headlining The Summit League’s most recent history were the additions of the University of South Dakota and the University of Nebraska Omaha to its membership. USD joined in 2009 and the 2011-12 academic year marks its first year of full league competition. UNO’s membership took effect on July 1, 2011 and it will begin league competition in 2012-13.

The Summit League’s visibility continues to expand on several fronts. The 2011 Baseball Championship drew a record 5,128 fans, topping the previous high by almost 1,500. Another successful Summit League Basketball Championship totaled a combined attendance of over 32,000 which ranked as the second-highest figure in league history while the men’s tournament was one of just five NCAA Division I Basketball events televised live, including the women’s championship on ESPN2. Furthermore, The Summit League Outdoor Track and Field Championships were televised for the second consecutive season, all 14 men’s and women’s basketball tournament events. IUPUI was a quad-host for the Women’s Basketball Final Four, three member institutions hosted 2010-11 NCAA Championship outdoor track and field events. IUPUI co-hosted the Volleyball Championship and Oakland hosted the NCAA Men’s Basketball Championship.

Academically, Six Summit League student-athletes received the prestigious NCAA Academic All-America honor. The accomplishment of 2010-11 came on the heels of the second consecutive season, all 14 men’s and women’s basketball tournament games were televised live, including the women’s championship on ESPNU and the men’s on ESPN2. Furthermore, The Summit League Outdoor Track and Field Championships were televised for the first time and the league’s entire Baseball Tournament was televised live, marking another first.

The national reach of The Summit League was furthered when three member institutions hosted 2010-11 NCAA Championship events. IUPUI was a quad-host for the Women’s Basketball Final Four, UMKC co-hosted the Volleyball Championship and Oakland hosted the Great Lakes Cross Country Regional Championship. In 2011-12, Oakland will host the Men’s Basketball Second and Third Round and IUPUI will serve as co-host for a Men’s Basketball Regional.

In men’s basketball, The Summit League ranked No. 18 in the Sagarin Ratings, placing four teams among the top 150 and six in the top 200. In the Mid-Major Top 25 poll, league champion Oakland ranked No. 5 with two first-place votes entering the NCAA Tournament, putting them ahead of two Final Four participants, including the national runner-up. The Summit League set a league-record by playing 16 games against AP nationally-ranked teams, the highest total among mid-majors, including seven top-10 opponents, highlighted by Oakland’s win at then-No. 7 Tennessee.

Women’s basketball joined the men in sending multiple teams to the postseason with three teams advancing for the second-straight year, including Oral Roberts, which reached the WNIT’s round of 16 to match the league’s deepest run in that tournament. Summit League teams combined to record four victories over “power six” conference foes during the season.

Individually on the hardwood, Oakland’s Keith Benson was selected in the second round of the 2011 NBA Draft by the Atlanta Hawks and Oral Roberts’ Steven Roundtree was named Mid-Major Freshman of the Year by CollegeInsider.com. On the women’s side, ORU’s Kevi Luper became the first player in NCAA history to lead the nation in both points per game and steals per game in the same season.

Several teams continued impressive championship streaks within the league in 2010-11. Oral Roberts, which finished the season nationally-ranked, won its 14th-straight basketball title, tying for the second-longest streak in NCAA history. Oakland captured its 12th-consecutive men’s and women’s swimming and diving titles while North Dakota State won its fourth-straight men’s and women’s indoor track and field titles. The Summit League’s most recent history were the additions of the University of South Dakota and the University of Nebraska Omaha to its membership. USD joined in 2009 and the 2011-12 academic year marks its first year of full league competition. UNO’s membership took effect on July 1, 2011 and it will begin league competition in 2012-13.

The Summit League’s visibility continues to expand on several fronts. The 2011 Baseball Championship drew a record 5,128 fans, topping the previous high by almost 1,500. Another successful Summit League Basketball Championship totaled a combined attendance of over 32,000 which ranked as the second-highest figure in league history while the men’s tournament was one of just five NCAA Division I Basketball events televised live, including the women’s championship on ESPN2. Furthermore, The Summit League Outdoor Track and Field Championships were televised for the second consecutive season, all 14 men’s and women’s basketball tournament events. IUPUI was a quad-host for the Women’s Basketball Final Four, three member institutions hosted 2010-11 NCAA Championship outdoor track and field events. IUPUI co-hosted the Volleyball Championship and Oakland hosted the NCAA Men’s Basketball Championship.

Academically, Six Summit League student-athletes received the prestigious NCAA Academic All-America honor. The accomplishment of 2010-11 came on the heels of the second consecutive season, all 14 men’s and women’s basketball tournament games were televised live, including the women’s championship on ESPNU and the men’s on ESPN2. Furthermore, The Summit League Outdoor Track and Field Championships were televised for the first time and the league’s entire Baseball Tournament was televised live, marking another first.

The national reach of The Summit League was furthered when three member institutions hosted 2010-11 NCAA Championship events. IUPUI was a quad-host for the Women’s Basketball Final Four, UMKC co-hosted the Volleyball Championship and Oakland hosted the Great Lakes Cross Country Regional Championship. In 2011-12, Oakland will host the Men’s Basketball Second and Third Round and IUPUI will serve as co-host for a Men’s Basketball Regional.

In men’s basketball, The Summit League ranked No. 18 in the Sagarin Ratings, placing four teams among the top 150 and six in the top 200. In the Mid-Major Top 25 poll, league champion Oakland ranked No. 5 with two first-place votes entering the NCAA Tournament, putting them ahead of two Final Four participants, including the national runner-up. The Summit League set a league-record by playing 16 games against AP nationally-ranked teams, the highest total among mid-majors, including seven top-10 opponents, highlighted by Oakland’s win at then-No. 7 Tennessee.

Women’s basketball joined the men in sending multiple teams to the postseason with three teams advancing for the second-straight year, including Oral Roberts, which reached the WNIT’s round of 16 to match the league’s deepest run in that tournament. Summit League teams combined to record four victories over “power six” conference foes during the season.

Individually on the hardwood, Oakland’s Keith Benson was selected in the second round of the 2011 NBA Draft by the Atlanta Hawks and Oral Roberts’ Steven Roundtree was named Mid-Major Freshman of the Year by CollegeInsider.com. On the women’s side, ORU’s Kevi Luper became the first player in NCAA history to lead the nation in both points per game and steals per game in the same season.

Several teams continued impressive championship streaks within the league in 2010-11. Oral Roberts, which finished the season nationally-ranked, won its 14th-straight basketball title, tying for the second-longest streak in NCAA history. Oakland captured its 12th-consecutive men’s and women’s swimming and diving titles while North Dakota State won its fourth-straight men’s and women’s indoor track and field championships and its third softball crown in a row. South Dakota State became the first women’s basketball team to win three consecutive league championships.

The Summit League enjoyed a successful track and field season with eight All-Americans, including six at the NCAA Outdoor Championships. Oral Roberts’ Jack Whitt finished as runner-up in the pole vault at the Outdoor Championships after placing third indoors. North Dakota State’s Whitney Carlson became the first female athlete in league history to earn All-America honors in two events at both the NCAA Indoor and Outdoor Championships during the same year.

Two Summit League student-athletes received the prestigious NCAA Elite 88 Award, given to the student-athlete with the highest cumulative grade-point average at the conclusion of each of the NCAA championships. Amy Anderson (women’s golf) and Carlson (outdoor track and field), both from North Dakota State, the lone non-FBS public university to have multiple recipients, were presented with the honor and added All-America honors for their athletic performances.

Individually, The Summit League’s visibility continued to expand on several fronts. The 2011 Baseball Championship drew a record 5,128 fans, topping the previous high by almost 1,500. Another successful Summit League Basketball Championship totaled a combined attendance of over 32,000 which ranked as the second-highest figure in league history while the men’s tournament was one of just five NCAA Division I Basketball events televised live, including the women’s championship on ESPN2. Furthermore, The Summit League Outdoor Track and Field Championships were televised for the second consecutive season, all 14 men’s and women’s basketball tournament events. IUPUI was a quad-host for the Women’s Basketball Final Four, three member institutions hosted 2010-11 NCAA Championship outdoor track and field events. IUPUI co-hosted the Volleyball Championship and Oakland hosted the NCAA Men’s Basketball Championship.

Academically, Six Summit League student-athletes received the prestigious NCAA Academic All-America honor. The accomplishment of 2010-11 came on the heels of the second consecutive season, all 14 men’s and women’s basketball tournament games were televised live, including the women’s championship on ESPNU and the men’s on ESPN2. Furthermore, The Summit League Outdoor Track and Field Championships were televised for the first time and the league’s entire Baseball Tournament was televised live, marking another first.

The national reach of The Summit League was furthered when three member institutions hosted 2010-11 NCAA Championship events. IUPUI was a quad-host for the Women’s Basketball Final Four, UMKC co-hosted the Volleyball Championship and Oakland hosted the Great Lakes Cross Country Regional Championship. In 2013, Oakland will host the Men’s Basketball Second and Third Round and IUPUI will serve as co-host for a Men’s Basketball Regional.

In men’s basketball, The Summit League ranked No. 18 in the Sagarin Ratings, placing four teams among the top 150 and six in the top 200. In the Mid-Major Top 25 poll, league champion Oakland ranked No. 5 with two first-place votes entering the NCAA Tournament, putting them ahead of two Final Four participants, including the national runner-up. The Summit League set a league-record by playing 16 games against AP nationally-ranked teams, the highest total among mid-majors, including seven top-10 opponents, highlighted by Oakland’s win at then-No. 7 Tennessee.

Women’s basketball joined the men in sending multiple teams to the postseason with three teams advancing for the second-straight year, including Oral Roberts, which reached the WNIT’s round of 16 to match the league’s deepest run in that tournament. Summit League teams combined to record four victories over “power six” conference foes during the season.
South Dakota State Track and Field 2011-12 Media Guide

SUMMIT LEAGUE MEMBERSHIP

<table>
<thead>
<tr>
<th>Institution</th>
<th>Nickname</th>
<th>Location</th>
<th>Enrollment</th>
<th>Founded</th>
<th>Joined League</th>
</tr>
</thead>
<tbody>
<tr>
<td>IPFW</td>
<td>Mastodons</td>
<td>Fort Wayne, Ind.</td>
<td>14,193</td>
<td>1964</td>
<td>2007</td>
</tr>
<tr>
<td>IUPUI</td>
<td>Jaguars</td>
<td>Indianapolis, Ind.</td>
<td>30,566</td>
<td>1999</td>
<td>1998</td>
</tr>
<tr>
<td>UMKC</td>
<td>Kangaroos</td>
<td>Omaha, Neb.</td>
<td>15,448</td>
<td>1907</td>
<td></td>
</tr>
<tr>
<td>UNO</td>
<td>Mavericks</td>
<td>Tulsa, Okla.</td>
<td>19,053</td>
<td>1982</td>
<td>1997</td>
</tr>
<tr>
<td>NORTH DAKOTA STATE</td>
<td>Bison</td>
<td>Fargo, N.D.</td>
<td>1890</td>
<td></td>
<td></td>
</tr>
<tr>
<td>OAKLAND</td>
<td>Golden Grizzlies</td>
<td>Rochester, Mich.</td>
<td>1957</td>
<td></td>
<td></td>
</tr>
<tr>
<td>SOUTHERN UTAH</td>
<td>Jackrabbits</td>
<td>Cedar City, Utah</td>
<td>1893</td>
<td></td>
<td></td>
</tr>
<tr>
<td>SOUTH DAKOTA STATE</td>
<td>Fighting Leathernecks</td>
<td>Macomb, Ill.</td>
<td>13,331</td>
<td></td>
<td></td>
</tr>
<tr>
<td>ORAL ROBERTS</td>
<td>Golden Eagles</td>
<td>Tulsa, Okla.</td>
<td>1983</td>
<td></td>
<td></td>
</tr>
<tr>
<td>SOUTHERN UTAH</td>
<td>Thunderbirds</td>
<td>Cedar City, Utah</td>
<td>1983</td>
<td></td>
<td></td>
</tr>
<tr>
<td>WESTERN ILLINOIS</td>
<td>Fighting Leathernecks</td>
<td>Macomb, Ill.</td>
<td>1969</td>
<td></td>
<td>1982 (charter member)</td>
</tr>
</tbody>
</table>

SUMMIT LEAGUE NOTABLES

- Bahamas’ 4x400-meter relay team after winning both the NCAA Indoor and Outdoor 400-meter titles and IUPUI’s George Hill became The Summit League’s second NBA first round draft pick.
- Originally formed in 1982 as the Association of Mid-Continent Universities and later known as the Mid-Continent Conference, The Summit League is in its fifth year of rebranding that followed its 25th anniversary and coincided with the Summit Plan, a strategic plan that places a renewed emphasis on improving the academic and athletic performances of all league student-athletes. Included in the plan was the league’s new name, the creation of a new image and the addition of three member institutions.
- The Summit League has a combined enrollment of over 135,000 at 11 universities, five of which are located in the top 76 U.S. media markets (Detroit, Indianapolis, Kansas City, Tulsa and Omaha). Member institutions include: IPFW (Indiana University-Purdue University-Fort Wayne), IUPUI (Indiana University-Purdue University-Indianapolis), UMKC (University of Missouri-Kansas City), the University of Nebraska Omaha, and the University of South Dakota (in its first year as a full member), South Dakota State University, Southern Utah University and Western Illinois University. Eastern Illinois University is an associate member in swimming and diving and men’s soccer.
- These member institutions pride themselves on providing quality, academic and social experiences for their student-athletes.
- The Summit League sponsors 19 championship sports: baseball, men’s and women’s basketball, men’s and women’s cross country, men’s and women’s golf, men’s and women’s indoor track and field, men’s and women’s outdoor track and field, men’s and women’s swimming, and men’s and women’s tennis, and volleyball. The league champion receives an automatic bid to the NCAA Tournament in all applicable sports.
- Since its inception in 1982, The Summit League has had several transcendent moments on the national stage. In 1986, Cleveland State upset third-seeded Indiana in the first round of the NCAA Men’s Basketball Tournament on its way to a berth in the Sweet 16. A decade later, Valparaiso captured the nation’s attention when Bryce Drew hit “the shot” to defeat No. 4 seed Mississippi in an NCAA first-round game and spark its Sweet 16 run.
- More recently, Oral Roberts’ baseball program finished the 2004 campaign with a national-ranking and became the first Summit League school to reach an NCAA Super Regional in 2006. Three years later, North Dakota State’s 2009 softball team became the first league member to win an NCAA regional and advance to the Super Regional round. During the 2008-09 basketball season, South Dakota State’s women’s team was nationally-ranked throughout the year and capped its season with an NCAA Tournament first round victory.
- The League has produced five NCAA champions, four Olympic athletes and several All-Americans in the sports of track and field, swimming and diving and cross country. Numerous professional athletes and several draft choices have come directly from The Summit League, including three Major League Baseball first round picks, a pair of NBA first rounders, and one WNBA selection. Former Summit Leaguer Kevin Duckworth (NBA) was a two-time all-star during his professional career.
- Recent historical success coupled with an increased growth among its membership base gives The Summit League a promising future on the landscape of college athletics.

ASSOCIATE MEMBER: Eastern Illinois University competes as an associate member in swimming and diving and men’s soccer.

South Dakota State Track and Field

ENROLLMENT: 13,331
LOCATION: Macomb, Ill.
NICKNAME: Fighting Leathernecks
FACILITIES:
- 18,000-seat Maverik Center
- 4,000-seat McNeely-Pratt Center
- 2,500-seat Driscoll Fieldhouse

SUMMIT LEAGUE MEMBERSHIP

<table>
<thead>
<tr>
<th>Institution</th>
<th>Nickname</th>
<th>Location</th>
<th>Enrollment</th>
<th>Founded</th>
<th>Joined League</th>
</tr>
</thead>
<tbody>
<tr>
<td>IPFW</td>
<td>Mastodons</td>
<td>Fort Wayne, Ind.</td>
<td>14,193</td>
<td>1964</td>
<td>2007</td>
</tr>
<tr>
<td>IUPUI</td>
<td>Jaguars</td>
<td>Indianapolis, Ind.</td>
<td>30,566</td>
<td>1999</td>
<td>1998</td>
</tr>
<tr>
<td>UMKC</td>
<td>Kangaroos</td>
<td>Omaha, Neb.</td>
<td>15,448</td>
<td>1907</td>
<td></td>
</tr>
<tr>
<td>OAKLAND</td>
<td>Golden Grizzlies</td>
<td>Rochester, Mich.</td>
<td>1957</td>
<td></td>
<td></td>
</tr>
<tr>
<td>SOUTHERN UTAH</td>
<td>Fighting Leathernecks</td>
<td>Macomb, Ill.</td>
<td>13,331</td>
<td></td>
<td>1982 (charter member)</td>
</tr>
</tbody>
</table>

ASSOCIATE MEMBER: Eastern Illinois University competes as an associate member in swimming and diving and men’s soccer.
SUMMIT LEAGUE IN THE OLYMPICS

Now in its 30th year as an NCAA Division I athletics conference, The Summit League is in its fifth year under that name. In May 2007, the Presidents Council embraced the Summit Plan, a strategic plan that places a renewed emphasis on improving the academic and athletic performances of all its student-athletes. Included in the plan was the creation of a new image of the conference and the unveiling of a new name. The Summit League is the third name the conference has held as an NCAA sanctioned league.

The Summit League’s current member schools are IPFW (Indiana University-Purdue University-Fort Wayne), IUPUI (Indiana University-Purdue University Indianapolis), UMKC (University of Missouri-Kansas City), North Dakota State University, Oakland University, Oral Roberts University, University of South Dakota, South Dakota State University, Southern Utah University and Western Illinois University. The member schools pride themselves on providing quality athletic, academic and social experiences for their student-athletes.

The Summit League sponsors 19 championship sports, which include: baseball, men’s and women’s basketball, men’s and women’s cross country, men’s and women’s golf, men’s and women’s soccer, softball, men’s and women’s swimming & diving, men’s and women’s indoor track & field, men’s and women’s outdoor track & field, men’s and women’s tennis, and volleyball.

The Summit League has had six athletes (from current league members) participate in the Olympic Games for track and field. Oral Roberts has had four participants, while UMKC and South Dakota State have each had one athlete.

The most recent was Andretti Bain from Oral Roberts. Bain participated in the 2008 Olympics in Beijing.

UMKC has had one athlete in school history represent her country in the Olympic Games. Marcia Daniel represented the island of Dominica at the 2000 Sydney Summer Olympic Games and carried her country’s flag during the opening ceremonies.

North Dakota State, Southern Utah and Western Illinois have had student-athletes compete in the Olympic trials, but were not able to not advance to the Games.

IPFW, IUPUI, North Dakota State, Oakland, Southern Utah and Western Illinois have never had any student-athletes from their track and field programs compete in the Olympic Games.

Rod DeHaven

South Dakota State University

SOUTH DAKOTA STATE UNIVERSITY

Rod DeHaven  SydneY/2000
Country represented: USA
Event: Marathon
Time/placing: 69th place

DeHaven is the current head coach for the track and field/cross country programs and is a 1989 graduate of SDSU. DeHaven was named the women’s cross country 2008 Summit League Coach of the Year and the men’s cross country Summit League Coach of the Year in both 2009 and 2010.

ORAL ROBERTS UNIVERSITY

Andretti Bain  2008/Beijing
Country represented: Bahamas
Event: Open 400 meters, 4x400-meter relay
Time/Placing:
4x400 – Silver - 2:58.03
Open 400 – 7th in semifinal No. 2 - 45.52

Prince Moses Mumba  2004/Athens
Country represented: Zambia
Event: Open 800 meters
Time/placing:
Open 800 - Round 1, Heat 9 Finish 6th- 1:48.36

Garth Robinson  1996/Atlanta
Country represented: Jamaica
Event: 4x400-meter relay
Time/placing:
4x400 - Received bronze medal - 3:02.81

Renward Wells  2000/Sydney
Country represented: Bahamas
Event: Open 400-meter relay
Time/placing:
Open 400 - Round 1, Heat 9 Finish 6th - 1:48.36

Michael Hairston and Madeline Manning Mims

1980/Moscow
(Due to the boycott, Hairston and Mims did not participate. Both were set to compete for the USA.)

UMKC

Marcia Daniel  SydneY/2000
Country represented: Dominica
Event: Open 400-meter dash
Time/placing:
Open 400 - Round 1, Heat 6, Finish 7th - 58.20

Daniel was a Summit League Indoor Champion in 2001 in the 60 meters (then Mid-Con) and a Summit League Outdoor Champion in 2000 (400 meters) and 2001 (100 meters).

-Page courtesy of Brooke Orcutt, UMKC Media Relations

Head coach Rod DeHaven (pictured left) is the only SDSU athlete to compete in the Olympics. DeHaven placed 69th in the marathon at the Sydney Games in 2000.
South Dakota State Track and Field

Media Information

Credentials - All requests for media credentials for SDSU home track and field meets should be directed to the South Dakota State sports information department at least 24 hours prior to the event.

Credentials will be mailed if requests are received a week or more in advance. Otherwise, credentials may be picked up at the Jackrabbit Ticket Office inside the Stanley J. Marshall HPER Center weekdays from 9 a.m. to 5 p.m.

Due to limited seating, only working media will be allowed access on a first-come, first-served basis.

The following guidelines apply specifically to the Internet:

- No more than two people working for the official Web site of the opponent and/or its official conference site will be issued credentials.
- Web sites whose content centers around message boards and chat rooms where users can post anonymous information and/or rumors are ineligible for any consideration for credentials or access.
- Credentials will not be granted to any agency operating sites that are in any way affiliated with gambling, or to freelance or fan-based sites that are not affiliated with a legitimate news-gathering organization.

The final decision for credentials remains at the sole discretion of the South Dakota State sports information department.

Statistics - The South Dakota State sports information office will keep official statistics and will distribute final statistics to teams and members of the media within 15 minutes after the conclusion of a meet.

On the Web - The latest Jackrabbit news and updates can be viewed on the Internet at www.Goldacks.com, the official site of South Dakota State University athletics. Box scores, statistics and a meet recap will be posted within an hour following the conclusion of a contest.

Interview Policy - Outside of athletic events, interviews with South Dakota State student-athletes must be arranged 24 hours in advance Monday through Thursday by contacting the SDSU sports information office or the head coach of the sport involved. Please do not contact the student-athlete directly without prior approval — phone numbers of SDSU student-athletes will not be released.

Media members should understand that all return calls will be made collect or via a toll-free number, unless the student-athlete does the interview through the sports information office. Jackrabbit student-athletes will not be available for interviews prior to a contest the day of the game, but will be available for post-game interviews 10 minutes after the conclusion of contests by contacting a member of the sports information staff or coaching staff.

Photographers

Photographers (live and still) are asked to not interfere with the sight lines of spectators. Photographers must remain outside the team areas and in a position as to not interfere with the action.

Contact Information

Media inquiries for Jackrabbit track and field should be directed to Jacob Dreyer, graduate assistant sports information director.

Office: (605) 688-4932
Cell: (319) 215-6979
Fax: (605) 688-5999
E-mail: Jacob.Dreyer@sdstate.edu

Radio

Brookings Radio
Contact: Deirdre Cole - Sports Director
E-mail: kibrksports@kibr.thesrangers.com
Phone/Fax: (605) 692-1430 / 692-4441
Web: www.brookingsradio.com

WNAX - 570 AM
Contact: Steve Ivens - Sports Director
E-mail: steve.ivens@wnax.com
Phone/Fax: (605) 668-1799 / 668-9788
Toll Free: 1-800-843-0089
Web: www.wnax.com

KWGN - 1230 AM
Contact: Craig Mattick and Chris Tubs
E-mail: craig.mattick@bybadio.com
E-mail: chris.tubs@bybadio.com
Phone/Fax: (605) 271-5873 / 336-0718
Web: www.kwgn.com

KSEO - 99.1 FM
Contact: Brad Peterson, Warren Swain, Jeff Harkness
E-mail: Brad@espn991.com
E-mail: jarred@ncef.net
E-mail: Jeff@espn991.com
Phone/Fax: (605) 306-3776
Web: www.espn991.com

Television

KDLT-TV - NBC
Contact: Mark Ovenden - Sports Director
E-mail: mohlen@keloland.com
Phone/Fax: (605) 263-1357
Web: www.kdltnow.com

KELO-TV - CBS
Contact: Matt Holsen - Sports Director
E-mail: mohlen@keloland.com
Phone/Fax: (605) 357-5675
Web: www.keloland.com

KSFY-TV - ABC
Contact: Erik Thorsness - Sports Director
E-mail: ethorsness@ksfy.com
Phone/Fax: (605) 373-7350
Web: www.ksfy.com

Newspaper

Brookings Register
Contact: Troy Maroney - Sports Editor
E-mail: troy.maroney@brookingsregister.com
Phone/Fax: (605) 455-2333 / 695-2979
Web: www.brookingsregister.com

Sioux Falls Argus Leader
Contact: Terry Vandrovec - Beat Writer
E-mail: tvandrovec@argusleader.com
Phone/Fax: (605) 977-3923 / 977-3933
Web: www.argusleader.com

Aberdeen American News
Contact: John Papendick - Sports Editor
E-mail: jgpapendick@aberdeennews.com
Phone/Fax: (605) 665-2132 / 665-2417
Web: www.aberdeennews.com

Yankton Press & Dakotan
Contact: James Cimburek - Sports Editor
E-mail: jame.cimburek@yankton.net
Phone/Fax: (605) 665-7811 / 665-7171
Web: www.yanktonnet.net

Rapid City Journal
Contact: Andrew Cutler
E-mail: andrew.cutler@rapidcityjournal.com
Phone/Fax: (605) 394-3300 / (605) 342-4610
Web: www.rapidcityjournal.com

Watertown Public Opinion
Contact: Roger Merriman - Sports Editor
E-mail: rogerm@thepublicopinion.com
Phone/Fax: (605) 886-6901 / 988-4280
Web: www.thepublicopinion.com

SDSU Collegian
Contact: Marcus Traver
E-mail: collegian.sports@gmail.com
Phone: (605) 688-6164
Web: www.sdsucollegian.com

News Organizations

The Associated Press, Sioux Falls
Contact: Wayne Ortmann - Staff Writer
E-mail: wayne.ortmann@ap.org
Phone/Fax: 1-800-952-9911 / (605) 332-3931
Web: www.ap.org

Dakota News Network, Fargo, N.D.
Contact: Steve Carlson - Staff Reporter
E-mail: steve.carlson@ap.org
Phone/Fax: (701) 237-5000 / 280-0801
Web: www.americanagnetwork.com
With a record enrollment of 12,725 students in the fall of 2011, South Dakota State remains the state’s largest institution of higher learning.

**SDSU Early History**

Located in Brookings, the Territorial Legislative Assembly authorized SDSU in 1881 to serve as the state’s land grant institution. Territorial Council member John O’Brien Scobey managed to secure Dakota Agricultural College for his city.

Although allocations fell short of the actual cost, the school did open in the fall of 1884 because the president, George Lilley, advanced $500 — one-third of his salary — to finish three rooms in the new Central Building. “Old Central” was soon joined by South (1885) and North (1887), forming the nucleus of campus for a decade and a half.

During the first year of operation, the college only held preparatory classes. College classes started in 1885 with five teachers, 17 freshman and 61 preparatory students. Growth stayed slow and erratic for many years, but by the turn of the 20th century, 242 students enrolled and by 1990, SDSU enrollment grew to more than 9,000 students.

**Colleges Established**

SDSU has granted nearly 70,000 degrees since its charter in 1881.

The structure of the college became more complex as enrollments increased. The first nine chairs of instruction established in 1884 included agriculture, science, mathematics, English, modern languages, military tactics, veterinary science, practical business, political & domestic economy and music.

By 1907, the year the name of the institution changed to South Dakota State College of Agriculture and Mechanic Arts, there were 22 departments on campus.

Reorganization into the five divisions that formed the basis for the designation of colleges was completed under President Charles W. Pugsley in 1923.

In 1964, when “State College” became South Dakota State University, the school included six colleges. Now, students can earn degrees offered through eight colleges. Students can choose from more than 200 majors, minors and options at SDSU with more than 2,500 different course offerings.

Master’s degrees can be earned in more than 30 areas, with doctorates available in eight fields.

SDSU also offers degree programs through the South Dakota Public Universities and Research Center in Sioux Falls. The Office of Academic Affairs and Outreach coordinates evening, RDTN, Internet and off-campus courses.

The North Central Association of Colleges and Secondary Schools accredits SDSU, while numerous departments on campus hold accreditation from various other agencies.

SDSU celebrated its 125th anniversary in 2006, a yearlong event that culminated with the 2006 Hobo Day football game.

Over those 125 years, SDSU grew from a campus of 80 acres in 1881 to a 271-acre campus with facilities worth more than $220 million.

The university owns or leases another 15,000 acres for research throughout the state.

The Printing and Journalism Building — now named Anson and Ada May Yeager Hall — underwent a $2.1 million expansion and renovation project.

Other recent campus construction projects include a $7 million expansion to Crothers Engineering Hall, the renovation of Solberg Hall and the building of a $9 million performing arts center, which opened in the fall of 2002.

A new residence hall (Caldwell Hall) and the University Student Union expansion and renovation opened in the fall of 2005, and the Enterprise Institute, located on the southwest corner of campus opened in 2004.

In 2005, SDSU spent more than $3 million to install new state of the art scoreboards in Frost Arena and at Coughlin Alumni Stadium.

**Agricultural Research**

The university reaches all corners of the state through the Cooperative Extension Service and the Agricultural Experiment Station, offering service to improve the quality of rural life.

SDSU also sponsors the Center for Innovation, Technology and Entrepreneurship; Engineering Experiment Station, Office of Remote Sensing; Water Resources Institute; Engineering and Environmental Research Center; Animal
Disease Research and Diagnostic Laboratory; and Northern Grain Insect Research Laboratory. These units help strengthen the university’s growing commitment to research and support of state and local economic development efforts. The Northern Great Plains BioStress Laboratory, dedicated in 1993, houses scientists who focus on research aimed at developing new technologies to protect crops and livestock.

SDSU is also one of just five universities to serve as a regional center for the Sun Grant Initiative, which is a concept to solve America’s energy needs and revitalize rural communities with Land-Grant university research, education and Extension programs on renewable energy and bio-based non-food industries.

The Harding Distinguished Lecture Series, the F. O. Butler Lectures, the Lusk Lecture and the Amdahl, Schultz-Werth and Griffiths endowments all supplement classroom instruction.

Students can also choose from more than 100 clubs and organizations on campus.

Museums & Attractions

The educational opportunities do not end in the classroom or laboratory, as South Dakota State University houses several facilities, including museums and gardens.

Dedicated in 1979, and expanded in 2000, the South Dakota Federation of Women’s Club first envisioned the South Dakota Art Museum in 1949.

The museum’s collections include early Sioux Indian tribal art, the famed Harvey Dunn paintings of pioneer life and the exclusive Vera Way Marghab linens.

The State Agricultural Heritage Museum transformed the former Stock Judging Pavilion into a home for exhibits that record and preserve the agrarian heritage of South Dakota.

The 70-acre McCrory Gardens and South Dakota Arboretum, located south and east of campus, provide a beautiful setting for area residents and tourists to enjoy a stroll through the radiant colors and fragrances of one of the top 10 small ornamental gardens in the nation.

It is also recognized as an All-American Display Garden, one of only 13 in the nation. In 1993 McCrory Gardens was designated an All-American Judging Garden to conduct research on annual flowers.

Since 1985, private contributions made many new gardens possible including the Rose, Rock, Centennial Prairie, Iris, True Lily, Mum, Native Prairie Collection, Oak Tree Memorial Garden, All-Red Specialty Garden, Peony Garden, Shrub Rose Collection, and children’s Maze.

In August 1994, McCrory Gardens dedicated the Mickelson Grove Memorial in honor of former governor and Brookings resident George S. Mickelson.

In 1982, they dedicated the area north of the formail garden to the planting and testing of ornamental trees and shrubs. The 45-acre site was designated the South Dakota State Arboretum in 1988.

The arboretum’s purpose is to test woody plants needed to protect agricultural fields and livestock from the region’s harsh environment, to provide hardy trees to shade our towns and cities, and to test ornamental shrubs for both durability and beauty.

SDSU Horticulture, Forestry, Landscape and Parks Department manage the arboretum and gardens.

McCrory Gardens continues to develop more gardens, tree and shrub collections.

The Coughlin Campanile

South Dakota State’s most recognizable landmark may be the 165-foot Coughlin Campanile, the state’s largest chimes tower. A climb of 179 steps leads to a panoramic view of the city.

Charles Coughlin, a 1909 engineering graduate who later went on to become head of the Briggs & Stratton Corporation, donated the statueque structure on the west end of campus at a cost of $65,000.

Coughlin laid the campanile’s cornerstone on June 10, 1929. Since then, its chimes call students to classes with the famous Westminster peals.

An alumni-sponsored project to restore the campanile was completed in the summer of 2001.

Named after a former SDSU President, The Hilton M. Briggs Library, the state’s largest, opened in 1977 and joined South Dakota’s statewide automated library network in 1988. Through the library, users can access holdings from all 10 of the state’s libraries, including official documents and more than 1 million other holdings at Briggs.

Adjacent to the campanile, Coolidge-Sylvan Theatre provides a restful, green haven for students since its dedication by President Calvin Coolidge in September 1927.

Over the years the outdoor amphitheater hosted concerts, graduations and inaugurations for university presidents.

Woodbine Cottage, the home of the university president, is a charming example of Queen Anne architecture. Built in 1887 by South Dakota Agricultural College’s second president, Dr. Lewis McLouth, the home is crowned by multiple rooflines. The house also served as a women’s dormitory, music hall and infirmary.
The Jackrabbits

Two theories exist as to how and why SDSU’s athletic teams became known as the “Jackrabbits”.

Most believe that the name “Jackrabbits” came from a story and cartoon sketch that appeared in a Minneapolis newspaper following a 1905 football game between the University of Minnesota and South Dakota State College. Many believe that a reporter for the newspaper, knowing of the preponderance of jackrabbits in the Brookings area, wrote that the SDSC team was as quick as jackrabbits. Many people believe that the school adopted the Jackrabbits as its official nickname from that beginning.

The other theory about the origin of the nickname came in The Jackrabbit, SDSU’s yearbook. A poem in the 1907 yearbook puts forth the idea that the yearbook is called The Jackrabbit because a group of juniors wished to immortalize themselves by changing the name of the yearbook. Athletic teams followed suit, adopting the nickname.

Prior to the adoption of the Jackrabbit nickname, fans knew the school athletic teams as the Barn Yard Cadets as SDSU was known as South Dakota State College of Agriculture and Mechanic Arts in 1907.

The Jackrabbit can run at speeds of 30-to-35 miles per hour, with bursts up to 45, making it the second-fastest animal in North America, second only to the pronghorn antelope, which can run at speeds up to 60 miles per hour.

Jackrabbits are, properly speaking, not rabbits but hares, with longer feet and longer ears than rabbits. Most hares live in open country, whereas rabbits - like cottontails - live in brushy habitats.

Jackrabbits can grow up to two feet long, weigh from six to nine pounds, with ears up to eight inches long. Hares are vegetarians, eating tender herbs in summer, and woody twigs and bark in the winter.

Brookings, South Dakota

Named after W.W. Brookings, who came to the area in 1857. That winter, his legs froze badly enough to force doctors to amputate them. Undaunted, Brookings stayed and eventually became president of the territorial council and a judge in the state supreme court. In honor of his support of railroad construction, and possibly because of his stalwart nature, South Dakota’s first locomotive was named “Judge Brookings.”

Situated at the intersection of U.S. Highway 14 and Interstate 29, about 20 miles west of the Minnesota border and 50 miles north of Sioux Falls, the Brookings community of about 18,500 people continues to grow. The community also houses several recognizable companies including Rainbow Play Systems, Minnesota Mining and Manufacturing (3M medical products), Larson Manufacturing (doors and windows), and Daktronics, a leading manufacturer of scoreboards and display systems.
Justin Sell
Athletic Director, South Dakota State University
Bowling Green, ‘91

Justin Sell, who served as an athletic administrator at the University of Northern Iowa for 10 years, became the 12th director of athletics at South Dakota State University on May 7, 2009.

“Justin brings a wide range of experiences from other Division I universities to South Dakota State,” President David L. Chicoine said in making the announcement. “He has a degree of familiarity with our athletic programs’ conference affiliations, and he demonstrates an appreciation for Jackrabbit athletics. Most importantly, he shares our common aspirations for the future success of our student-athletes and teams.”

At South Dakota State, Sell oversees the Jackrabbits’ 21-sport Division I varsity athletics program. Eighteen SDSU teams compete in The Summit League, while football competes in the Missouri Valley Football Conference of the Football Championship Subdivision and wrestling competes as a member of the Western Wrestling Conference. Women’s equestrian competes in Varsity Equestrian and the Intercollegiate Horse Show Association.

During his first year at SDSU, the Jackrabbits displayed success across the board, winning Summit League regular season titles in men’s cross country, women’s soccer and baseball and a conference tournament championship in women’s basketball. The football and women’s basketball teams made postseason NCAA Tournament appearances. Sell also implemented aggressive marketing and fundraising initiatives that resulted in record average attendance for football and the highest number of donors and dollars donated to the Jackrabbit Club and through corporate sponsorships.

In the years to come, Sell wants to continue reconnecting with former Jackrabbit student-athletes and enhancing the athletic facilities while still maintaining success on the field, court, track, in the pool and most importantly, in the classroom.

In the classroom, Jackrabbit student-athletes continue to excel as SDSU claimed The Summit League’s Institutional Academic Achievement Award for the 2009-10 academic year. In the spring of 2010, 67 percent of Jackrabbit student-athletes posted a grade-point average of 3.0 or higher. Sixteen of 19 teams - indoor and outdoor track are combined into one men’s and one women’s team - held cumulative team GPAs of 3.0 or higher. Following the 2010 spring semester, the over 450 Jackrabbit student-athletes combined to post a cumulative GPA of 3.19.

Born in Salem, Ore., and raised in Columbus, Ohio, Sell most recently served as senior associate athletic director at UNI since 2006. His primary duties at the Cedar Falls-based university included sport management, oversight of the athletic business office, facilities, game management, summer camps and human resources, while also assisting in fundraising and corporate sponsorships.

In his previous roles as an associate and assistant athletic director at UNI, Sell managed facility operations and the planning of capital projects, including the $26 million McLeod Center and the $7 million Human Performance Center. He also oversaw the UNI-Dome budget and oversaw the development generation team to enhance marketing, development and ticket income.

Aside from his duties at UNI, Sell played an active role in the community as president of the Cedar Valley Sports and Entertainment Commission, the driving force behind bringing several major concerts and sporting events to the Waterloo-Cedar Falls area, including the National Wrestling Coaches Association National Duals and several youth tournaments.

Prior to joining the staff at UNI, Sell worked four years at Villanova University (Pa.), where he served as an assistant director of athletic facilities and intramural director before being named director of ticket operations.

Sell earned his bachelor’s degree in sport management from Bowling Green State University (Ohio) in 1991 and completed a master’s degree in physical education/sport administration at The Ohio State University in 1992.

Sell and his wife, Jennie, live in Brookings with their four children: Abbie, Zach, Josh and Eric.

David Chicoine
President, South Dakota State University
South Dakota State University, ‘69

Dr. David L. Chicoine became the 19th president of South Dakota State University on January 1, 2007. He is the third alumnus to serve as president of the institution.

Dr. Chicoine has over 30 years of experience in higher education with the University of Illinois. He is a nationally-recognized economist, specializing in public finance, taxation, and rural economics. His higher education administrative experience includes service as Head of the Department of Agricultural Economics and Dean of the College of Agriculture, Consumer and Environmental Sciences, at the University of Illinois at Urbana-Champaign. Serving most recently as Vice President for Technology and Economic Development for the University of Illinois system and interim Vice President for Academic Affairs, Chicoine started his career as an Extension economist and specialist with the University of Illinois Cooperative Extension Service.

As vice president at the University of Illinois, he restructured the university’s technology licensing offices, reaching new milestones each year; launched the university’s early stage capital and business development services company, IllinoisVENTURES, LLC, that supported start-up projects, securing special state and university funding for operations and pre-seed investing and facilitated the creation of the $26.5 million early stage Illinois Emerging Technologies Fund; and he oversaw the expansion of research parks and incubators at the university’s Urbana-Champaign and Chicago campuses.

As dean, he transitioned the College of Agriculture, Consumer and Environmental Sciences (ACES) from 14 administrative units to seven academic departments and the Information Technology unit; completed a capital campaign for ACES surpassing the final goal of $115 million by raising $134 million in private gifts; grew the ACES endowment to $60 million; established $15 million in annual private gift support, funding endowed positions, scholarships and fellowships, and program support for teaching, research, and Extension; and he oversaw the completion of the $22 million ACES Library, Information and Alumni Center where $11 million was from gifts from ACES alumni and friends.

He has co-authored four books, 12 book chapters and more than 100 invited and/or peer reviewed academic journal articles. Dr. Chicoine served as an advisor to the Illinois General Assembly on tax issues, farmland property tax assessments, public finance and rural economic issues. He served as a member of the Illinois Governor’s Council of Economic Advisors, and was a member of the board of the Illinois State Treasurer’s Technology Development Fund. He currently is a tenured faculty member in the SDSU Department of Economics, where he has been recognized as a Distinguished Alumnus.

Chicoine served as the faculty representative to the Big Ten Conference and the National Collegiate Athletics Association (NCAA) for the University of Illinois at Urbana-Champaign. He served as chair of the Budget and Finance Committee for the Big Ten Conference for nine of his eleven year term.

Dr. Chicoine is a graduate of SDSU with a Bachelor of Science in agribusiness in 1969, and the University of Delaware where he received an Master of Science in agricultural economics in 1971. In 1978 he received a Master of Arts in economics from Western Illinois University, and in 1979 he completed his doctorate in agricultural economics at the University of Illinois at Urbana-Champaign.
Leon Costello  
**Senior Associate Athletic Director-External, South Dakota State University**  
Loras College, ’98

Leon Costello brought his comprehensive background in athletic marketing and administration from the University of Northern Iowa to the South Dakota State athletic staff in March 2010 as the senior associate athletic director for external affairs.

Costello worked in a variety of roles for the Northern Iowa Athletic Department the past eight years, most recently serving as the associate athletic director for external relations since July 2008. In that position, Costello oversaw the marketing efforts for the Panther athletic program, directed the Panther Scholarship Club and supervised the men’s and women’s golf programs. During his tenure, Costello assisted in negotiating a 10-year agreement with Learfield Sports to provide additional marketing resources.

From 2005-08 Costello served as the assistant athletic director for marketing and promotions, where he assisted with the fundraising efforts of the McLeod Center capital project and coordinated all aspects for the athletic sales and marketing plan, including managing the Northern Iowa Sports Radio Network. Under his direction, UNI also secured two separate cable television agreements and saw a 700 percent increase in membership of the official student athletic group.

A native of Fairbank, Iowa, Costello graduated from Loras College with a bachelor’s degree in physical education and sport science in 1998. While at Loras, he also played for the Duhawk men’s basketball team.

After working in sales in the private sector for two years, Costello enrolled in graduate school at Western Illinois University. While completing his master’s degree in sport management in 2002, Costello served an internship in marketing and game operations with the Boston Celtics. In the fall of 2002, Northern Iowa hired him as its athletic marketing and promotions assistant, where he worked for a year before earning a promotion to director of athletic marketing and promotions in January 2003.

Leon and his wife Heather live in Brookings with their daughter Cailin.

Kathy Heylens  
**Associate Athletic Director-Compliance/SWA, South Dakota State University**

**Kathy Heylens** came to South Dakota State in July 1984 as a member of the staff in the admissions office before moving to athletics two years later as a senior secretary.

Heylens became the institution’s first full-time Compliance Coordinator in 1990 and continues those duties as the associate athletic director for compliance and senior woman administrator.

Heylens manages all aspects of the athletics compliance program to ensure strict adherence with NCAA, affiliated conferences and university rules and regulations for amateurism, eligibility, recruiting, financial aid, awards and benefits, playing and practice seasons and enforcement.

Heylens recently accepted an appointment of a four-year term on the NCAA Division I Legislative Council, which serves as the primary legislative body in the Division I governance structure. She also accepted an appointment to the four-member Legislative Council Administrative Committee, which acts on behalf of the full Legislative Council between meetings to transact routine items of business. She also serves on the NCAA Division I Football Championship Subdivision Governance Committee.

In addition to her day-to-day duties, Heylens serves on the Undergraduate Experience Committee, Diversity Committee, Intercollegiate Athletics Board and Compliance Team.

A Watertown, S.D., native, Kathy and her husband, Bill, live in Volga, S.D. and have two grown children.

Rob Peterson  
**Senior Associate Athletic Director-Internal, South Dakota State University**  
Northern Michigan, ’92

Rob Peterson joined the South Dakota State University in April 2000, as an assistant athletic director for internal operations. Now the Jackrabbits senior associate athletic director for internal affairs, Peterson supervises the Jackrabbit athletic department internal operations, with a primary focus on the day-to-day operations of the department.

Peterson also serves as sports supervisor for football, equestrian, baseball, swimming/diving and track/cross country.

Prior to his time at SDSU staff, Peterson served as the coordinator of athletic facilities, events & projects for Fresno State University from 1997-2000. In this position, Peterson supervised seven athletic venues and the game operations for 10 sports.

Peterson’s collegiate education includes completion of an HVAC certificate program at Northern Michigan in 1981, a Bachelor of Science in physical education & health at NMU in 1992 and a Masters of Arts in Sports Administration from Central Michigan University in 1995. He also completed a collegiate marketing internship with NMU athletics and a professional sports operations internship with the Green Bay Packers, both in 1993.

A Marquette, Mich., native, Peterson lives in Brookings with his two chocolate labs, Tucker and Bailey. His primary interests include college football, baseball, softball and ice hockey. Rob also enjoys reading, especially on the topics of professional leadership and history.
South Dakota State Track and Field

South Dakota State University

**Majors**
- Advertising
- Agricultural and Biosystems Engineering (ABE)
- Agricultural and Resource Economics (AGEC)
- Agricultural Business
- Agricultural Education, Communication and Leadership
- Agricultural Systems Technology (AST)
- Agronomy
- Animal Science (AS)
- Apparel Merchandising (AM)
- Architecture (ARCH)
- Art (ART)
- Athletic Training (AT)
- Aviation (AVIA)
- Biochemistry
- Biology (BIOL)
- Biotechnology
- Business Area Studies
- Career and Technical Education (CTE)
- Chemistry (CHEM)
- Civil Engineering (CEE)
- Computer Science (CSC)
- Construction Management (CM)
- Consumer Affairs (CA)
- Counseling and Human Resources Development (CHRHD)
- Dairy Manufacturing (DS)
- Dairy Production (DS)
- Dietetics
- Early Childhood Education
- Ecology and Environmental Science
- Economics (ECON) and Business Specialization
- Electrical Engineering (EE)
- Electronics Engineering Technology (EET)
- Engineering Physics
- English (ENGL)
- Entrepreneurial Studies (ENTR)
- Exercise Science
- Family and Consumer Sciences Education (FCS)
- French Studies (FREN)
- General Agriculture
- General Studies
- Geographic Information Sciences (GIS)
- Geography (GEOG)
- German (GER)
- Global Studies (GLST)
- Graphic Design (ART)
- Health, Physical Education, and Recreation (HPER)
- History (HIST)
- Honors College (HON)
- Hospitality Management (HMTG)
- Human Development and Family Studies (HDFS)
- Industrial Management (IM)
- Interdisciplinary Studies
- Interior Design (ID)
- Journalism (MCOM)
- Manufacturing Engineering Technology (MNET)
- Mathematics (MATH)
- Mechanical Engineering (ME)
- Medical Laboratory Science (MLS)
- Microbiology (MICR)
- Music (MUS)
- Music Education
- Music Merchandising
- Nursing (NURS)
- Nutrition and Food Science (NFS)
- Park and Recreation Management (PRM)
- Pharmacy (PHA)
- Physics (PHYS)
- Political Science (POL)
- Psychology (PSYC)
- Range Science (RANG)
- Sociology (SOCI)
- Spanish (SPAN)
- Speech Communication
- Studio Arts (ART)
- Theatre
- Wildlife and Fisheries Sciences (WL)

**Minors**
- Accounting (ACC)
- Advertising
- Aerospace Studies (AIR)
- Agricultural Business
- Agricultural Marketing
- Agronomy
- American Indian Studies
- Animal Science (AS)
- Applied Information Technology (AIT)
- Art (ART)
- Aviation (AVIA)
- Biology (BIOL)
- Biotechnology
- Botany (BOT)
- Business
- Chemistry (CHEM)
- Communication Studies and Theatre (CST)
- Computer Science (CSC)
- Criminal Justice (CJ)
- Dance
- Economics (ECON)
- English (ENGL)
- Entrepreneurial Studies (ENTR)
- Equine Studies
- Food Safety
- French Studies (FREN)
- Geographic Information Sciences (GIS)
- Geography (GEOG)
- German (GER)
- Gerontology (GERO)
- Global Studies (GLST)
- Health Education (HED)
- Health Sciences (HS)
- History (HIST)
- Human Development and Family Studies (HDFS)
- Informatics
- Interior Design (ID)
- Journalism (MCOM)
- Leadership (LEAD)
- Leadership and Management of Nonprofit Organizations (LMNO)
- Marketing
- Mathematics (MATH)
- Microbiology (MICR)
- Military Science (MIL)
- Music (MUS)
- Nuclear Engineering (NE)
- Nutrition (NS)
- Peace and Conflict Studies
- Pest Management
- Philosophy (PHIL)
- Physical Education (PE)
- Physics (PHYS)
- Political Science (POL)
- Professional Writing
- Psychology (PSYC)
- Range Science (RANG)
- Recreation Administration

**Other**
- Education Curriculum for Teachers of Academic Subjects
- Engineering Mechanics

**Pre-Professional Programs**
- (Pre-) Chiropractic
- (Pre-) Dental
- (Pre-) Law
- (Pre-) Medicine
- (Pre-) Ministerial
- (Pre-) Mortuary
- (Pre-) Occupational Therapy
- (Pre-) Optometry
- (Pre-) Physical Therapy
- (Pre-) Physician Assistant
- (Pre-) Veterinary Science (VET)

**Specialization**
- Genetics

**Other Programs**
- General Studies (Associate of Arts)
- Natural Resource Studies

**Certificate Programs**
- Animation Certificate
- Ceramics Certificate
- Entrepreneurship Certificate
- Geographic Information Sciences Certificate
- History of Modern and Contemporary Art Certificate
- Painting Certificate
- Printmaking Certificate
- Sculpture Certificate

**Certifications**
- Athletic Coaching
- Soil Science
- Teacher Education

**Endorsement**
- Early Childhood Education Kindergarten Education
- Early Childhood Special Education

For more information about South Dakota State University academic programs, call the Admissions Office at:

1-800-952-3541
or
(605) 688-6891

Admissions E-mail: SDSU.Admissions@sdstate.edu
SOUTH DAKOTA STATE
TRACK AND FIELD
MEN'S ROSTER

Ryan Ackman
Grove City, Minn.

Jared Allts
Yankton, S.D.

Brad Anderson
Yankton, S.D.

Dillon Bales
Escondido, Calif.

Andrew Banken
La Crosse, Wisconsin

Greg Beesley
Brandon, S.D.

Mike Breeden
Grave City, Minn.

Jake Brinkmann
Plato, Minn.

Brian Brochman
Stillwater, Minn.

Evan Bunkers
Brookings, S.D.

Calvin Cammack
Shurgio, S.D.

Justin Carson
Brookings, S.D.

Austin Colombe
Mission, S.D.

Gavin Cordell
Spearfish, S.D.

Chris Curry
Dell Rapids, S.D.

Arran Davis
Winona, Minn.

Matt Dunbar
Dell Rapids, S.D.

Jared Foote
Custer, S.D.

Kody Fossum
Fort Collins, Colo.

Dustin Gibbons
Brookings, S.D.

Kelly Hall
Sioux Falls, S.D.

Ryan Jorgenson
Brookings, S.D.

Drew Kraft
Wessington Springs, S.D.

Michael Krsnak
Rapid City, S.D.

Luke Leischner
Tripp, S.D.

Trent Lusignan
Shakopee, Minn.

Cullen Mack
Watertown, S.D.

Lars Mattison
Verona, Wis.

Bennett Mercil
Dilworth, Minn.

Evan Mingeart
Boise, Idaho

Brandon Priebe
Chamberlain, S.D.

Paul Przybelski
Aurora, S.D.

Jake Sanderson
Aurora, S.D.

Ryan Schaefer
Brookings, S.D.

Kyle Schmidt
Hutchinson, Minn.

Jake Schneller
Canton, S.D.

Eddie Stenger
Frazee, Minn.

Dominic Thielken
Sioux Falls, S.D.

Andrew Thies
Arlington, Minn.

Nathan VanMaanen
Watertown, S.D.

Jared Vlastuin
LeMars, S.D.

Greg Vollmer
Rapid City, S.D.

Julian Wagner
Fort Worth, Texas

Levi Winkels
Watertown, S.D.
SOUTH DAKOTA STATE
TRACK AND FIELD

RING THE BELL!

Mary Wirth

Shelby Assmus

Michael Krsnak

Lora Shearer

Jake Schneller

Luke Litzschner

Mar. 23-24
Missouri Relays

Mar. 31
Arkansas Spring Invite

Apr. 6
USD Duals

Apr. 12-14
Jim Duncan Invite

Apr. 19-20
Mt. Sac Relays

Apr. 20-21
Doane College Relays

Apr. 21
Long Beach State Invitational

Apr. 26-28
Drake Relays

May 4-5
USF Relays

May 5
NDSU Open

May 10-12
Summit League Championships

May 24-26
NCAA First Round

June 7-9
NCAA Championships