2012-13 South Dakota State Track and Field Media Guide

South Dakota State University

Follow this and additional works at: https://openprairie.sdstate.edu/track_field-guides
South Dakota State Track and Field

Quick Facts / Table of Contents

South Dakota State University

Location ............................................Brookings, S.D.
Founded/Enrollment .................1881 (12,725)
Affiliation ....................................NCAA Division I
Nickname ....................................Jackrabbits
Colors ............................................Yellow and Blue
Conference ....................................The Summit League
Fort Wayne, IUPUI, Kansas City, Nebraska-Omaha, North Dakota State, Oakland, South Dakota, South Dakota State Western Illinois
President .................................Dr. David Chicoine
Athletics Director .........................Justin Sell
Head/Assistant .........................Owen Stanley
Associate AD Compliance ............Kathy Heylens
Compliance Phone ..........(605) 688-5308
Equipment Manager ..............Tim DeWitt
Equipment Phone ..........(605) 688-5722
Athletic Secretary ............Diane Rieken
Athletics Phone ..........(605) 688-5625
Athletics Fax ................(605) 688-5999

Sports Information
Graduate Assistant/TA SID ..........Will Rottler
Office .............................................(605) 688-4952
Cell ..............................................(763) 670-4259
E-mail .............................................William.Rottler@sdstate.edu
SID Fax ..............................................(605) 688-5999
Web ................................................Galads.com
Twitter ...........................................Twitter.com/SDSU_Jacks
Facebook ........................................Facebook.com/SDSU.Jackrabbit.Nation

Mailing Address
Sports Information Office
Stanley J. Marshall HPER Center
Box 2820
Brookings, SD 57007-1497

Team Information
2011 Summit League indoor finish (men) ........5th
2011 Summit League indoor finish (women) ....4th
2011 Summit League outdoor finish (men) .......4th
2011 Summit League outdoor finish (women) .....3rd
2011 NCAA Outdoor West Regional qualifiers ......five
2011 NCAA Outdoor Championships qualifiers ......one
Returning indoor all-league selections ..........women (four) men (four)
Returning outdoor all-league selections ..........women (six) men (two)

Coaching Staff
Head Coach .................................Rod DeHaven
Seasons at SDSU .........................ninth season
Alma mater ................................South Dakota State
Office .............................................(605) 688-5994
E-mail .............................................Rod.DeHaven@sdstate.edu
Assistant Coach .........................Tyg Long
Seasons at SDSU .........................fourth season
Alma mater ................................Black Hills State ’08
Phone ..............................................(605) 688-6892
E-mail .............................................Tyg.Long@sdstate.edu
Assistant Coach .........................Lyndon McDowell
Seasons at SDSU .........................fourth season
Alma mater ................................Minnesota ’02
Phone ..............................................(605) 688-6620
E-mail .............................................Lyndon.McDowell@sdstate.edu
Assistant Coach .........................David St. John
Seasons at SDSU .........................fifth season
Alma mater ................................Arkansas State
Phone ..............................................(605) 688-5848
E-mail .............................................David.StJohn@sdstate.edu
Graduate Assistant .........................Jackie Spelts

1-3 2012-13 Season Preview
1 Table of Contents - SDSU Track and Field Quick Facts
2-3 2012-13 Rosters, Season Preview and Schedule

4-9 Jackrabbit Coaching Staff
5 Head Coach Rod DeHaven
6 Assistant Coaches David St. John, Lyndon McDowell
7 Assistant Coaches T yg Long, Graduate Assistant Jackie Spelts
8 Strength and Conditioning
9 Sports Medicine

10-22 2013 Jackrabbits
11 Men: Ryan Ackman – Brian Brochman
12 Men: Stephan Bruha – Cory Greenway
13 Men: Tyler Hajek – Trent Lisigian
14 Men: Cullen Mack – Dylan Slaba
15 Men: Andrew Thies – Levi Winkels
17 Women: Kirsten Anderson – Carly Carper
18 Women: Krista Creager – Rachel Hagberg
19 Women: Marissa Hagedon – Laura Lawton
20 Women: Amy LeFermer – Amy Paulzine
21 Women: Brooke Peterson - Ashley Wanger
22 Women: Andrea Weeder – Rochelle Wynia

23-25 Season Reviews
24 2011-12 Track and Field Season Review
25 2012 Cross Country Season Review

26-34 Jackrabbit Track and Field History
27 Men’s Indoor History
28 Men’s Outdoor History
29 Women’s Indoor History
30 Women’s Outdoor History
31 Men’s Indoor-Top Five
32 Men’s Outdoor-Top Five
33 Women’s Indoor-Top Five
34 Women’s Outdoor Top-Five

35-37 The Indoor Practice Facility
35-37 The Indoor Practice Facility

38-40 The Summit League
38-39 The Summit League
40 The Summit League Olympians

41-48 Welcome to South Dakota State University
41 Media Information
42-45 South Dakota State University
46-47 SDSU Administration
48 SDSU Majors and Minors

The South Dakota State University Print Lab produced the 2012-13 SDSU Track and Field Media Guide. Edited and designed by Will Rottler, assisted by Jacob Dryer, Jason Hove, and Ryan Sweeter, at a cost of $7.58 per copy and printed on recycled paper. Photos credited to Stephen Brua, SDSU Sports Information, Eric Landwehr, Tim Potts and SDSU Relations. Cover design by Old Hat Creative.
Women's Roster

<table>
<thead>
<tr>
<th>Name</th>
<th>Event</th>
<th>In-Yr.</th>
<th>Out-Yr.</th>
<th>Hometown (High School/Previous school)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Laura Bauer</td>
<td>DI Sr.</td>
<td>Jr. Sr.</td>
<td>Sioux Falls, S.D. (Roosevelt)</td>
<td></td>
</tr>
<tr>
<td>Leah Bolon</td>
<td>DI So.</td>
<td>So.</td>
<td>Sioux Falls, S.D. (Roosevelt)</td>
<td></td>
</tr>
<tr>
<td>Katie Boote</td>
<td>DI Jr.</td>
<td>Jr.</td>
<td>Canton, S.D. (Canton)</td>
<td></td>
</tr>
<tr>
<td>Cheyannie Bowers</td>
<td>DI Fr.</td>
<td>Fr.</td>
<td>S. James, Minn. (S. James)</td>
<td></td>
</tr>
<tr>
<td>Megan Bren</td>
<td>SP Sr.</td>
<td>Sr.</td>
<td>Sioux Falls, S.D. (Roosevelt)</td>
<td></td>
</tr>
<tr>
<td>Tia Carlson</td>
<td>MD Fr.</td>
<td>Fr.</td>
<td>Kadoka, S.D. (Kadoka)</td>
<td></td>
</tr>
<tr>
<td>Carly Carper</td>
<td>SP Fr.</td>
<td>Fr.</td>
<td>Rutland, S.D. (Rutland)</td>
<td></td>
</tr>
<tr>
<td>Krista Creager</td>
<td>DI Sr.</td>
<td>Sr.</td>
<td>Yankton, S.D. (Yankton)</td>
<td></td>
</tr>
<tr>
<td>Abby Davis</td>
<td>SP Fr.</td>
<td>Fr.</td>
<td>Watertown, S.D. (Watertown)</td>
<td></td>
</tr>
<tr>
<td>Jessica Elbs</td>
<td>MD Fr.</td>
<td>Fr.</td>
<td>Arlington, Minn. (Arlington)</td>
<td></td>
</tr>
<tr>
<td>Becca Fischer</td>
<td>TH Jr.</td>
<td>Jr.</td>
<td>Sheldon, Iowa (Sheldon)</td>
<td></td>
</tr>
<tr>
<td>Lori Feltz</td>
<td>SP Fr.</td>
<td>Fr.</td>
<td>Watertown, S.D. (Watertown)</td>
<td></td>
</tr>
<tr>
<td>Gina Fritz</td>
<td>SP So.</td>
<td>So.</td>
<td>Colman, S.D. (Colman)</td>
<td></td>
</tr>
<tr>
<td>Brooke Garner</td>
<td>TH Sr.</td>
<td>Sr.</td>
<td>Rapid City, S.D. (Rapid City)</td>
<td></td>
</tr>
<tr>
<td>Jenna Grossenburger</td>
<td>MD So.</td>
<td>So.</td>
<td>Clark, S.D. (Clark)</td>
<td></td>
</tr>
<tr>
<td>Rachel Hagberg</td>
<td>SP Sr.</td>
<td>Sr.</td>
<td>Franklin, S.D. (Franklin)</td>
<td></td>
</tr>
<tr>
<td>Marissia Hagendorp</td>
<td>ME Fr.</td>
<td>Fr.</td>
<td>Blue Earth, Minn. (Blue Earth)</td>
<td></td>
</tr>
<tr>
<td>Errin Hargens</td>
<td>DI Jr.</td>
<td>Jr.</td>
<td>Sioux Falls, S.D. (Roosevelt)</td>
<td></td>
</tr>
<tr>
<td>Megan Hurlbert</td>
<td>SP Fr.</td>
<td>Fr.</td>
<td>Watertown, S.D. (Watertown)</td>
<td></td>
</tr>
<tr>
<td>Kae Januschin</td>
<td>TH So.</td>
<td>So.</td>
<td>Sioux Falls, S.D. (O'Gorman)</td>
<td></td>
</tr>
<tr>
<td>McKenzie Johnson</td>
<td>TH So.</td>
<td>So.</td>
<td>Rapid City, S.D. (Central)</td>
<td></td>
</tr>
<tr>
<td>Melissa Knebelkneck</td>
<td>MD Fr.</td>
<td>Fr.</td>
<td>Brookings, S.D. (Brookings)</td>
<td></td>
</tr>
<tr>
<td>Kari Konkol</td>
<td>MD Fr.</td>
<td>Fr.</td>
<td>Custer, S.D. (Custer)</td>
<td></td>
</tr>
<tr>
<td>Lisa Kroghstad</td>
<td>SP So.</td>
<td>So.</td>
<td>Spearfish, S.D. (Spearfish)</td>
<td></td>
</tr>
<tr>
<td>Meghan Lambert</td>
<td>JU So.</td>
<td>So.</td>
<td>Sioux Falls, S.D. (Lincoln)</td>
<td></td>
</tr>
<tr>
<td>Laura Lawton</td>
<td>MD So.</td>
<td>So.</td>
<td>Eden Prairie, Minn. (Eden Prairie)</td>
<td></td>
</tr>
<tr>
<td>Jessica McDonald</td>
<td>SP So.</td>
<td>So.</td>
<td>Hill City, S.D. (Hill City)</td>
<td></td>
</tr>
<tr>
<td>Bobbie McLaury</td>
<td>MD So.</td>
<td>So.</td>
<td>Elk Point, S.D. (Elk Point)</td>
<td></td>
</tr>
<tr>
<td>Erica Meyer</td>
<td>MD Fr.</td>
<td>Fr.</td>
<td>Roosevelt, S.D. (Roosevelt)</td>
<td></td>
</tr>
<tr>
<td>Courtney Neubert</td>
<td>DI Fr.</td>
<td>Fr.</td>
<td>Aberdeen, S.D. (Central)</td>
<td></td>
</tr>
<tr>
<td>Erin Nolt</td>
<td>MD Fr.</td>
<td>Fr.</td>
<td>Garretson, S.D. (Garretson)</td>
<td></td>
</tr>
<tr>
<td>Jessie Oakland</td>
<td>JU Jr.</td>
<td>Jr.</td>
<td>Bristol, S.D. (Bristol)</td>
<td></td>
</tr>
<tr>
<td>Kali Olson</td>
<td>JU Jr.</td>
<td>Jr.</td>
<td>Monticello, Minn. (Monticello)</td>
<td></td>
</tr>
<tr>
<td>Amy Pauline</td>
<td>TH Jr.</td>
<td>Jr.</td>
<td>Foul, Minn. (Foul)</td>
<td></td>
</tr>
<tr>
<td>Brooke Peterson</td>
<td>MD So.</td>
<td>So.</td>
<td>Hillchuck, S.D. (Hillchuck)</td>
<td></td>
</tr>
<tr>
<td>Tena Potts</td>
<td>DI Sr.</td>
<td>Sr.</td>
<td>Sturgis, S.D. (Sturgis)</td>
<td></td>
</tr>
<tr>
<td>Bobbie Sedmajer</td>
<td>DI So.</td>
<td>So.</td>
<td>Grand Forks, N.D. (Grand Forks)</td>
<td></td>
</tr>
<tr>
<td>Holly Sheets</td>
<td>DI So.</td>
<td>So.</td>
<td>Montrose, S.D. (Montrose)</td>
<td></td>
</tr>
<tr>
<td>Jenna Stephens</td>
<td>JU So.</td>
<td>So.</td>
<td>Sioux Falls, S.D. (Lincoln)</td>
<td></td>
</tr>
<tr>
<td>Alexandria Suhr</td>
<td>DI So.</td>
<td>So.</td>
<td>Montrose, S.D. (Montrose)</td>
<td></td>
</tr>
<tr>
<td>Trisha Sumpson</td>
<td>TH So.</td>
<td>So.</td>
<td>Pipestone, Minn. (Pipestone)</td>
<td></td>
</tr>
<tr>
<td>Megan Vland</td>
<td>SP So.</td>
<td>So.</td>
<td>Pipestone, Minn. (Pipestone)</td>
<td></td>
</tr>
<tr>
<td>Ashley Wagner</td>
<td>JU Jr.</td>
<td>Jr.</td>
<td>Montrose, S.D. (Montrose)</td>
<td></td>
</tr>
<tr>
<td>Andrea Weeder</td>
<td>DI Fr.</td>
<td>Fr.</td>
<td>Lindsay, Neb. (Lindsay)</td>
<td></td>
</tr>
<tr>
<td>Chandra Welbon</td>
<td>DI So.</td>
<td>So.</td>
<td>Red Oak, Iowa (Red Oak)</td>
<td></td>
</tr>
<tr>
<td>Mary Wirth</td>
<td>JU Jr.</td>
<td>Jr.</td>
<td>Sioux Falls, S.D. (Lincoln)</td>
<td></td>
</tr>
<tr>
<td>Laura Wolles</td>
<td>DI Jr.</td>
<td>Jr.</td>
<td>Colton, S.D. (Colton)</td>
<td></td>
</tr>
<tr>
<td>Rochelle Wynja</td>
<td>DI Fr.</td>
<td>Fr.</td>
<td>Platte, S.D. (Platte)</td>
<td></td>
</tr>
</tbody>
</table>

Men's Roster

<table>
<thead>
<tr>
<th>Name</th>
<th>Event</th>
<th>In-Yr.</th>
<th>Out-Yr.</th>
<th>Hometown (High School/Previous school)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Phillip LaVallee</td>
<td>MD Fr.</td>
<td>Fr.</td>
<td>Monticello, Minn. (Monticello)</td>
<td></td>
</tr>
<tr>
<td>Trent Lunisgnan</td>
<td>DI So.</td>
<td>So.</td>
<td>Shakopee, Minn. (Shakopee)</td>
<td></td>
</tr>
<tr>
<td>Luke Leischen</td>
<td>SP Sr.</td>
<td>Sr.</td>
<td>Tripp, S.D. (Tripp)</td>
<td></td>
</tr>
<tr>
<td>Cullen Mack</td>
<td>TH So.</td>
<td>So.</td>
<td>Watertown, S.D. (Watertown)</td>
<td></td>
</tr>
<tr>
<td>Tim Mandel</td>
<td>ME So.</td>
<td>So.</td>
<td>Elk Point, S.D. (Elk Point)</td>
<td></td>
</tr>
<tr>
<td>Dan Mitchell</td>
<td>JU Fr.</td>
<td>Fr.</td>
<td>Wayland, S.D. (Wayland)</td>
<td></td>
</tr>
<tr>
<td>Jensen Orlow</td>
<td>DI Fr.</td>
<td>Fr.</td>
<td>Jordan, Minn. (Jordan)</td>
<td></td>
</tr>
<tr>
<td>Trenton Priebe</td>
<td>HU Fr.</td>
<td>Fr.</td>
<td>Chamberlain, S.D. (Chamberlain)</td>
<td></td>
</tr>
<tr>
<td>Joel Reichow</td>
<td>DI Fr.</td>
<td>Fr.</td>
<td>White Bear Lake, Minn. (White Bear Lake)</td>
<td></td>
</tr>
<tr>
<td>Jake Sanderson</td>
<td>JU Jr.</td>
<td>Jr.</td>
<td>Aurora, S.D. (Aurora)</td>
<td></td>
</tr>
<tr>
<td>Nathaniel Schaefer</td>
<td>PV Fr.</td>
<td>Fr.</td>
<td>Brookings, S.D. (Brookings)</td>
<td></td>
</tr>
<tr>
<td>Dylan Slaba</td>
<td>MD Fr.</td>
<td>Fr.</td>
<td>Sioux Falls, S.D. (Roosevelt)</td>
<td></td>
</tr>
<tr>
<td>Andrew Thies</td>
<td>JU So.</td>
<td>So.</td>
<td>Lincoln, Minn. (Lincoln)</td>
<td></td>
</tr>
<tr>
<td>Grant Vanneken</td>
<td>DI Fr.</td>
<td>Fr.</td>
<td>Marshall, Minn. (Marshall)</td>
<td></td>
</tr>
<tr>
<td>Levi Winkels</td>
<td>SP So.</td>
<td>So.</td>
<td>Watertown, S.D. (Watertown)</td>
<td></td>
</tr>
</tbody>
</table>

Track and Field Coaching Staff

- Head Coach Rod DeHaven: Ninth season
- Asst. Coach Lyndon McDowell: Fourth season
- Asst. Coach David St. John: Fifth season
- Grad. Asst. Jackie Speels: Second season

- Total Staff: 10
- Total Coaching Staff: 5
- Total Assistant Coaches: 6
- Total Grad. Asst.: 1

---

South Dakota State Track and Field 2012-13 Media Guide
South Dakota State Track and Field

Season Preview

Indoor Season Preview

The South Dakota State University men’s and women’s track and field teams will be looking to improve from their finishes last season. In the annual preseason poll the men were picked for a third place finish this year; while the women were also picked to finish third.

The Jackrabbits lose a handful of talented seniors, but return a lot of talented athletes as well. SDSU will be returning four women and four men indoor All-League selections.

The men that are returning are Justin Carson, Jared Foote, Michael Krsnak and Luke Leischner. Leischner was named to the All-League team in 2010, he redshirted both seasons last year.

Leischner will be looking to break his record in the 200 meters, which he set in 2011. Foote and Krsnak are the only two returning members of the distance medley team that finished first at the Summit League Indoor Championships.

The women that are returning for the Jackrabbits are: Brooke Garner, McKenzie Johnson, Kali Olson and Mary Wirth. During the indoor season Wirth won three events in the indoor high jump, including tying the school record at 5 feet, 9.75 inches set at the 2012 Summit League Indoor Championships.

SDSU will begin their indoor season at the NDSU Holiday Open in Fargo, N.D. on December 8th. The Jacks will not have to travel far for The Summit League Championships, as the University of South Dakota will host them on February 24.

Overall the Jackrabbits will compete in ten meets before The 2012 Summit League Indoor Championships.

Outdoor Season Preview

The Jackrabbit men’s and women’s track and field teams will be carrying the momentum from their indoor season into their outdoor season. Last year during the outdoor season the men finished fifth, while the women finished fourth.

Jared Ailts is the only male athlete returning that was named All-Summit League last season. Last year Ailts finished third in the 1500 meters race at the 2012 Summit League Outdoor Championships.

The women will be returning six athletes that were named to the All-Summit League team last year.

Megan Bren, Gina Fritz, Garner, Ashley Odegaard, Amy Paulzine and Wirth will all be back and will look to continue their success this season.

Last year Wirth won the high jump event at the Summit League Outdoor Championships with a height of 1.74m.

During the outdoor season last year, Garner set the school record with a distance of 197 feet and 9 inches.

Both Bren and Fritz set top-five times in the 200m, Bren recorded a time of 24.35 and Fritz clocked in at 24.61. Bren currently ranks fourth and Fritz is in fifth.

The outdoor season will feature ten meets before the annual Summit League Championships in Indianapolis, Ind., which will take place from May 9th to the 11th.

The NCAA First Round competition is slated for May 23rd to May 25th in Austin, Texas. The NCAA Championships will be held in Eugene, Ore. from June 5th to the 8th.

2012-13 Indoor Schedule

<table>
<thead>
<tr>
<th>Date</th>
<th>Opponent</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>Dec. 8</td>
<td>Mankato Preseason Open</td>
<td>Mankato, Minn.</td>
</tr>
<tr>
<td>Jan. 12</td>
<td>NDSU Invite</td>
<td>Fargo, N.D.</td>
</tr>
<tr>
<td>Jan. 19</td>
<td>Jack Johnson Invite</td>
<td>Minneapolis, Minn.</td>
</tr>
<tr>
<td>Jan. 26</td>
<td>Bill Bergan Invite</td>
<td>Ames, Iowa</td>
</tr>
<tr>
<td>Feb. 2</td>
<td>Bison Open</td>
<td>Fargo, N.D.</td>
</tr>
<tr>
<td>Feb. 8-9</td>
<td>ISU Classic</td>
<td>Ames, Iowa</td>
</tr>
<tr>
<td>Feb. 15</td>
<td>South Dakota Twilight</td>
<td>Vermillion, S.D.</td>
</tr>
<tr>
<td>Feb. 15</td>
<td>Nebraska Tune Up</td>
<td>Lincoln, Neb.</td>
</tr>
<tr>
<td>Feb. 24-25</td>
<td>Summit League Championships</td>
<td>Vermillion, S.D.</td>
</tr>
</tbody>
</table>

Note: Schedule subject to change

2013 Outdoor Schedule

<table>
<thead>
<tr>
<th>Date</th>
<th>Opponent</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>March 22-23</td>
<td>Missouri Relays</td>
<td>Columbia, Mo.</td>
</tr>
<tr>
<td>March 30</td>
<td>Wayne State Sunshine Meet</td>
<td>Wayne, Neb.</td>
</tr>
<tr>
<td>April 6</td>
<td>SDSU/USD Duals</td>
<td>Brookings, S.D.</td>
</tr>
<tr>
<td>April 12-13</td>
<td>Sioux City Relays</td>
<td>Sioux City, Iowa</td>
</tr>
<tr>
<td>April 13</td>
<td>Nebraska Quad</td>
<td>Lincoln, Neb.</td>
</tr>
<tr>
<td>April 17-20</td>
<td>Kansas Relays</td>
<td>Lawrence, Kan.</td>
</tr>
<tr>
<td>April 18-19</td>
<td>Mt. Sac Relays/Brian Clay Invite</td>
<td>Walnut, Calif.</td>
</tr>
<tr>
<td>April 20</td>
<td>Long Beach State Invite</td>
<td>Long Beach, Calif.</td>
</tr>
<tr>
<td>April 25-27</td>
<td>Drake Relays</td>
<td>Des Moines, Iowa</td>
</tr>
<tr>
<td>May 3-4</td>
<td>Howard Wood Relays</td>
<td>Sioux Falls, S.D.</td>
</tr>
<tr>
<td>May 9-11</td>
<td>Summit League Championships</td>
<td>Indianapolis, Ind.</td>
</tr>
<tr>
<td>May 23-25</td>
<td>NCAA First Round</td>
<td>Austin, Texas</td>
</tr>
<tr>
<td>June 5-8</td>
<td>NCAA Championships</td>
<td>Eugene, Ore.</td>
</tr>
</tbody>
</table>

After redshirting last year, Luke Leischner will be back to compete for the Jacks.
Coaching Staff
Rod DeHaven enters his ninth year as the head cross country coach and director of track and field where he trains the distance runners for the men’s and women’s teams at South Dakota State University.

DeHaven was hired in the fall of 2004 and in his seventh years at the helm of the track and field program, the Jackrabbits have enjoyed an overall success not experienced since the 1980s and early 90s. During DeHaven’s tenure, school records have been established in 42 different events.

Since joining the Summit League in 2008, the women’s track and field team has garnered three runner-up trophies, two indoor and one outdoor, and crowned 12 individual conference champions. The men’s program has become an annual contender as shown by the pair of second-place finishes in the 2011 indoor and outdoor championships.

While coaching the cross country teams, DeHaven has continued the long standing tradition of excellence at South Dakota State. In 2005, the men’s team captured the NCAA Division I Independent Championships, which was their 30th conference title in the program’s history and first at the Division I level. The men, picked fifth in the 2009 preseason poll, came from behind to win The Summit League Championship. The men won back-to-back Summit League Championships with a win in 2010. DeHaven earned back-to-back Summit League Coach of the Year accolades in 2009 and 2010. During the 2012 cross country season the men were able to win their third title in four years. The women’s team won the 2006 NCAA Division I Independent Championship and the 2008 Summit League Championship, which were their ninth and 10th conference championships. In 2005 and 2007, they lost the respective conference championships by a single point on both occasions.

In the classroom, SDSU athletes have set a high mark under DeHaven. In 2005, Brad Lowery was awarded the NCAA Postgraduate Scholarship for his achievements as a physics major. In 2007, Becka Mansheim was awarded an NCAA Postgraduate Scholarship while majoring in nursing. Stacy Huss became the latest Jackrabbit to earn that same distinction in 2009. During the past five years, every men’s and women’s cross country and track and field team have earned recognition as an All-Academic Team from the United States Track and Field Coaches Association. The women’s cross country team has routinely ranked within the top-10 teams among all NCAA Division I institutions for their work academically, including a tie for fourth place in 2008.

DeHaven, who graduated from SDSU in 1989 with a bachelor of science degree in computer science, ended his collegiate career as one of the most decorated runners in Jackrabbit history.

During his four years of cross country competition, he ran to an unprecedented four North Central Conference individual championships and four top-10 finishes at the NCAA Division II national meet. With DeHaven leading the pack, SDSU also captured four conference team championships and the 1985 NCAA Division II National Championship.

In cross country, DeHaven established seven school records in the middle distance events. Four of those records still stand: the indoor 1,500 meters (3:47.4), indoor mile (4:00.96), outdoor 800 meters (1:48.67) and outdoor 1,500 meters (3:40.17). In 1985, DeHaven was the 1500-meter champion at the NCAA Division II indoor championships and was third at the U.S. Junior championships, earning a spot on the national team where he ran the seventh-fastest U.S. junior 1500-meters all-time (3:42.34).

The following year, he earned a Division I All-America award in the mile run, finishing eighth at the NCAA Division I indoor meet. All told, DeHaven earned 16 All-America certificates and won 20 individual North Central Conference championships.

After graduation, DeHaven moved to Madison, Wis., and continued to compete in cross country, track and road racing while working full-time as a computer programmer. As a self-coached athlete, he earned a spot on the 1991 U.S. team that competed at the World Cross Country Championships. Later that year, he finished ninth at the U.S. Track and Field championships.

In 1994, he debuted in marathon competition, posting a time of 2:14:48 at the Twin Cities Marathon. The following year DeHaven established his personal bests at 5,000 (13:40) and 10,000 meters (28:06), finishing fourth at the U.S. Championships at 10,000 meters.

Injuries hampered an Olympic bid in 1996 as he finished 10th in the 10,000 meters. However, in 1998, DeHaven emerged as one of the top Americans on the roads, winning the U.S. Half Marathon Championship, posting a time of 2:13:01 at the Chicago Marathon and winning the USA Road Running Circuit. In 1999, DeHaven represented the United States in the World Championships in the marathon, finishing 24th in Seville, Spain.

On a hot, steamy day in Pittsburgh, Pa., DeHaven came from behind to win the Olympic Marathon trial. Illness slowed DeHaven to a 69th place finish at the Sydney Olympic Games, but he came back in 2001 to finish sixth in the Boston Marathon (2:12:41) and sixth at the LaSalle Bank Chicago Marathon (2:11:40).

David St. John joined the SDSU staff full-time as an assistant track and field coach in 2009, after serving as interim assistant coach midway through the 2008-09 season, helping primarily with the jumpers.

During his time at SDSU, St. John has coached two conference champions and regional qualifiers in the men’s and women’s high jump and triple jump, with one triple jumper making it to the 2009 USA Outdoor Championships. The Jacks also had female athletes jump their way into the all-time top-10 list, four in the long jump, three in the triple jump and two in the high jump. On the men’s side, three athletes found their way to the top-10 in the high jump, one in the long jump and one in the triple jump.

Before joining the SDSU track and field coaching staff, St. John was an assistant track and field coach at Black Hills State University from 2003-2005 where he was the sprints, jumps and throws coach. Under his tutelage, the track and field team watched school records fall in the 55 meter dash, 60-meter hurdles, 100, 200, 400, triple jump, discus, weight throw and pentathlon.

Prior to joining the Yellow Jackets, St. John was the head track and field coach for two years at Augustana College (S.D.) from 2001-2003 where school records fell in the sprint and jumping events.

David made his move to the state of South Dakota from Middle Tennessee State University where he received his master’s degree in sport management in 2001 and was the high jump coach from 2000-2001. Prior to moving to Tennessee, St. John was the assistant track and field coach at Oral Roberts University from 1995-2000.

St. John started his coaching career at Arkansas State University where he was the primary coach for the jumpers from 1990-1995.

As a student, St. John competed at Arkansas State University as a high jumper. David is third on the all-time list at ASU with a jump of seven feet 2.5 inches. Following his career at ASU, he continued to high jump, ending his career with a personal best jump of 7-4.5.

St. John resides in Lake Norden, S.D., with his wife Kimberly and two children, son Gunner and daughter Greysen.

Lyndon McDowell was hired as coach of the sprints, hurdles and pole vault at South Dakota State University in the fall of 2009 after spending the previous season serving as an interim assistant.

A multi-time runner-up in the decathlon and heptathlon in the Big 10 Conference while at the University of Minnesota, McDowell brings a strong background of practical experience in all event areas. McDowell competed at a high level, holding a top three ranking as a decathlete in his home country of Canada. McDowell holds the freshman and varsity pentathlon record at the University of Minnesota. He finished third at Canadian nationals in 2003 and earned a fourth place finish in 2007.

McDowell previously coached at Minnesota State University, Mankato, where he was responsible for coaching the jumps and multi-events. At Minnesota State, McDowell’s group captured several individual North Central Conference championships in the men’s decathlon, men’s and women’s high jump, men’s and women’s triple jump, and men’s and women’s long jump.

McDowell had continued success at the national level where he coached five Division II All-Americans in the jumps in both 2004 and 2005, as well as four All-Americans in 2006. Athletes he has trained have won four Division II national championships, as well as event titles at the Drake Relays and USA Championships in the high jump.

During his three years as a graduate assistant and jumps/decathlon coach at Minnesota State, the Mavericks won three conference championships.

Now in his fifth year as assistant coach at South Dakota State University for the sprints, hurdles and pole vault, McDowell has coached male athletes to school records in the 400m, pole vault and shuttle hurdle relay outdoors, and the 200m, 4x400 and heptathlon indoors. On the women’s side a total of 16 school records have fallen under McDowell’s tutelage, including all of the indoor and outdoor sprint records, the 60m hurdles, the pole vault, and all relay events.

During Coach McDowell’s tenure, the jackrabbits have made several strong showings at the conference championships, including several runner-up finishes, and individual champions in the 200m, 400m, and relay events. McDowell has qualified athletes for NCAA west regionals in both the men’s and women’s 400m and men’s pole vault.
Tyg Long began as an assistant track and field coach, primarily working with the throwers, in the fall of 2009.

Before signing with the Jacks, Long worked as the throws coach at Black Hills State University where he developed one of the premier throw programs in the nation at the NAIA level.

During his three years at BHSU, coach Long’s throwers collected 35 All-American awards, 28 all-conference honors, 11 national titles, three NAIA national records and one Olympic Trials qualifier in 2008. His throwers set all-time South Dakota collegiate records in the women’s shot put, hammer throw, weight throw and men’s weight and hammer throw.

In the classroom, his athletes accumulated 14 Academic All-American awards and six NAIA Champions of Character awards. In 2008, USA Track & Field recognized coach Long as an up-and-coming elite coach.

As an athlete, Long was the first South Dakota prep athlete to throw the shot put over 65 feet and still ranks second all-time on the South Dakota boys shot put list. Long won a state championship in the discus with a personal best of 182-3 feet and earned high school All-American honors after his senior year in the boys shot put.

As a freshmen and sophomore in college, Long competed for the University of Wyoming, earning all-conference honors as well as qualifying for the NCAA Regional Championships both years. Long finished his collegiate career at Black Hills State University as an NAIA All-American in the shot put, weight throw and hammer throw.

Long was also involved with the Iron Wood throws camp, spending four years as a camper and three years as a camp staff member before co-founding the Championship Throws Camp in Custer and Circle of Champions Throws Camp in Yankton, which he holds each summer.

The Jackrabbits welcomed Jackie Spelts to the track and field program as a Graduate Assistant.

Spelts joins the staff after a stellar career at Nebraska Wesleyan in Lincoln, Neb, during which she was a three-time All-American.

She earned her first All-American honor in track & field by placing seventh in the 5,000 meters at the NCAA III Outdoor Championships in 2010 ... She won four GPAC individual titles in 2010, two in 2009 and one in 2008 during her outstanding track career ... She earned 11 All-GPAC awards, holds five school records and appears on 12 all-time charts in track.

In cross country, Spelts was a two-time All-American earning the honor in 2008 and 2009 ... As a junior she placed fifth at the NCAA III Championships, which was the highest ever finish for a NWU women’s cross country runner ... She was named the Journal Star State College Female Athlete of the Year in 2010.

Spelts was one of 29 women in the nation in all divisions selected to receive a $7,500 postgraduate scholarship from the NCAA for the spring 2010-11 sports season.

She was unable to compete during the 2011 outdoor track season due to injury.
Nathan Moe joined the South Dakota State staff as the head strength and conditioning coach in August 2005 and served in that position until being promoted to assistant athletic director for strength and conditioning in May 2011. Moe works directly with the Jackrabbit football, volleyball, baseball and softball teams, and he also oversees the design and implementation of the year-round strength and conditioning programs for all of the Jackrabbits 21 varsity sports.

Moe came to South Dakota State after heading the strength and conditioning program at Eastern Illinois University for three years, where he oversaw the design and implementation of strength and conditioning programs for all 22 of the Panthers varsity sports.

Before his days with the Panthers in Charleston, Ill., Moe worked as the assistant strength and conditioning coach at Rice University in Houston, Texas, where he worked with the Owls football strength program, while being directly responsible for men’s and women’s track, men’s and women’s tennis, women’s swimming, women’s soccer and men’s golf.

From 1997 through the spring of 1999, Moe worked as a graduate assistant in the strength and conditioning program at the University of Texas in Austin, where he earned a M.Ed. in Exercise Physiology. He also worked in private business in physical fitness in Austin and Houston, Texas and in Fargo, N.D.

A Certified Strength and Conditioning Specialist and a USA Weightlifting Certified Club Coach, Moe also maintains certifications in the National Strength and Conditioning Association and the Collegiate Strength and Conditioning Coaches Association.

A Minnesota native, Moe graduated from Moorhead State University in Moorhead, Minn., in 1996, with a Bachelor of Science Degree in Exercise Science. He also earned all-conference honors as a linebacker for the 1995 Northern Sun Intercollegiate Conference champion Dragons.

Moe and his wife Colleen live in Brookings with their son, Zachary and daughter, Kylie.

Eric Adolph joined the Jackrabbit staff as the assistant strength and conditioning coach in March 2012, after spending two years on the staff as a graduate assistant.

A Flandreau native, Adolph completed his Master of Science degree in Health and Nutritional Science with an emphasis in Sports Science at South Dakota State in May of 2012.

Adolph’s main responsibilities include working directly with the soccer, women’s basketball and baseball teams, while assisting with the remaining 21 varsity sports. In the past, he also worked directly with the Jackrabbit softball, men’s and women’s tennis, men’s and women’s golf, equestrian and cheer teams.

A certified Strength and Conditioning Specialist (CSCS) and USA Weightlifting Sports Performance Coach, Adolph graduated from Dakota Wesleyan University in 2009 with a Bachelor of Arts degree in Sport Science and Wellness.

Assistant Strength & Conditioning Coach: Eric Adolph

Education: B.S. Sport Exercise: Dakota Wesleyan, 2009
M.S. Health and Nutrition Science: South Dakota State, 2012

Strength & Conditioning Graduate Asst.: South Dakota State, 2012-12

Certifications: Strength & Conditioning Specialist (CSCS)
USA Weightlifting Sports Performance Coach
Assistant AD - Sports Medicine: Owen Stanley  
M.S., ATC, CSCS, EMT

Family:  
Wife: Erin

Education:  
B.S. Athletic Training: West Chester (Penn.), 2002  
M.S. Kinesiology & Health Promotion: Kentucky, 2005

Experience: Assistant-AD for Sports Medicine: South Dakota State, 2011-present  
Director of Sports Medicine: South Dakota State, 2009-11  
Asst. Athletic Trainer: Kansas City Chiefs, 2007-09  
Asst. Athletic Trainer/Head Football Trainer: Northern Iowa, 2005-07

A native of Macungie, Pa., Stanley earned a bachelor’s degree in athletic training from West Chester University (Pa.) in 2002. He went on to earn a master’s degree in kinesiology and health promotion at the University of Kentucky in 2005, while serving as a graduate assistant athletic trainer for the Wildcats’ football and baseball teams.

Upon graduating from Kentucky, Stanley joined the athletic training staff at the University of Northern Iowa in 2005, working as the assistant director of athletic training services and head football athletic trainer.

In 2007, Stanley accepted the position of assistant athletic trainer for the National Football League’s Kansas City Chiefs, where he worked until joining the Jackrabbits.

Stanley’s other professional experience includes internships with the NFL’s New York Jets and the Philadelphia Wings of the Professional Indoor Lacrosse league.

In addition to his athletic training experience, Stanley gave presentations at the National Athletic Trainers’ Association Annual Meeting and the Southeast Athletic Trainers’ Association Symposium. He also chaired the Young Professionals Committee of the Missouri Athletic Trainers Association and served as an E-Mentor for NATA.

A native of Madison, S.D., Danise Maas returned to school in January of 2008 after spending several years coaching basketball and volleyball at the high school level for Oldham-Ramona Rutland and raising a family.

Maas received a B.S. in athletic training from South Dakota State University in 2011 and is in the process of receiving a M.S. in Sport and Recreation Studies, while serving as a graduate assistant athletic trainer for the Jackrabbits.

Maas performed an internship at Orthopedic Institute in Sioux Falls, S.D., during the summer of 2010.
Jackrabbit Bios: Men
South Dakota State Track and Field

**Jackrabbit Men**

**Ryan Ackman**

**Throws**
Senior
Grove City, Minn.
Litchfield HS

Before SDSU:
• Best shot put came at the Summit League Indoor Championships with a throw of 46 feet, 2 inches (2/24)
• At the USF Relays, Ackman posted a season best hammer throw with a distance of 172 feet, 11 inches (5/5)
• Won the hammer throw at the John Dalton Meet with a distance of 55 feet, 9.75 inches (2/17)
• Finished seventh in the hammer throw and sixth in the discus in the Summit League Outdoor Championships (5/10)

**Connor Berg**

**Jumps**
Freshman
Pierre, S.D.
T.F. Higgs HS

Before SDSU:
• Four year contributor to the Governor track team ...
• 2012 ESD champion in the high jump with career high of 6' 6"
• Finished third at the 2012 State Championship in the high jump
• Team MVP 2012

**Jared Ailts**

**Middle Distance**
Senior
Yankton, S.D.
Yankton HS

Before SDSU:
• Best 800 meters was 1:53.11 at the Jim Duncan Invite (4/14)
• Finished third at the MSU Twilight in the 1500 meters with a time of 3:48.94 (5/2)
• Member of the 4000 distance medley relay that finished in a time of 9:46.46 at the Drake Relays (4/25)
• Placed third in the 1500 meters at the Summit League Outdoor Championships (5/10)

**Thomas Anderson**

**Throws**
Freshman
Pierre, S.D.
Pierre HS

Before SDSU:
• Native of Pierre, S.D.
• Competed for Pierre High School

**Anthony Bongard**

**Distance**
Senior
Redwood Falls, Minn.
Redwood Falls HS

Before SDSU:
• Scored points in the 3,000 and 5,000 meter runs at the 2011 Summit League Indoor Championships
• Deployed to Kuwait during the 2011-12 track season

**Kyle Anderson**

**Throws**
Senior
Minneapolis, Minn.
Hopkins HS

Before SDSU:
• Three-time letter winner in track
• Triple jump district champion
• 2010 USATF Regional long jump champion

**Jared Ailts**

**Middle Distance**
Senior
Yankton, S.D.
Yankton HS

Before SDSU:
• Best 800 meters was 1:53.11 at the Jim Duncan Invite (4/14)
• Finished third at the MSU Twilight in the 1500 meters with a time of 3:48.94 (5/2)
• Member of the 4000 distance medley relay that finished in a time of 9:46.46 at the Drake Relays (4/25)
• Placed third in the 1500 meters at the Summit League Outdoor Championships (5/10)

**Connor Branick**

**Distance**
Senior
Stillwater, Minn.
Stillwater HS

Before SDSU:
• 2010: 19th place in the State Cross Country Meet
• 2011: 11th place in State Cross Country Meet
• 2012: Seventh in 3200m at the State Track Meet
• Awards: four year letter winner, twice voted hardest worker and team captain senior year

**Austin Bauer**

**Jumps**
Freshman
Owatonna, Minn.
Owatonna HS

Before SDSU:
• High school freshman triple jump record
• High school indoor triple jump record
• Long jump best 20’2”
• Triple jump best 42’6”

**Brian Brochman**

**Distance**
Sophomore
Stillwater, Minn.
Mississippi State

Before SDSU:
• Finished the mile run in 4:40.50 at the Bill Hillebrand Invite (2/2)
• Completed the 5000 meters in 15:07.26 at the Jim Duncan Invite (4/14)
• Clocking in at 4:05.30 in the 1500 meters at the Jim Duncan Invite (4/14)
### South Dakota State Track and Field

#### Jackrabbit Men

<table>
<thead>
<tr>
<th>Position</th>
<th>Name</th>
<th>Class</th>
<th>Hometown</th>
<th>High School</th>
</tr>
</thead>
<tbody>
<tr>
<td>Sprints</td>
<td>Stephan Bruha</td>
<td>Freshman</td>
<td>Prior Lake, Minn.</td>
<td>Prior Lake HS</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td>Before SDSU:</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td>• High school records: 400M 4x100M 4x800M</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td>• Two-time All-Conference</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td>• Three time All-State</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td>• Two time hamline elite meet MVP in track</td>
</tr>
<tr>
<td>Sprints</td>
<td>Justin Carson</td>
<td>Junior</td>
<td>Custer, S.D.</td>
<td>Custer HS</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td>Before SDSU:</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td>• Four-times state qualifier in high jump</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td>• Competed for Pomona High School</td>
</tr>
<tr>
<td>Sprints</td>
<td>Jared Foote</td>
<td>Senior</td>
<td>Mitchell, S.D.</td>
<td>Mitchell HS</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td>Before SDSU:</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td>• Did not compete last year</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td>• Member of the 4x400 meter relay team that won the 2010 Summit League Outdoor Championship</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td>• Top-ten times in the 400 meters in both indoors and outdoors</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td>• Foote also owns the second fastest time in the 600 meters</td>
</tr>
<tr>
<td>Sprints</td>
<td>Kody Fossum</td>
<td>Senior</td>
<td>Brookings, S.D.</td>
<td>Brookings HS</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td>Before SDSU:</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td>• Took second in the 4X400 Meter Relay at the Summit League Indoor Championships with a time of 3:18.90 (2/24)</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td>• Finished the 400 meter hurdles with a time of 53.91 seconds at the Summit League Outdoor Championships (5/10)</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td>• A member of the 4X400 that finished third at the Summit League Outdoor Championships with a time of 3:17.01 (5/10)</td>
</tr>
<tr>
<td>Jumps</td>
<td>Jesse Dunn</td>
<td>Freshman</td>
<td>Arvada, Colo.</td>
<td>Pomona HS</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td>Before SDSU:</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td>• Native of Arvada, Colo.</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td>• Competed for Pomona High School</td>
</tr>
<tr>
<td>Jumps</td>
<td>Dustin Gibbons</td>
<td>Senior</td>
<td>Dell Rapids, S.D.</td>
<td>Dell Rapids HS</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td>Before SDSU:</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td>• Did not compete last year</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td>• Member of the 4x400 meter relay team that won the 2010 Summit League Outdoor Championship</td>
</tr>
<tr>
<td>Jumps</td>
<td>Mark Gorsuch</td>
<td>Freshman</td>
<td>Jefferson, Iowa</td>
<td>Jefferson HS</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td>Before SDSU:</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td>• Four-times state qualifier in high jump</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td>• Placed eighth in state in 2011</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td>• 2012 football captain</td>
</tr>
<tr>
<td>Jumps</td>
<td>Cory Greenway</td>
<td>Senior</td>
<td>Mitchell, S.D.</td>
<td>Mitchell HS</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td>Before SDSU:</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td>• Did not compete in track last year</td>
</tr>
<tr>
<td>Sprints</td>
<td>Calder Eschenbaum</td>
<td>Freshman</td>
<td>Lake Preston, S.D.</td>
<td>Lake Preston HS</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td>Before SDSU:</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td>• 2010 state “B” triple jump fifth place</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td>• 2011 state “B” triple jump fourth place and 300 meter Hurdles seventh place</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td>• 2012 state “B” triple jump champion</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td>• 2011 and 2012 team MVP</td>
</tr>
</tbody>
</table>
## South Dakota State Track and Field

### Jackrabbit Men

#### Tyler Hajek
**Pole Vault**  
*Freshman*  
*Huron, S.D.*  
*Huron HS*

*Before SDSU:*  
- Two-time letter winner in football and basketball  
- All-state in football and basketball and four-time letter winner in track  
- Placed fourth at state in pole vault  
- Personal best vault of 13’3”

#### Austin Hamm
**Distance**  
*Freshman*  
*Bloomfield, Neb.*  
*Bloomfield HS*

*Before SDSU:*  
- 2009 Nebraska state track Class D 3200 meters fifth place  
- 2009 Nebraska state track Class D tenth place  
- 2010 Nebraska state track Class D 3200 meters third place  
- 2011 Nebraska state track Class D 3200 meters first place  
- 2011 Nebraska state track Class D 1600 meters third place

#### Ryan Jorgenson
**Jumps**  
*Junior*  
*Brookings, S.D.*  
*Brookings HS*

- Took third in the long jump competition at the MSU Preseason Open with a distance of 21 feet, 7.50 inches (12/3)  
- Best outdoor season long jump came at the Summit League Outdoor Championships with a distance of 21 feet, 8.25 inches (5/10)

#### Leandre Kennedy
**Sprints**  
*Freshman*  
*Eagan, Minn.*  
*Eastview HS*

*Before SDSU:*  
- Section champion  
- Two-time conference champion  
- School record in the 100m, 55m, vertical jump, 40-yard dash  
- Track MVP  
- Two-time ironman champion  
- Three-time All-State

#### Kipp Kinsley
**Distance**  
*Freshman*  
*Yankton, S.D.*  
*Yankton HS*

*Before SDSU:*  
- Finished fourth at the 2011 South Dakota cross country championship  
- 2011 All-State cross country  
- 2012 Morgan J Smith Track Scholarship  
- Four year letter winner in cross country and track

#### Drew Kraft
**Distance**  
*Junior*  
*Wessington Springs, S.D.*  
*Wessington Springs HS*

- Placed fifth in the Steeplechase 2012 Summit League Outdoor Championships with a time of 9:21  
- Finished the 3000 meters with a time of 8:41 at the ISU Classic  
- Completed the 1500 meters in 4:02 at the Azusa Invite

#### Michael Krsnak
**Distance**  
*Senior*  
*Rapid City, S.D.*  
*Rapid City HS*

- A member of the distance medley relay team that won at the ISU Open with a time of 9:50.51, that time set the SDSU Record (5/11)  
- Anchored the winning distance medley relay team at the 2012 Summit League Indoor Championships  
- Qualified for the NCAA First Round in the 10,000 meter race in 2011  
- Currently holds the second best school record in the 3,000 meter race with a time of 8:09

#### Phillip LaVallee
**Distance**  
*Freshman*  
*Monticello, Minn.*  
*Monticello HS*

- First place in the 1600 meters and the 800 meters in the 2012 conference meet  
- First place in the 4x800 meters and the 800 meters 2011 conference meet  
- School and conference records at the 800 meters, 1600 meters and the 4x800 meters

#### Luke Leischner
**Sprints**  
*Redshirt Senior*  
*Tripp, S.D.*  
*Tripp HS*

- Redshirted during both the indoor and outdoor seasons  
- School record holder in the outdoor 400 meters  
- Second fastest school record in the indoor 400 meters  
- 2010 Summit League Champ in the 400 meters and 4x400 meter relay  
- Qualified for the 2010 NCAA First Round in the 400 meters

#### Trent Lusignan
**Distance**  
*Sophomore*  
*Shakopee, Minn.*  
*Shakopee HS*

- Finished the mile run in 4:17.42 at the Bill Bergan Invitational (1/28)  
- Took third place in the 5000 meters at the Jim Duncan Invite with a time of 14:44.54 (4/14)  
- Completed the 10,000 meters in 30:25.46 at the Mt. SAC Relays (4/19)
Cullen Mack

Throws
Sophomore
Watertown, S.D.
Watertown HS

• Placed seventh in the 2012 Summit League Outdoor Championships in the discus throw (5/10)
• Indoor season best weight throw came at the Graphic Edge Invite with a distance of 50 feet, 5.25 inches (1/14)
• Won the discus competition at the Red Raider Open with a throw of 164 feet, 11 inches (4/21)

Bennett Mercil

Multiple Events
Sophomore
Dilworth, Minn.
Dilworth HS

• Finished the 60 meter hurdles with a time of 9.16 seconds at the Bill Hillenbrand (2/2)
• Completed the 60 meter hurdles in 7.60 seconds at the Jack Johnson Classic (1/20)
• Recorded a indoor shot put of 35 feet, 5.75 inches at the Bison Open (2/10)

Before SDSU:
• Sioux Valley record holder- 21’ 8” long jump
• Fourth place finish in the triple jump at the state meet with a distance of 42’ 8”
• Big East Conference champs

Dan Mitchell

Jumps
Freshman
Volga, S.D.
Volga HS

Before SDSU:
• Sioux Valley record holder- 21’ 8” long jump
• Fourth place finish in the triple jump at the state meet with a distance of 42’ 8”
• Big East Conference champs

Jensen Orlow

Distance
Freshman
Jordan, Minn.
Holy Family Catholic HS

Before SDSU:
• Team captain track and field during the 2010 and 2011 seasons
• Four-time All-Conference in the 1600 and 3200, two-time state participant in the 3200
• Four-time academic All-State
• School records in the 1600 (4:23), 3200 (9:14)

Traxton Priebe

Hurdles
Freshman
Chamberlain, S.D.
Chamberlain HS

Before SDSU:
• Three-time letter winner in football and basketball
• Four-time letter winner in track
• 300 meter hurdle state champion

Joel Reichow

Distance
Freshman
White Bear Lake, Minn.
White Bear Lake HS

Before SDSU:
• 2012 track and field section champion in the 1600 with a time of 4:16
• Placed ninth in the 2012 state meet in the 1600 to earn All-State

Jake Sanderson

Jumps
Junior
Aurora, S.D.
Aurora HS

• Two wins in the triple jump competition including a outdoor season best 45 feet, 9.00 inches at the Dakota Duals (4/6)
• In the outdoor season high jump recorded a distance of 6 feet, 1.25 inches at the Summit League Outdoor Championships (5/10)
• Recorded a distance of 6 feet, 2 inches in the high jump competition at the MSU Preseason Open (12/3)

Nathaniel Schaefer

Pole Vault
Freshman
Brookings, S.D.
Brookings HS

Before SDSU:
• Two-time state AA pole vault champion
• Personal pole vault record 14’9”

Ryan Schaefer

Multiple Events
Junior
Brookings, S.D.
Brookings HS

Before SDSU:
• Two time cross country state team champion
• Academic All-State
• Four year varsity letter for cross country and track/field
• All-State cross country
• 2011: Top 25 award Rider Award in cross country

Dylan Slaba

Distance
Freshman
Sioux Falls, S.D.
Roosevelt HS

Before SDSU:
• Two time cross country state team champion
• Academic All-State
• Four year varsity letter for cross country and track/field
• All-State cross country
• 2011: Top 25 award Rider Award in cross country
Jackrabbit Men

Andrew Thies

Distance
Sophomore
Arlington, Minn.
Arlington HS

• Finished the 3000 meters in 9:05.24 at the Nebraska Tune-Up (2/17)
• Completed the 3000 meter steeplechase in 9:38.50 at the USF Relays (5/5)
• Finished the 1500 meters in 4:06.97 at the Summit League Outdoor Championships (5/10)

Grant VanKeulen

Distance
Sophomore
Watertown, S.D.
Watertown HS

• Finished the 3000 meters in 9:05.24 at the Nebraska Tune-Up (2/17)
• Completed the 3000 meter steeplechase in 9:38.50 at the USF Relays (5/5)
• Finished the 1500 meters in 4:06.97 at the Summit League Outdoor Championships (5/10)

Levi Winkels

Distance
Sophomore
Watertown, S.D.
Watertown HS

• Finished the 3000 meters in 9:05.24 at the Nebraska Tune-Up (2/17)
• Completed the 3000 meter steeplechase in 9:38.50 at the USF Relays (5/5)
• Finished the 1500 meters in 4:06.97 at the Summit League Outdoor Championships (5/10)

Before SDSU:
• Four year letter winner
• Four time conference champ (3200, 4x800, 800, 4x400)
• Three time all section
• School record holder in 800 (1:58.06) 4x800 (8:12.60) 4x400 (3:27.97)

Andrew Thies

Distance
Sophomore
Arlington, Minn.
Arlington HS

• Finished the 3000 meters in 9:05.24 at the Nebraska Tune-Up (2/17)
• Completed the 3000 meter steeplechase in 9:38.50 at the USF Relays (5/5)
• Finished the 1500 meters in 4:06.97 at the Summit League Outdoor Championships (5/10)

Levi Winkels

Distance
Sophomore
Watertown, S.D.
Watertown HS

• Finished the 3000 meters in 9:05.24 at the Nebraska Tune-Up (2/17)
• Completed the 3000 meter steeplechase in 9:38.50 at the USF Relays (5/5)
• Finished the 1500 meters in 4:06.97 at the Summit League Outdoor Championships (5/10)

Before SDSU:
• Four year letter winner
• Four time conference champ (3200, 4x800, 800, 4x400)
• Three time all section
• School record holder in 800 (1:58.06) 4x800 (8:12.60) 4x400 (3:27.97)
Jackrabbit Bios: Women
South Dakota State Track and Field

Jackrabbit Women

Kirsten Anderson

Distance
Freshman
Prior Lake, Minn.
Prior Lake HS

Before SDSU:
• A runner on the Section 3AA 4x800 champions in 2009, 2010, 2011, and 2012
• Helped Prior Lake High School achieve State True Team places of 2nd in 2009, 3rd in 2010, 3rd in 2011, and 2nd in 2012
• Partook in the MN State 2 mile as an individual qualifier in 2009

Samantha Anderson

Distance
Freshman
Prior Lake, Minn.
Prior Lake HS

Before SDSU:
• Took part in the MN State track & field championships 2009, 2010, 2011 as a runner on the 4x800 relay achieving All-State honors each year
• A runner on the Section 3AA 4x800 champions in 2009, 2010, 2011
• Placed in the top three in the 800M open in section 3AA in 2009, 2010, and 2011

Shelby Assmus

Threws
Junior
Stickney, S.D.
Stickney HS

• Best indoor season shot put came at the MSU Preseason Open with a distance of 41 feet. 7.25 inches (12/3)
• Had a outdoor season best shot put at the USF Relays, with a throw of 42 feet, 2.25 inches (5/5)
• At the Dakota Duals, Assmus had a outdoor season best discuss throw with a distance of 152 feet (4/6)

Laura Bauer

Distance
Senior
Sioux Falls, S.D.
Roosevelt HS

• Did not compete in the outdoor season
• Finished the 3000 meters with an indoor season best 11:22.90 at the Bill Hillenbrand (2/2)
• Ran the 5000 meters with a time of 19:22.56 at the Nebraska Tune-Up (2/17)

Leah Bolon

Distance
Sophomore
Sioux Falls, S.D.
Roosevelt HS

• Best 3,000 meter time (10:39) was recorded at the Nebraska Tune-Up (2/17)
• Indoor season best mile run at the Bison Open with a time of 5:24.17 (2/11)
• Finished first in the 5000 meters at the Kip Jarvin Open with a time of 18:00.28 (4/27)

Katie Boote

Distance
Junior
Canton, S.D.
Canton HS

• Ran the 3000 meters at the Bison Open in 11:03.87 (2/17)
• Clock in at 18:51.32 in the 5000 meters at the Nebraska Tune-Up (2/17)
• Finished the 5000 meters with an outdoor season best time at 18:52.78 at the Jim Duncan Invite (4/14)

Samantha Anderson

Distance
Freshman
Prior Lake, Minn.
Prior Lake HS

Before SDSU:
• A runner on the Section 3AA 4x800 champions in 2009, 2010, 2011, and 2012
• Helped Prior Lake High School achieve State True Team places of 2nd in 2009, 3rd in 2010, 3rd in 2011, and 2nd in 2012
• Partook in the MN State 2 mile as an individual qualifier in 2009

Cheyanne Bowers

Distance
Freshman
St. James, Minn.
St. James HS

Before SDSU:
• Six year letter winner
• 3200 meter record holder
• Three-time All-Conference
• Conference champ in 3200
• Subsection champ in the 3200 meters
• Two-time section runner up in the 3200 meters

Megan Bren

Sprints
Senior
Sioux Falls, S.D.
Roosevelt HS

• Finished fourth in the 400 meters with a time of 56:39 at the Summit League Outdoor Championships (5/10)
• Had a indoor season best time of 7.92 seconds at the Graphic Edge Invite (1/14)
• Ran the 200 meters in 25.67 at the Bill Bergan Invitational (1/28)
• Finished third in the 200 meters at the Summit League Outdoor Championships with a time of 24.35 seconds (5/10)

Tia Carlson

Distance
Freshman
Kadoka, S.D.
Kadoka HS

Before SDSU:
• 400m seventh place
• 3200m third place
• 800m state champion
• 1600m state runner-up
• 800m state runner-up
• 4X800M third place

Carly Carper

Distance
Freshman
Rutland, S.D.
Rutland HS

Before SDSU:
• Received multiple MVP awards for track and field
• 11-time state champion in 100, 200, long jump and 4x100
• Two-time girls state track champions
• Two-time All-American track team
• Class B state record holder in the 100 and 200 meter dash
South Dakota State Track and Field

South Dakota State Track and Field 2012-13 Media Guide

18

Jackrabbit Women

Krista Creager

Middle Distance
Senior
Yankton, S.D.
Yankton HS

• Indoor season best time in the 400 meters with a time of 1:01.78 at the Bill Hillenbrand Invite (2/2)
• Finished the 800 meters with a time of 2:16.06 at the Nebraska Tune-Up (2/17)
• Won the 800 meters at the USF Relays with a time of 2:15.99 at the USF Relays (5/5)
• Placed sixth in the 800 meters at the Summit League Outdoor Championships with a time of 2:14.19 (5/10)

Abby Davis

Sprints
Freshman
Watertown, S.D.
Watertown HS

Before SDSU:
• 2012: 4x4 relay state champion
• 2012: medley relay state champion
• 2012: third place in 400m dash at the state meet
• 2012: team took third at the state meet
• 2012: conference champions
• 2012: conference took second place in the 400m dash

Distance
Sophomore
Clark, S.D.
Clark-Willow Lake HS

Before SDSU:
• Three-time Section Participant
• All-Conference Honorable Mention
• Captain her senior year
• All-Conference
• Set the 800m School record (2:22)
• Set 1600m School Record (5:27)
• Re-broke 800m School Record (2:21)

Jessica Derby

Sprints
Freshman
Arlington, S.D.
Arlington HS

Before SDSU:
• Three-time Section Participant
• All-Conference Honorable Mention
• Captain her senior year
• All-Conference
• Set the 800m School record (2:22)
• Set 1600m School Record (5:27)
• Re-broke 800m School Record (2:21)

Jessica Elbs

Throws
Junior
Sheldon, Iowa
Sheldon HS

• Season-best shot put of the indoor season was at the Bill Hillenbrand Invite with a distance of 37 feet, 8.5 inches (2/2)
• Season-best hammer throw of the indoor season came at the John Dalton meet with a throw of 52 feet, 8 inches (2/17)
• Fischer’s best hammer throw of the outdoor season was 141 feet, at the JIm Duncan Invite (4/14)

Lori Foltz

Throws
Freshman
Watertown, S.D.
Watertown HS

Before SDSU:
• Watertown’s Most Valuable Women’s Track Athlete Award
• Conference champion in the 300 hurdles
• Conference champion in the 400M Relay
• Second in the 800M Relay
• Conference champion and third place at the state tournament in the 1600M Relay

Gina Fritz

Sprints
Sophomore
Colman, S.D.
Colman-Eagen HS

Before SDSU:
• Ran the 400 meters at the Nebraska Tune-Up with a time of 58.12 seconds (2/17)
• Placed in both the 200 meters (fifth) and the 4x100 meter race (third) at the Summit League Outdoor Championship (5/10)
• Indoor season in the 200 meters with a time of 25.25 seconds at ISU Open (2/9)

Brooke Garner

Throws
Senior
Rapid City, S.D.
Stevens HS

• Season-best shot put of the indoor season was at the Bill Hillenbrand Invite with a distance of 37 feet, 8.5 inches (2/2)
• Season-best hammer throw of the indoor season came at the John Dalton meet with a throw of 52 feet, 8 inches (2/17)
• Fischer’s best hammer throw of the outdoor season was 141 feet, at the Jim Duncan Invite (4/14)

Ashley Gruenwald

Middle Distance
Sophomore
Clark, S.D.
Clark-Willow Lake HS

• Finished the 400 meters with a season indoor high of 1:01.06 at the Husker Invite (2/3)
• A member of the 4x400 meter relay team that set a season indoor best time of 3:55.96 (2/4)
• Ran the 200 meters during the outdoor season with a time of 27.03 seconds at the MSU Twilight (5/2)

Jessica Eibs

Distance
Junior
Estelline, S.D.
Estelline HS

• Did not compete in the indoor or outdoor season last year

Jenna Grossenburg

Distance
Freshman
Yankton, S.D.
Yankton HS

Before SDSU:
• Athlete of the year in track and cross country
• Sophomore year: ESD team champs track
• Sophomore year: fifth in the 3200, eighth in 1600
• Junior year: third in the 3200, eighth in the 1600
• State champs her sophomore and senior year in ESD track

Becca Fischer

Throws
Junior
Watertown, S.D.
Watertown HS

Before SDSU:
• Watertown’s Most Valuable Women’s Track Athlete Award
• Conference champion in the 300 hurdles
• Conference champion in the 400M Relay
• Second in the 800M Relay
• Conference champion and third place at the state tournament in the 1600M Relay

Gina Fritz

Sprints
Sophomore
Colman, S.D.
Colman-Eagen HS

Before SDSU:
• Ran the 400 meters at the Nebraska Tune-Up with a time of 58.12 seconds (2/17)
• Placed in both the 200 meters (fifth) and the 4x100 meter race (third) at the Summit League Outdoor Championship (5/10)
• Indoor season in the 200 meters with a time of 25.25 seconds at ISU Open (2/9)

Brooke Garner

Throws
Senior
Rapid City, S.D.
Stevens HS

• Season-best shot put of the indoor season was at the Bill Hillenbrand Invite with a distance of 37 feet, 8.5 inches (2/2)
• Season-best hammer throw of the indoor season came at the John Dalton meet with a throw of 52 feet, 8 inches (2/17)
• Fischer’s best hammer throw of the outdoor season was 141 feet, at the Jim Duncan Invite (4/14)

Ashley Gruenwald

Middle Distance
Sophomore
Clark, S.D.
Clark-Willow Lake HS

• Finished the 400 meters with a season indoor high of 1:01.06 at the Husker Invite (2/3)
• A member of the 4x400 meter relay team that set a season indoor best time of 3:55.96 (2/4)
• Ran the 200 meters during the outdoor season with a time of 27.03 seconds at the MSU Twilight (5/2)
Rachel Hagberg

**Middle Distance**

Senior  
Frankfort, S.D.  
Faith Academy

- Did not compete in the indoor season  
- Finished the 100 meters in a season best 13.32 seconds at the Dakota Duals (4/6)  
- Ran the 200 meters, Hagberg finished the race with a time of 28.16 seconds (4/6)

**Marissa Hagedron**

**Hurdles, Pole Vault**

Freshman  
Blue Earth, Minn.  
Blue Earth HS

**Before SDSU:**  
- Minnesota State participant in 2010, 2011, and 2012  
- Finished third in the pole vault in 2010, second in 2011, and fifth in 2012  
- Placed sixth in the 100m hurdles in 2011 and second in 2012  
- Placed ninth in the 300m hurdles in 2012

**Erin Hargens**

**Distance**

Junior  
Sioux Falls, S.D.  
Oklahoma

- Finished the 3000 meters in a indoor season high with a time of 10:00.77, which happened at the Bill Bergan Invitational (1/28)  
- Did not compete in the outdoor season

**Megan Hurlbert**

**Sprints**

Freshman  
Watertown, S.D.  
Watertown HS

**Before SDSU:**  
- At the state meet, placed second in the 1600M relay and medley at  
- At the state meet, placed second in the 1600m relay, placed 4th in the medley  
- Fourth in the 400 m dash at the conference meet  
- Received The Legend award  
- Earned Academic All-State

**Kae Januschka**

**Throws**

Sophomore  
Sioux Falls, S.D.  
O’Gorman HS

- Indoor season high weight throw at the John Dalton Meet with a distance of 49 feet, 1.50 inches (2/17)  
- Indoor season high shot put recorded with a distance of 40 feet at the John Dalton Meet (2/17)  
- Outdoor season high hammer throw measured at 116 feet, 5 inches which took place at the Dakota Duals (4/6)

**McKenzie Johnson**

**Throws**

Sophomore  
Rapid City, S.D.  
Central HS

- In the indoor season, Johnson had a team best shot put throw with 48 feet, 9 inches at the Summit League Indoor Championships, where she placed second (2/24)  
- During the outdoor season won two shot put events, including a outdoor season best 47 feet, .75 inches at the Dakota Duals (4/6), and the USF Relays with a throw of 42 feet, 2.25 (5/5)  
- Outdoor season high hammer throw of 133 feet, 11 inches at the Dakota Duals (4/6)

**Melissa Knobloch**

**Middle Distance**

Freshman  
Brookings, S.D.  
Brookings HS

**Before SDSU:**  
- Most Inspirational for track 2012  
- Outstanding Senior Athlete Award  
- 2012 White Letter Award  
- 2009-2012 Varsity Scholar Athletic Award  
- 2012 National Girls & Women in Sports Day Award

**Lisa Krogstad**

**Middle Distance**

Freshman  
Spearfish, S.D.  
Spearfish HS

- Ran the 200 meters at the MSU Open in 29.13 seconds (1/27)  
- Finished the 60 meters at the MSU Open in 8.92 seconds (1/27)  
- In the outdoor season, Krogstad finished the 200 meters in 29.60 seconds at the Missouri Relays (3/23)

**Karley Konkol**

**Middle Distance**

Sophomore  
Brookings, S.D.  
Brookings HS

- Named Class ‘A’ Most Outstanding Female Athlete of the state meet  
- Named to the Elite 15 team of 2012  
- Named honorable mention All-American  
- Holds the school record for the 800  
- Ran the 800 leg on the winning medley team (4:17) her senior year

**Megan Lambert**

**Jumps**

Sophomore  
Sioux Falls, S.D.  
Lincoln HS

- During the indoor season recorded a 15 foot, 10.25 inch long jump at the Graphic Edge Invite (1/14)  
- Recorded a 35 foot, 3.25 inch triple jump at the MSU Preseason Open (2/23)  
- Did not compete in the outdoor season
South Dakota State Track and Field

**Jackrabbit Women**

**Laura Lawton**

**Middle Distance**
Sophomore  
Eden Prairie, S.D.  
Eden Prairie HS

- Ran a season-best 1500 meters at 4:39.44 at the Long Beach Invitational (4/20)
- Posted an indoor season best time in the mile run at the Bill Hillenbrand Invite with a time of 5:14.85 (2/2)
- During the outdoor season, Lawton ran the 800 meters in a time of 2:18.57 (5/10)

**Amy Leiferman**

**Pole Vault**
Sophomore  
Brookings, S.D.  
Brookings HS

- At the MSU Preseason Open competed in the 200 meters and finished with a time of 26.43 (2/3)
- Recorded a mark of 10 feet, 10 inches in the pole vault competition at the Bill Hillenbrand Invite (2/2)
- During the outdoor season, set a season best of 10 feet, 7 inches on the pole vault at the Summit League Outdoor Championships (5/10)

**Jessica McDonald**

**Sprints**
Sophomore  
Hill City, S.D.  
Hill City HS

**Courtney Neubert**

**Distance**
Sophomore  
Aberdeen, S.D.  
Central HS

- In the 3000 meters finished in 10:33.59 at the Bill Bergan Invitational (1/28)
- Competed in the 5000 meters at the ISU Open and ended with a time of 18:12.43 (1/10)
- Posted the best time for the team in the 10,000 meters at the Drake Relays with a time of 37:28.02 (4/25)
- In the 1500 meters she finished in 4:57.99 at the Dakota Duals (4/6)

**Bobbie McLaury**

**Middle Distance**
Sophomore  
Elk Point, S.D.  
Elk Point-Jefferson HS

- Competed in the 600 meters at the MSU Open and posted a time of 1:50.51 (1/28)
- Ran the 800 meters in 2:32.15 at the Wyoming Invitational (2/21)
- Recorded her outdoor season best time in the 800 meters at the Jim Duncan Invite with a time of 2:43.14 (4/14)
- Finished the 1500 meters in 5:24.12 at the Red Raider Open (4/21)

**Josie Oakland**

**Distance**
Junior  
Bristol, S.D.  
Bristol HS

- Finished the 3000 in 11:06.33 at the Bison Open (2/10)
- Ran the 5000 meters in 18:59.74 at the Nebraska Tune-Up (2/17)
- Competed in the 1500 meters at the Kip Jarvin Open and finished with a time of 5:03.47 (4/27)
- In the 10,000 meters finished in 40:17.12 at the Summit League Outdoor Championships (5/10)

**Erin Nolz**

**Distance**
Freshman  
Garretson, S.D.  
Garretson HS

**Before SDSU:**
- Four-time coaches award
- Broke school record in the mile
- Six year letter winner
- Third in the 4x8 in 2007 at state
- Second in the 4x8 in 2008 at state
- Fourth in the 4x8 in 2010 at state

**Erica Meyer**

**Distance**
Sophomore  
Rosholt, S.D.  
Rosholt HS

- Competed in the 400 meters at the Bill Hillenbrand and posted a time of 58.17 seconds at the Jim Duncan Invite (4/14)
- Placed eighth at in the 400 meters at the Summit League Outdoor Championships with a time of 57.72 (5/10)

**Ashley Odegaard**

**Jumps**
Sophomore  
Brookings, S.D.  
Brookings HS

- Took third at the Graphic Edge Invite in the high jump competition with a distance of 5 feet, 4.50 inches in the high jump at Summit League Outdoor Championships (5/10)
- Jumped 5’8” as a freshman at the 2011 Summit League Indoor Championships

**Kali Olson**

**Multiple Events**
Junior  
Monticello, Minn.  
Monticello HS

- Took third at the Graphic Edge Invite in the high jump competition with a distance of 5 feet, 4.25 inches (1/14)
- Posted a distance of 5 feet, 4.00 inches in the high jump at Summit League Outdoor Championships (5/10)
- Jumped 5’8” as a freshman at the 2011 Summit League Indoor Championships
Multiple Events
Junior
Fulda, Minn.
Fulda HS
• Indoor season best weight throw came at the Summit League Indoor Championships with a distance of 53 feet, 5 inches (2/24)
• At the Summit League Outdoor Championships threw a hammer 150 feet, 6 inches (5/10)
• Three wins in the javelin competition including a SDSU record distance of 149 feet, 9 inches at the NDSU Dual (5/4)
• 2012 NCAA First Round qualifier (Javelin)

Brooke Peterson
Distance
Sophomore
Montrose, S.D.
Montrose HS
• Posted the teams best time in the 1000 meters at the Nebraska Tune-Up with a time of 3:12.13 (2/17)
• Finished the mile run in 5:23.33 at the Nebraska Tune-Up (2/17)
• Recorded a time of 4:51.93 at the USF Relays (5/5)
• Posted a time of 2.23.47 in the in the outdoor season 800 meters at the USF Relays (5/5)

Tera Potts
Distance
Senior
Sturgis, S.D.
Sturgis HS
• Placed in both the mile (fifth) and in the 3,000 meters (sixth) at the Summit League Indoor Championships (2/24)
• Ran the mile in 4:56.95 at the Nebraska Tune-Up (2/17)
• Finished the 1500 meters in 4:38.50 at the MSU Twilight (5/2)
• Finished seventh in the steeple chase at the Summit League Outdoor Championships (5/10)

Bobbie Sedlmajer
Distance
Sophomore
Grand Forks, N.D.
Central HS
• Completed the 5000 meters in 21:12.65 at the MSU Open (1/27)
• Did not compete in the outdoor season

Holly Sheets
Distance
Sophomore
Montrose, S.D.
Montrose HS
• Did not compete in either the indoor or outdoor season

Jenna Stephens
Jumps
Sophomore
Sioux Falls, S.D.
Lincoln HS
• Competed in the high jump at the MSU Open and jumped a distance of 5 feet, 1 inch (1/27)
• Recorded a distance of 34 feet, 1.50 inches in the triple jump at the MSU Preseason Open (12/3)
• Took second at the NDSU Dual with a triple jump of 33 feet, 8 inches (5/4)
• Recorded a high jump of 5 feet, 25 inches at the NDSU Dual (5/4)

Alexandria Suhr
Distance
Sophomore
Montrose, S.D.
Montrose HS
• Best shot put in the indoor season came at the Bill Hillenbrand Invite with a throw of 38 feet, 9 inches (2/2)
• Indoor season high weight throw of 52 feet, 9.25 inches happened at the John Dalton Meet (2/17)
• Best discus throw occurred at the Dakota Duals with a distance of 103 feet, 7 inches (4/6)

Trisha Sumption
Throws
Sophomore
Pipestone, Minn.
Pipestone HS
• Best shot put in the indoor season came at the Bill Hillenbrand Invite with a throw of 38 feet, 9 inches (2/2)
• Indoor season high weight throw of 52 feet, 9.25 inches happened at the John Dalton Meet (2/17)
• Best discus throw occurred at the Dakota Duals with a distance of 103 feet, 7 inches (4/6)

Megan Viland
Sprints
Sophomore
Montrose, S.D.
Montrose HS
• Competed in the 60 meters at the MSU Open and finished in 8.69 seconds (1/27)
• Clocked in at 28.26 seconds in the 200 meters at the MSU Preseason Open (12/3)
• Finished the 100 meters in 13.11 seconds at the Dakota Duals (4/6)
• Completed the 200 meters in 27.07 seconds at the USF Relays (5/5)

Ashley Wagner
Jumps
Sophomore
Montrose, S.D.
Montrose HS
• In the indoor season high jump recorded a distance of 5 feet, 1 inch at the MSU Open (1/27)
• Competed in the 400 meters at the Red Raider Open and finished in 1:06.71 (4/21)
• In the outdoor season high jump recorded a distance of 5 feet, 1 inch (4/14)
South Dakota State Track and Field

Jackrabbit Women

Chandra Welbon
Distance
Sophomore
Red Oak, Iowa
Red Oak HS

• Did not compete in the indoor or outdoor seasons last year

Laura Wolles
Distance
Junior
Colton, S.D.
Chester Area HS

• Did not compete in the indoor or outdoor seasons

Mary Wirth
Jumps
Junior
Sioux Falls, S.D.
Lincoln HS

• Won three events in the indoor high jump including tying the school record at 5 feet, 9.75 inches at the Summit League Indoor Championships (2/24)
• Won three events in the outdoor high jump with the best mark coming at the Summit League Outdoor Championships with a jump of 5 feet, 8.50 inches (5/10)
• Recorded a long jump of 16 feet, 8.75 inches at the Bison Open (2/10)

Rochelle Wynia
Distance
Sophomore
Red Oak, Iowa
Red Oak HS

• Did not compete in the indoor or outdoor seasons last year

Before SDSU:
• Named to the South Dakota run elite team junior and senior year of track
• Placed sixth in the 3200m relay at the 2011 state meet and seventh in 3200m run at the 2011 state meet
• Academic All-State
• Voted most valuable female runner five years in a row

Chandra Welbon

Mary Wirth

Rochelle Wynia
2011-12 Season Review
Minnesota State Pre-Season Open
Due to a schedule change SDSU started the 2011 indoor season at the Minnesota State Preseason Open. Between the men and women the Jacks won a total of seven events. Brooke Garner won the women’s weight throw and shot put.

Ryan Ackman placed second in the men’s weight throw. Laura Lawton won the 600m race with a time of 1:36.00 and Erica Meyer finished second.

Dakota Duals
Following the Minnesota State Pre-Season Open the Jackrabbits went to compete at the Dakota Duals. Mary Wirth placed second in the high jump with a distance of five feet, four and one-fourth inches. Bennett Mercil posted an eighth-place finish in the heptathlon.

Graphic Edge Invite
After a month break the Jackrabbits were back in action for the Graphic Edge Invite. SDSU won ten titles between the men and the women. Jared Vlastuin won both the long jump and the high jump.

Michael Krsnak won the one-mile race with a time of 4:21.10, which was .23 seconds better than the second-place runner. Megan Bren won the 200m by .01 with a time of 26.09 seconds. Tera Potts won the 3000m race.

Jack Johnson Classic
At the Jack Johnson Classic the men finished fourth and the women took fifth. SDSU saw thirteen top-ten finishes from the men and the women had six different athletes posts eight top-ten finishes.

Bill Bergan Invite
The Jacks traveled to the Bill Bergan Invite hosted in Ames, Iowa. Krsnak posted a third-place finish in the 3000m. Potts posted a season-best time of 5:03.31 in the one-mile run.

Husker Invite
At the Husker Invite, the 4x400m relay team of Brandon Priebe, Evan Bunkers, Jake Schneller and Foote posted the second fastest time in school history. The time was 3:17.07. Lora Shearer broke the school record in the 60m hurdles with a time of 8.69.

2011-12 Track and Field Season Review
Women’s Summit League Indoor Final Standings
1. North Dakota State 241
2. South Dakota 115
3. Southern Utah 80
4. South Dakota State 76
5. UMKC 63
6. Oral Roberts 53
7. Western Illinois 52
8. Oakland 14
9. IPFW 4

Men’s Summit League Indoor Final Standings
1. South Dakota State 83
2. Oral Roberts 118
3. North Dakota State 104
4. South Dakota 89
5. Oral Roberts 75
6. Western Illinois 41
7. Oakland 9

ISU Classic and the Bison Open
At the ISU Classic, Krsnak placed sixth in the one-mile with a time of 4:10.03. McKenzie Johnson won the shot put at the Bison Classic with a distance of 44 feet, one and one-fourth inches.

Nebraska Tune-Up and the John Dalton Twilight
At the Nebraska Tune-Up, Potts placed third in the one-mile with a time of 4:56.95. Gina Fritz placed sixth in the 400m with a time of 58.12. Drew Kraft took eighth in the 1000m with a time of 2:37.32. Ashley Groenwald placed sixth in the 400m at the John Dalton Twilight. Also at the Twilight, Levi Winkels took eighth in the 400m with a time of 52.15.

Summit League Indoor Championships
At the Indoor Championships, the men finished fifth and the women took fourth. Between the men and women, the Jacks had five champions on the weekend. Vlastuin was named the Male Field Championship MVP and Shearer was named Female Field Championship MVP.

Missouri Relays
SDSU opened up their outdoor season at the Missouri Relays. Courtney Neubert placed seventh in the 5000m with a time of 18:08.02. Amy Paulzine placed fourth in the javelin with a throw of 127 feet, one inch. Trent Luusgian finished eighth in the 5000m with a time of 15:05.40.

Arkansas Spring Invite and the Wayne State Classic
Alls took third in the 1500m in 3:54.57 at the Arkansas Spring Invite. Chris Curry took 15th in the 100m dash with a time of 11.11 seconds. Krista Creager placed ninth in the 1500m with a time of 4:44.84.

Alex Suh placed fifth in the 3000m steeplechase with a time of 12:29.15 at the Wayne State Classic. In the one-mile, Leah Bolon took eighth in 5:25.24. Brian Brochman placed sixth in the 5000m with a time of 15:24.67.

USD Duals
Both track teams took second at the USD Duals. Luke Leischner set a meet record in the 200m dash running unattached with a time of 21.54. M. Johnson also set a meet record in the shot put with a distance of 47 feet, four inches.

Jim Duncan Invite
The Jackrabbits took home seven titles at the Jim Duncan Invite. Greg Vollmer won the 3000m steeplechase with a time of 9:17.08. Potts also won the 3000m steeplechase on the women’s side. Megan Bren won the 100m dash with a time of 12.39 seconds. Brandon Priebe took second in the 400m hurdles with a time of 53.09 seconds.

Bryan Clay, the Red Raider Open and CSLA Twilight
At the Bryan Clay Invitational, SDSU brought home three titles and numerous season-best marks. On the women’s side, Pauline posted a season-best throw of 147 feet, four inches to win the javelin throw. The distance was a season-best by nearly 10 feet. Bren posted the best time of any SDSU runner this season in the 400, she finished 13th with a time of 56.88.

At the Mt. SAC Relays, the women’s 4x100 meter relay time of Ashley Odegard, Gina Fritz, Jessica McDonald and Megan Bren were 20th in a season-best 5:29.09. On the men’s side, Trent Luusgian posted a 30:25.46 time in the 10000 meter run en route to 10th place. At the CSLA Twilight, Arran Davis was the top finisher on either side with a first-place finish in the javelin. The throw of 184 feet, three inches was a season-best by nearly nine feet.

Drake Relays and the Kip Janvrin Open
The Jackrabbits split up the teams to go compete in the Drake Relays and the Kip Janvrin Open. At the Drake Relays, Schneller took third in the 800m with a time of 1:51.11. Wirth tied for 19th in the high jump. In the discus, Luusgian placed fifth in the 1500m run with a time of 3:59.57. Bolon won the 5000m with a time of 18:00.28.

NDSU Dual, MSU Twilight, USF Relays
On the women’s side, Pauline broke the SDSU school record and the NDSU Dual record in the javelin with a distance of 149 feet, nine inches. Schneller set a track record and dual record in the 800 meter run, but finished second with a time of 1:50.35.

Chris Curry was a winner in the 400 meter dash with a time of 50.82. Curry also won the 200 with a time of 22.94. On the women’s side, Danielle Burke posted a season-best time of 4:33.33 in the 1500, good for third place.

Trent Luusgian placed first in the 5000 meter run with a time of 15:03.61 and also finished second in the 1500. Ashley Odegard posted a season-best in the long jump by nearly seven inches with a leap of 18 feet, 11 and one-fourth inches, good for second.

Summit League Outdoor Championships
At the Summit League Outdoor Championships the men took fourth and the women were fifth. Vlastuin won three times in three days. Luusgian placed fifth out of 42 runners in the 5000m. The team of Amber Olson, Odegard, Fritz and Brem took third with a time of 46.76 in the 4x100m relay.

Alls finished third in the 1500m only two seconds behind the winner. Creager placed sixth in the 800m with a season best time of 2:14.19.

NCAA First Round
SDSU sent Jake Brinkmann, Garner and Vlastuin to the NCAA First Round in Austin, Texas. Brinkmann finished 43rd in the discus with a distance of 160 feet, zero inches. Garner took 30th in the hammer throw. Her distance was 188 feet, one inch. Last, but not least was Vlastuin. He already qualified for the long jump, and did compete in the high jump. His mark was six feet, nine and three-fourth inches and he tied for 26th place.

NCAA Championships
Vlastuin was the lone Jackrabbit at the NCAA Championships. He posted a mark of 24 feet, one and one-half inch in the long jump. He finished 18th overall at the NCAA Championships.

Women’s Summit League Outdoor Final Standings
1. North Dakota State 241
2. South Dakota 164
3. Southern Utah 114
4. Oral Roberts 97
5. South Dakota State 89
6. Western Illinois 56.50
7. IPFW 54
8. Michigan State 28.50
9. IPFW 23

Men’s Summit League Outdoor Final Standings
1. North Dakota State 216
2. South Dakota 133.50
3. Southern Utah 131
4. South Dakota State 112.50
5. Oral Roberts 98
6. Western Illinois 71
7. UMKC 36
8. Oakland 21
2012 Men’s Cross Country

The 2012 men’s cross country were picked to win the conference at the beginning of the year and were able to live up to the hype.

The Jackrabbits would return top performers Trent Lusignan and Michael Krsnak. As a freshman last season, Lusignan placed ninth at the conference meet. Krsnak redshirted last season and did not compete.

The Season

The Jackrabbits began their season at the Bison Dual against North Dakota and North Dakota State. Despite a second place finish to start the season, Krsnak was able to finish first.

In the four meets Krsnak ran during the regular season, he was able to place in the top-ten in all of them; Lusignan had three top-ten finishes himself.

Lusignan and Krsnak weren’t the only two runners that found success during the season.

Jared Ailts and Drew Kraft both placed near the top at different races. Ailts finished fifth at the OZ Memorial and Kraft finished second at the Bison Dual.

The Classic

At the annual SDSU Classic the Jackrabbits were able to take first place overall.

Lusignan was able to win the meet, with Krsnak right behind him in second place. Ailts was third the Jackrabbit to finish in the top five.

The Jacks won the meet with 25 points, 35 ahead of second place MSU-Moorhead.

The Summit League Championships

With their target on their back, the Jackrabbits were able to take care of business and win the conference title.

The Jacks were led by a first place by Michael Krsnak and Trent Lusignan finished third. Ailts was only a few moments behind them, as he placed sixth.

SDSU had six runners in the top 17 and finished with a final score of 35 points. In second place was in-state rival South Dakota.

This was the Jackrabbits third title in four years, Krsnak was the first runner from SDSU ever to win the race. Head coach Rod DeHaven was named Coach of the Year.

2012 Women’s Cross Country

The 2012 women’s cross country were picked to finish second in the conference preseason poll. SDSU welcomed back seniors Erin Hargens and Tera Potts. Hargens and Potts were the two most consistent runners for the Jackrabbits during the cross country season.

Potts finished in the top 15 in three different meets during the year. Hargens finished fifth at the conference meet and 60th at the regional meet.

The Season

The Bison Dual was their first meet of the season, the Jackrabbits claimed second. Potts set a personal best with a fifth place finish and Hargens finished ninth. SDSU had five runners all finish in the top fifteen.

The Jacks during the year were competitive during all of their meets throughout the year. SDSU went to the Chile Pepper Invite in mid-October and left with a 13th place finish. Forty-three teams competed at the Chile Pepper Invite.

At the annual SDSU Classic the Jackrabbits had a great showing from their runners. As a team SDSU finished second, Laura Wolles as the top finisher. Wolles finished 16th at the Classic.

The Classic

At the 2012 SDSU Classic, the Jackrabbits had a great showing from their runners. As a team SDSU finished second, Laura Wolles as the top finisher. Wolles finished 16th at the Classic.

SDSU finished second at their home meet, with a score of 73 points. SDSU finished 27 points ahead of North Dakota.

The Summit League Championships

The Jackrabbitts upperclassmen were the key for their third place at the conference meet. Hargens placed fifth, while Wolles took 10th and Potts claimed 13th.

The rest of the Jackrabbits were very young but also finished near the top, proving for a solid future. Freshman Cheyanne Bowers finished 17th and right behind her was sophomore Courtney Neubert in 18th.

The Jacks finished the meet with a third place finish with 63 total points.

Women’s Roster

<table>
<thead>
<tr>
<th>Name</th>
<th>Yr.</th>
</tr>
</thead>
<tbody>
<tr>
<td>Kirsten Anderson</td>
<td>Fr.</td>
</tr>
<tr>
<td>Samantha Anderson</td>
<td>Fr.</td>
</tr>
<tr>
<td>Laura Bauer</td>
<td>Sr.</td>
</tr>
<tr>
<td>Leah Bolon</td>
<td>So.</td>
</tr>
<tr>
<td>Katie Boote</td>
<td>Jr.</td>
</tr>
<tr>
<td>Cheyanne Bowers</td>
<td>Fr.</td>
</tr>
<tr>
<td>Tia Carlson</td>
<td>Fr.</td>
</tr>
<tr>
<td>Krista Creager</td>
<td>Jr.</td>
</tr>
<tr>
<td>Jessica Derby</td>
<td>Jr.</td>
</tr>
<tr>
<td>Jessica Elbs</td>
<td>Fr.</td>
</tr>
<tr>
<td>Jenna Grossenburg</td>
<td>Fr.</td>
</tr>
<tr>
<td>Erin Hargens</td>
<td>Sr.</td>
</tr>
<tr>
<td>Melissa Knobloch</td>
<td>Fr.</td>
</tr>
<tr>
<td>Laura Lawton</td>
<td>Fr.</td>
</tr>
<tr>
<td>Bobbie McLaury</td>
<td>So.</td>
</tr>
<tr>
<td>Erica Meyer</td>
<td>So.</td>
</tr>
<tr>
<td>Courtney Neubert</td>
<td>So.</td>
</tr>
<tr>
<td>Erin Nolz</td>
<td>Fr.</td>
</tr>
<tr>
<td>Josie Oakland</td>
<td>Sr.</td>
</tr>
<tr>
<td>Brooke Peterson</td>
<td>So.</td>
</tr>
<tr>
<td>Tera Potts</td>
<td>Sr.</td>
</tr>
<tr>
<td>Bobbie Seidmayer</td>
<td>Fr.</td>
</tr>
<tr>
<td>Holly Sheets</td>
<td>So.</td>
</tr>
<tr>
<td>Alex Suhr</td>
<td>Fr.</td>
</tr>
<tr>
<td>Andrea Weeder</td>
<td>Fr.</td>
</tr>
<tr>
<td>Laura Wolles</td>
<td>Jr.</td>
</tr>
<tr>
<td>Rochelle Wynia</td>
<td>Fr.</td>
</tr>
</tbody>
</table>

Men’s Roster

<table>
<thead>
<tr>
<th>Name</th>
<th>Yr.</th>
</tr>
</thead>
<tbody>
<tr>
<td>Jared Ailts</td>
<td>Sr.</td>
</tr>
<tr>
<td>Connor Branick</td>
<td>Fr.</td>
</tr>
<tr>
<td>Stephan Bruha</td>
<td>Fr.</td>
</tr>
<tr>
<td>Austin Hamm</td>
<td>Fr.</td>
</tr>
<tr>
<td>Christian Karels</td>
<td>Jr.</td>
</tr>
<tr>
<td>Kipp Kinsley</td>
<td>Fr.</td>
</tr>
<tr>
<td>Drew Kraft</td>
<td>So.</td>
</tr>
<tr>
<td>Michael Krsnak</td>
<td>Sr.</td>
</tr>
<tr>
<td>Phillip LaVallee</td>
<td>Fr.</td>
</tr>
<tr>
<td>Trent Lusignan</td>
<td>So.</td>
</tr>
<tr>
<td>Lars Mattison</td>
<td>Sr.</td>
</tr>
<tr>
<td>Kenny Mayer</td>
<td>Jr.</td>
</tr>
<tr>
<td>Jensen Orlow</td>
<td>Fr.</td>
</tr>
<tr>
<td>Joel Reichow</td>
<td>Fr.</td>
</tr>
<tr>
<td>Dylan Slaba</td>
<td>Fr.</td>
</tr>
<tr>
<td>Andrew Thies</td>
<td>RFr.</td>
</tr>
<tr>
<td>Grant VanKeulen</td>
<td>Fr.</td>
</tr>
</tbody>
</table>
Track and Field History
South Dakota State Track and Field

Men's Indoor History

NCAA National Champions

<table>
<thead>
<tr>
<th>Name</th>
<th>Event</th>
<th>Year</th>
</tr>
</thead>
<tbody>
<tr>
<td>Rod DeHaven</td>
<td>1,500 Meter</td>
<td>1985</td>
</tr>
<tr>
<td>Nick Burrow</td>
<td>Mile</td>
<td>1999</td>
</tr>
</tbody>
</table>

NCAA All-Americans

<table>
<thead>
<tr>
<th>Name</th>
<th>Event</th>
<th>Year(s)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Jeff Tiefenthaler</td>
<td>400 Meters</td>
<td>1985</td>
</tr>
<tr>
<td>Robert Wilson</td>
<td>5,000 Meters</td>
<td>1985</td>
</tr>
<tr>
<td>Rod DeHaven</td>
<td>1,500 Meters</td>
<td>1985, 87, 89</td>
</tr>
<tr>
<td>Rod DeHaven</td>
<td>5,000 Meters</td>
<td>1987</td>
</tr>
<tr>
<td>Rod DeHaven</td>
<td>800 Meters</td>
<td>1989</td>
</tr>
<tr>
<td>Nate Trebilcock</td>
<td>5,000 Meters</td>
<td>1989</td>
</tr>
<tr>
<td>Erling Ringquist</td>
<td>Pole Vault</td>
<td>1989</td>
</tr>
<tr>
<td>Craig Cassen</td>
<td>5,000 Meters</td>
<td>1989, 90</td>
</tr>
<tr>
<td>Paul Morgan</td>
<td>5,000 Meters</td>
<td>1990</td>
</tr>
<tr>
<td>Dave Leiseth</td>
<td>Shot Put</td>
<td>1990, 91</td>
</tr>
<tr>
<td>Dave Anderson</td>
<td>1,500 Meters</td>
<td>1991</td>
</tr>
<tr>
<td>Gladwin Gamett</td>
<td>Triple Jump</td>
<td>1991</td>
</tr>
<tr>
<td>Edmund Estephane</td>
<td>55 Meters</td>
<td>1994</td>
</tr>
<tr>
<td>Lynn Olson</td>
<td>Pole Vault</td>
<td>1995, 96</td>
</tr>
<tr>
<td>John Delay</td>
<td>Shot Put</td>
<td>1997</td>
</tr>
<tr>
<td>Jason Harris</td>
<td>55 Meters</td>
<td>1998</td>
</tr>
<tr>
<td>Nick Burrow</td>
<td>800 Meters</td>
<td>1998</td>
</tr>
<tr>
<td>Mark McKeown</td>
<td>Mile</td>
<td>1999</td>
</tr>
<tr>
<td>Mark McKeown</td>
<td>5,000 Meters</td>
<td>1998, 99</td>
</tr>
<tr>
<td>Nick Burrow</td>
<td>Mile</td>
<td>1999, 01</td>
</tr>
<tr>
<td>John Delay</td>
<td>Shot Put</td>
<td>2001</td>
</tr>
<tr>
<td>Matt Pearson</td>
<td>Mile</td>
<td>2002, 03</td>
</tr>
<tr>
<td>Greg Darbyshire</td>
<td>5,000 Meters</td>
<td>2003</td>
</tr>
<tr>
<td>Dave Hegland</td>
<td>60-Meter Hurdles</td>
<td>2003</td>
</tr>
<tr>
<td>Brad Lowery</td>
<td>Mile</td>
<td>2003, 04</td>
</tr>
</tbody>
</table>

NCAA Top-10 Team Finishes


NCC Indoor Titles


Two-time indoor All-American Craig Cassen

All-American Greg Darbyshire
**NCAA National Champions**

Larry Frank  
Pole Vault  
1970

Garry Bentley  
1,500 Meter  
1972

Garry Bentley  
3 Mile Run  
1973, 74

Craig Cassen  
Steplechase  
1989, 91

**NCAA All-Americans**

Jay Dirksen  
Steplechase  
1966

Richard Moon  
Pole Vault  
1968, 70

Larry Frank  
Pole Vault  
1970, 71

Glenn Carlson  
440-Yard Hurdles  
1971

Glenn Carlson  
Mile Relay  
1971

John Fillius  
Mile Relay  
1971

Bob Fite  
Mile Relay  
1971

Rob Wahlstrom  
Mile Relay  
1971

Garry Bentley  
1,500 Meters  
1972

Don Larson  
400-Meter Hurdles  
1972, 75

Garry Bentley  
3 Mile Run  
1973, 74

Jeff Herman  
Steplechase  
1974

Ron Kortmeyer  
Discus  
1974

Joe Meyer  
Discus  
1975, 76

Ron LaVelle  
400-Meter Hurdles  
1976

Sam Harris  
Long Jump  
1976

Kent Knutson  
Pole Vault  
1976

Brad Alfred  
Discus  
1979

Curt Swanhurst  
1,500 Meter  
1981

Joel Brandt  
5,000 Meter  
1981

Steve Snyder  
Pole Vault  
1983

Steve Lemke  
Javelin  
1983

Dan Carlson  
10,000 Meters  
1984

Joe Flannery  
Steplechase  
1984, 85

Rob Brockshus  
Discus  
1985, 86

Rod DeHaven  
1,500 Meters  
1985, 86, 87

Rod DeHaven  
800 Meters  
1986

Todd Stevens  
10,000 Meters  
1986

Paul Morgan  
Steplechase  
1987, 90

Tom Slattery  
Discus  
1987

Craig Cassen  
Steplechase  
1988, 98, 91

Rod DeHaven  
5,000 Meters  
1989

Rod DeHaven  
10,000 Meters  
1989

Rich Schmidt  
Steplechase  
1989

Erling Ringquist  
Pole Vault  
1989

Dave Anderson  
1,500 Meters  
1990

Dave Leiseth  
Shot Put  
1991

Derrick Powers  
5,000 Meters  
1992

Gladwin Garnett  
Triple Jump  
1992

Travis Wettlaufer  
10,000 Meters  
1993, 95

Brian Freking  
Steplechase  
1995

Keith Folske  
Steplechase  
1995

John Delay  
Shot Put  
1997

Nolan Wolikow  
Discus  
1999, 00

Nick Burrow  
1,500 Meters  
2003, 04

Brad Lowery  
1,500 Meters  
2003, 04

Mike Steele  
Steplechase  
2004

David Hegland  
110-Meter Hurdles  
2004

**NCAA Top-10 Team Finishes**

1982 (3rd), 1985 (10th), 1994 (8th)

**NCC Indoor Titles**


**Two-time All-American Brad Lowery**

All-American Rich Schmidt
Women’s Indoor History

NCAA National Champions
Kim Fordham 800 Meters 1988, 89

NCAA All-Americans
Tammi Cheevers 800 Meters 1985
Audrey Starvum 1,500 Meters 1985
Charlene Hubbard 1,500 Meters 1985
Kristin Asp 3,000 Meters 1985
Karla Brotherton Shot Put 1985
Kim Fordham 800 Meters 1987, 88, 89
Sue Miller 3,000 Meters 1987
Christy Young 3,000 Meters 1988, 89
Michelle Gerlach 1,500 Meters 1989
Nicole Scherr 1,500 Meter 1990, 91
Susie Oster 3,000 Meters 1990
Angela Aukes 3,000 Meters 1990
Pam Hansen 3,000 Meters 1991
Tina Baum High Jump 1991
Ann Westby 5,000 Meters 1994
Jill Wittenwyler High Jump 1994
Tiffini Schuebel Long Jump 1994
Lynde Thelen Triple Jump 1994
Tiffini Schuebel Triple Jump 1995
Londa VanderWal Shot Put 1996, 97
Stacy Johnson 5,000 Meters 1997
Nancy Overman Shot Put 1998
Nancy Fischer Shot Put 1999
Jennifer Stoval 55-Meter Hurdles 2000
Jodi Smith Mile 2000
Allison Lind 5,000 Meters 2001
Jessie Kindschi 5,000 Meters 2001
Scheena Dauer 5,000 Meters 2003
Cori Vining 60-Meter Hurdles 2004
Michelle Carter Shot Put 2004

NCAA Top-10 Team Finishes

NCC Indoor Titles
1982 & 1983

All-American Tina Baum
All-American Tiffini Schuebel
**NCAA National Champions**

- Audrey Stavrum 10,000 Meters 1982
- Kristin Asp 3,000 Meters 1984
- Ann Westby 10,000 Meters 1994
- Jennifer Bass Pole Vault 1999

**NCAA All-Americans**

- Tammi Wermers 800 Meters 1982
- Nancy Gieske 3,000 Meters 1982
- Cindy Sargent 3,000 Meters 1982
- Nancy Gieske 5,000 Meters 1982
- Audrey Stavrum 10,000 Meters 1982
- Vicki Coyle 10,000 Meters 1982
- Jill Famsdell 10,000 Meters 1982
- Elaine Zell High Jump 1982
- Lori Dubbelde Discus 1982
- Lori Boomsma Javelin 1982
- Audrey Stavrum 5,000 Meters 1983
- Kristin Asp 3,000 Meters 1984
- Karla Brotherton Shot Put 1984
- Christy Young 10,000 Meters 1989, 1991
- Angela Aukes 10,000 Meters 1990
- Kiri Johnson 10,000 Meters 1992, 1993
- Christine Mason 800 Meters 1993, 1994
- Jill Wittenwyler High Jump 1993
- Tina Baum Heptathlon 1993
- Laura Walter 1,500 Meters 1994
- Ann Westby 5,000 Meters 1994
- Ann Westby 10,000 Meters 1994
- Tiffini Schuebel Long Jump 1994
- Allison Peters Heptathlon 1995
- Nancy Overman Discus 1997, 1998
- Nancy Overman Javelin 1997
- Nancy Overman Shot Put 1998
- Jennifer Bass Pole Vault 1999
- Nancy Fischer Shot Put 1999
- Nancy Fischer Discus 1999
- Erin Woolley 3,000 Meters 2001
- Jennifer Stovall 100-Meter Hurdles 2001, 2003
- Holly Hagen Discus 2001, 2002
- Erin Woolley 5,000 Meters 2003

**NCAA Top-10 Team Finishes**

1982 (3rd), 1984 (10th), 1994 (8th)

**NCC Outdoor Titles**

<table>
<thead>
<tr>
<th>55 Meters</th>
<th>1,500 Meters</th>
<th>Heptathlon</th>
</tr>
</thead>
<tbody>
<tr>
<td>6.30 Jason Harris</td>
<td>3:47.92 Rod DeHaven</td>
<td>5.429 Ben Jasinski</td>
</tr>
<tr>
<td>6.30 Frank Blalark</td>
<td>3:47.98 Brad Lowery</td>
<td>4.220 Mike Bredeson</td>
</tr>
<tr>
<td>6.31 John Albertie</td>
<td>3:52.81 Dave Andersen</td>
<td>4.105 Bennett Mercil</td>
</tr>
<tr>
<td>6.34 Edmund Estephane</td>
<td>3:53.16 Stuart Lund</td>
<td></td>
</tr>
<tr>
<td>6.34 Stan Johnson</td>
<td>3:54.28 Joe Flannery</td>
<td></td>
</tr>
<tr>
<td>60 Meters</td>
<td>2:28.24</td>
<td></td>
</tr>
<tr>
<td>7.02 Zach Wirth</td>
<td>2:27.26</td>
<td></td>
</tr>
<tr>
<td>7.04 Luke Leischner</td>
<td>2:26.82</td>
<td></td>
</tr>
<tr>
<td>7.07 Julian Wagner</td>
<td>2:26.50</td>
<td></td>
</tr>
<tr>
<td>200 Meters</td>
<td>2:27.26</td>
<td></td>
</tr>
<tr>
<td>21.82* Jake Schneller</td>
<td>2:26.50</td>
<td></td>
</tr>
<tr>
<td>21.85 Edmund Estephane</td>
<td>2:26.47</td>
<td></td>
</tr>
<tr>
<td>21.90 Jason Harris</td>
<td>2:26.47</td>
<td></td>
</tr>
<tr>
<td>22.21 Damone Freeman</td>
<td>2:26.47</td>
<td></td>
</tr>
<tr>
<td>22.23* Frank Blalark</td>
<td>2:26.47</td>
<td></td>
</tr>
<tr>
<td>300 Meters</td>
<td>2:27.26</td>
<td></td>
</tr>
<tr>
<td>33.96 Jeff Tiefenthaler</td>
<td>2:27.26</td>
<td></td>
</tr>
<tr>
<td>35.29 Mark McConnell</td>
<td>2:27.26</td>
<td></td>
</tr>
<tr>
<td>35.45 Don Massa</td>
<td>2:27.26</td>
<td></td>
</tr>
<tr>
<td>35.67 Evan Bunkers</td>
<td>2:27.26</td>
<td></td>
</tr>
<tr>
<td>35.68 Jared Foote</td>
<td>2:27.26</td>
<td></td>
</tr>
<tr>
<td>400 Meters</td>
<td>2:27.26</td>
<td></td>
</tr>
<tr>
<td>47.29 Jeff Tiefenthaler</td>
<td>2:27.26</td>
<td></td>
</tr>
<tr>
<td>47.37* Luke Leischner</td>
<td>2:27.26</td>
<td></td>
</tr>
<tr>
<td>48.72* Jared Foote</td>
<td>2:27.26</td>
<td></td>
</tr>
<tr>
<td>48.78* Damone Freeman</td>
<td>2:27.26</td>
<td></td>
</tr>
<tr>
<td>500 Meters</td>
<td>2:27.26</td>
<td></td>
</tr>
<tr>
<td>500 Meters</td>
<td>2:27.26</td>
<td></td>
</tr>
<tr>
<td>1:02.9 Jeff Tiefenthaler</td>
<td>1:53.58</td>
<td></td>
</tr>
<tr>
<td>1:03.3 Ervin Geibhart</td>
<td>1:52.66</td>
<td></td>
</tr>
<tr>
<td>1:04.95 Amanje Aware</td>
<td>1:52.66</td>
<td></td>
</tr>
<tr>
<td>1:05.61 Jason Gengerke</td>
<td>1:52.66</td>
<td></td>
</tr>
<tr>
<td>1:05.8 Everett Geibhart</td>
<td>1:52.66</td>
<td></td>
</tr>
<tr>
<td>600 Meters</td>
<td>2:28.24</td>
<td></td>
</tr>
<tr>
<td>1:21.07 Everett Geibhart</td>
<td>1:53.58</td>
<td></td>
</tr>
<tr>
<td>1:21.10* Jared Foote</td>
<td>1:52.66</td>
<td></td>
</tr>
<tr>
<td>1:21.5 Jeff Tiefenthaler</td>
<td>1:52.66</td>
<td></td>
</tr>
<tr>
<td>1:21.66 Amanje Aware</td>
<td>1:52.66</td>
<td></td>
</tr>
<tr>
<td>1:21.7 Ervin Geibhart</td>
<td>1:52.66</td>
<td></td>
</tr>
<tr>
<td>1:22.00 Steve Linstrom</td>
<td>1:52.66</td>
<td></td>
</tr>
<tr>
<td>800 Meters</td>
<td>2:28.24</td>
<td></td>
</tr>
<tr>
<td>1:49.82* Jake Schneller</td>
<td>1:53.58</td>
<td></td>
</tr>
<tr>
<td>1:51.31 Rod DeHaven</td>
<td>1:52.66</td>
<td></td>
</tr>
<tr>
<td>1:51.46* Nick Burrow</td>
<td>1:52.66</td>
<td></td>
</tr>
<tr>
<td>1:51.57 Jake Schneller</td>
<td>1:52.66</td>
<td></td>
</tr>
<tr>
<td>1:52.5 Deane Bjerke</td>
<td>1:52.66</td>
<td></td>
</tr>
<tr>
<td>1:53.58* Scott Heckenliable</td>
<td>1:52.66</td>
<td></td>
</tr>
<tr>
<td>1,000 Meters</td>
<td>2:28.24</td>
<td></td>
</tr>
<tr>
<td>2:26.47 Nick Burrow</td>
<td>2:27.26</td>
<td></td>
</tr>
<tr>
<td>2:27.26 Rod DeHaven</td>
<td>2:26.82</td>
<td></td>
</tr>
<tr>
<td>2:28.24 Matt Pearson</td>
<td>2:26.82</td>
<td></td>
</tr>
<tr>
<td>2:28.78* Jake Schneller</td>
<td>3:47.92 Rod DeHaven</td>
<td></td>
</tr>
</tbody>
</table>

**Bold** indicates current student-athlete or relay team.

*indicates mark made on oversized or banked track.
### Men’s Outdoor Top-Fives

#### 100 Meters
- 10.47 Edmund Estephane 1994
- 10.48 Jason Harris 1998
- 10.64 Ron Schneider 1978
- 10.64 Nate Millerbernd 1996
- 10.65 Jordan Malmstrom 2004

#### 200 Meters
- 21.14 Edmund Estephane 1993
- 21.20 Jason Harris 1998
- 21.34 Mark McConnell 1986
- 21.42* Stan Johnson 1963
- 21.54 Nate Millerbernd 1997

#### 400 Meters
- 47.04 Luke Leischner 2010
- 47.56* Rob Wahlstrom 1971
- 47.63 Jason Harris 1998
- 48.10 Jason Gengerke 1987
- 48.16* Rick Kiley 1971

#### 800 Meters
- 1:48.67 Rod DeHaven 1986
- 1:50.05 Nick Burrow 1998
- 1:50.11 Jake Schneller 2012
- 1:51.20 Brad Lowery 2004
- 1:51.6* Deane Bjerke 1967

#### 1,500 Meters
- 3:40.14 Rod DeHaven 1987
- 3:42.44 Brad Lowery 2004
- 3:45.17 Curt Swanson 1981
- 3:46.6 Garry Bentley 1973
- 3:47.20 Nick Burrow 2000

#### 3,000 Meter Steeplechase
- 8:43.02 Craig Cassen 1991
- 8:54.87 Joe Flannery 1985
- 8:56.12 Paul Morgan 1987
- 8:59.60 Greg Darbyshire 2001
- 9:02.0 Rich Schmidt 1989

#### 5,000 Meters
- 14:00.24 Brad Lowery 2005
- 14:05.11 Joel Brandt 1981
- 14:05.63 Rod DeHaven 1989
- 14:16.40 Kevin Doe 2003
- 14:18.32 Matt Pearson 2003

#### 10,000 Meters
- 29:34.14 Dan Carlson 1984
- 29:39.61 Rod DeHaven 1989
- 29:40.87 Michael Krsnak 2011
- 29:50.65 Greg Darbyshire 2004
- 30:07.57 Derrick Powers 1992

#### 110-Meter Hurdles
- 14.18 David Hegland 2004
- 14.24 Nick Schanaman 2009
- 14.28 Glenn Carlson 1972
- 14.30 Andrew Duitsman 2009
- 14.36 Trent Merkwan 1994

### 400-Meter Hurdles
- 52.04* Don Larson 1975
- 52.14* Glen Carlson 1972
- 52.68 John LaVelle 1976
- 53.09 Brandon Priebre 2012
- 53.33* Dan Smith 1974

### Long Jump
- 25’04.00” Jared Vlastuin 2012
- 24’09.25” Sam Harris 1977
- 24’01.50” Gladwin Garnette 1992
- 23’11.50” Lee Larscheid 1972
- 23’09.00”(A) Ben Jasinski 2009

### Triple Jump
- 51’04.25” Ben Jasinski 1976
- 51’03.00” Sam Harris 2009
- 49’11.75” Gladwin Garnette 1992
- 48’08.75” Jim Shea 1977
- 48’04.50” Dave Bakke 1978

### Pole Vault
- 16’09.25” John Delay 1997
- 16’07.75” Calvin Cammack 2012
- 16’06.75” Tyler Schiferl 2009
- 16’03.00” Jim Shea 1978
- 16’03.00” Steve Snyder 1983

### Shot Put
- 183’05” Nolan Wolko 2000
- 178’02” Ross Brockshus 1986
- 178’00” Joe Meyer 1977
- 174’00” Tom Slatter 1986
- 173’07” Brad Alfred 1977

### Discus Throw
- 194’07” Sam McInerney 2008
- 193’08” Jeff Hurlbert 1997
- 190’00” Arron Davis 2011
- 184’01” Sam McInerney 2011
- 182’05” Lucas Dietterle 2005

### Javelin Throw
- 195’01” Jake Brinkman 2012
- 191’07” Sean Burns 2011
- 172’11” Ryan Ackman 2012
- 171’08” Sam McInerney 2008
- 162’09” John Delay 2001

### Hammer Throw
- 41.60* Hans Bakke, Johnson Schneider 1978
- 41.66* Herbolt, Lewis, Garnette, Alberiete 1991
- 41.70* O’Connell, Steinberg, Tiefenthaler, Phipps 1982
- 41.74* Herbolt, Freeman, Estephane, Williams 1994

### 4 x 100 Meter Relay
- 41.60* Harris, Bakke, Johnson, Schneider 1978
- 41.66* Herbolt, Lewis, Garnette, Alberiete 1991
- 41.70* O’Connell, Steinberg, Tiefenthaler, Phipps 1982
- 41.74* Herbolt, Freeman, Estephane, Williams 1994

### 4 x 200M Relay
- 1:26.3 McNicholl, Phipps, Gehhart, Tiefenthaler 1998
- 1:27.1* Kelly, Smith, Larson, Kelly 1974
- 1:27.4* Kelly, Mends, Kiley, Wahlstrom 1973
- 1:27.73* Bosanko, Gengerke, Elder, Harris 1998

### 4 x 400 Meter Relay
- 3:10.56 Bosanko, Elder, Gengerke, Harris 1998
- 3:12.17 McNicholl, Gehhart, Gehhart, Tiefenthaler 1998
- 3:12.1* Fillaus, Carlson, Fiete, Wahlstrom 1991
- 3:12.3* Fillaus, Carlson, Larson, Wahlstrom 1972
- 3:12.59 Gibbons, Foote, Schneller, Leischner 2010

### 1,600 Meter Medley Relay
- 3:22.9* Nept, Frazier, Ruer, Bjerke 1968
- 3:22.9* Bong, Fillaus, Eahlstrom, Fite 1971
- 3:25.14 Bosanko, Tuttle, Elder, Burrow 1999
- 3:25.9* Fillaus, Larson, Wahlstrom, Bjerke 1972
- 3:26.6* Frazier, Peck, Ruer, Bjerke 1968

- *indicates mark made on oversized or banked track
- (A) Altitude
- Bold indicates current student-athlete
- Note: an athlete is only listed in each top-five once (best performance listed)
55 Meters
7.20 Tiffini Schuebel 1995
7.29 Anne Parker 1994
7.33 Ashley Odegaard 2011
7.38 Josey Meurer 2003
7.40 Taunja Disher 2003

60 Meters
7.63 Cameryn Christian 2008
7.69 Heather Wollman 2011
7.75 Brittany Garner 2008
7.80 Ashley Odegaard 2012
7.86 Tiffini Schuebel 1995

200 Meters
24.58* Heather Wollman 2009
24.62* Cameryn Christian 2008
25.13* Brittany Garner 2009
25.25* Gina Fritz 2012
25.50 Josey Meurer 2003
25.54 Tiffini Schuebel 1995

300 Meters
39.81 Cameryn Christian 2007
40.59 Paula Burma 1985
41.30 Cameryn Christian 2006
41.52 Nicole Jensen 1998
41.61 Barb Riemenschneider 1991

400 Meters
55.59* Heather Wollman 2009
55.92* Cameryn Christian 2008
56.64* Brittany Garner 2008
57.42* Tracy Stewart 1992
57.47 Paula Burma 1985

500 Meters
1:15.32 Nicole Jensen 1998
1:17.3 Rana Schoorman 1991
1:17.65 Jennifer Stovall 2000
1:17.98 Jill Sutton 1994
1:18.22 Emily Oyen 1997

600 Meters
1:35.98 Stacy Huss 2008
1:41.11 Emily Oyen 1997
1:41.52 Shannon Hattervig 2006
1:42.36 Danielle Clark 2001
1:42.45 Krista Creager 2010

800 Meters
2:11.37 Kim Fordham 1988
2:12.54 Emily Jo Oyen 1998
2:12.95 Tammi Wermers 1985
2:14.70 Christine Mason 1994
2:14.70* Ashley Storm 2010

1,000 Meters
2:52.98* Becka Mansheim 2007
2:56.43 Laura Walter 1994
2:57.27 Michelle Gerlach 1989
2:58.2 Ann Westby 1993
2:58.33 Charlene Hubbard 1985

1,500 Meters
4:32.56 Kristin Asp 1984
4:34.21 Audrey Stavrums 1985
4:34.39 Charlene Hubbard 1985
4:36.7 Nancy Geske 1982
4:37.2 Ann Westby 1993

3,000 Meters
9:37.49* Becka Mansheim 2007
9:42.96 Kristin Asp 1984
9:44.80* Caitlin Berry 2008
9:51.13 Susie Oster 1990
9:51.58 Pam Hansen 1991

5,000 Meters
16:40.81 Allison Lind 2001
16:45.42 Jessie Kindschi 2001
16:49.4 Pam Hansen 1991
16:51.77 Sheena Dauer 2003

55-Meter Hurdles
8.15 Cori Vining 2003
8.15 Jennifer Stovall 2000
8.21 Barb Riemenschneider 1992
8.35 Ruth Raak 1992
8.39 Erin Zempel 2004

60-Meter Hurdles
8.69 Lora Sherrer 2012
8.71 Jennifer Stovall 2003
8.71 Cori Vining 2003
8.85 Anna Gagliano 2010
8.93 Erin Zempel 2004
8.93 Kristen Barrios 2008

Long Jump
20'05.25* Tiffini Schuebel 1995
19’02.00” Tamiko Kopfmn 2009
18’08.00” Cori Vining 2003
18’05.25” Lora Sherrer 2012
18’04.25” Tina Baum 1993

Triple Jump
38’06.50” Tiffini Schuebel 1995
38’04.00” Lynde Thelen 1994
39’03.75” Jamie Keck 2004
38’11.75” Ashley Lange 2009
38’07.75” Jill Wittenwyler 1994

High Jump
5’09.75” Mary Wirth 2012
5’09.25” Andrea Masters 2007
5’09.00” Tina Baum 1991
5’08.00” Jill Wittenwyler 1994
5’08.00” Lora Sherrer 2010

Pentathlon
3742 Lora Shearer 2012
3498 Tina Baum 1993
3439 Lyndie Thelen 1995
3336 Rachael Halk 2009
3182 Jodi Peterson 1998
3157 Allison Peters 1995

Pole Vault
12’06.00’’ Brittany Garner 2010
11’04.25” Janel Johnson 2002
11’03.00” Teresa Kremer 2003
11’03.00” Kristi Mortenson 2009
10’11.00” Kistan Butler 2000

Shot Put
51’03.75” Sara Ackman 2009
48’09.50” Londa Vender Wu 1997
48’09.00” McKenzie Johnson 2012
48’05.00” Nancy Fischer 1993
48’01.25” Brooke Garner 2010
47’05.00” Karla Brothers 1985

20-Pound Weight Throw
61’03.75” Sara Ackman 2009
60’09.50” Jennifer Mack 2011
59’11.00” Christa Landmark 2010
55’00.75” Michelle Schuch 2010

4 x 400 Meter Relay
3:50.56* Raak, Fordham, Schoorman, Riemenschneider 1991
3:51.98* Stewart, Mason, Raak Schoorman 1993
3:53.09* Garner, Huss, Storm, Wollman 2009
3:53.34 Hall, Stovall, Jorgenson, Meurer 2002

4 x 800 Meter Relay
9:26.24 Gis, Gillen, Zetzig, Mason 1993
9:27.21 Heemstra, Sutton, Zetzig, Mason 1992
9:41.68 Owen, Wooley, Clark, Smith 2000
9:41.84 Hattervig, Steinke, Schafer, Huss 2006
9:43.59 N/A 2001

Distance Medley Relay
11:45.84* Burke, Garner, Huss, Mansheim 2007
11:49.49* Storm, Lauseng, Huss, Berry 2008
11:53.67* Mansheim, Adams, Hattervig, Dauer 2005
11:55.29 Mansheim, Adams, Hattervig, Dauer 2005
12:01.64* Burke, Lauseng, Huss, Storm 2009

* indicates mark made on oversized or banked track
Bold indicates current student-athlete
### Women's Outdoor Top-Fives

<table>
<thead>
<tr>
<th>Event</th>
<th>Athlete</th>
<th>Year</th>
</tr>
</thead>
<tbody>
<tr>
<td>100 Meters</td>
<td>Cameryn Christion</td>
<td>2007</td>
</tr>
<tr>
<td></td>
<td>Heather Wollman</td>
<td>2009</td>
</tr>
<tr>
<td></td>
<td>Tiffini Schuebel</td>
<td>1994</td>
</tr>
<tr>
<td></td>
<td>Brittany Garner</td>
<td>2011</td>
</tr>
<tr>
<td></td>
<td>Ashley Odegaard</td>
<td>2012</td>
</tr>
<tr>
<td>200 Meters</td>
<td>Heather Wollman</td>
<td>2009</td>
</tr>
<tr>
<td></td>
<td>Brittany Garner</td>
<td>2008</td>
</tr>
<tr>
<td></td>
<td>Cameryn Christion</td>
<td>2007</td>
</tr>
<tr>
<td></td>
<td>Megan Bren</td>
<td>2012</td>
</tr>
<tr>
<td></td>
<td>Gina Fritz</td>
<td>2012</td>
</tr>
<tr>
<td>400 Meters</td>
<td>Heather Wollman</td>
<td>2009</td>
</tr>
<tr>
<td></td>
<td>Paula Burma</td>
<td>1995</td>
</tr>
<tr>
<td></td>
<td>Kim Fordham</td>
<td>1991</td>
</tr>
<tr>
<td></td>
<td>Jill Stevenson</td>
<td>1987</td>
</tr>
<tr>
<td></td>
<td>Christine Mason</td>
<td>1993</td>
</tr>
<tr>
<td>800 Meters</td>
<td>Kim Fordham</td>
<td>1991</td>
</tr>
<tr>
<td></td>
<td>Tammi Cheever</td>
<td>1985</td>
</tr>
<tr>
<td></td>
<td>Christine Mason</td>
<td>1991</td>
</tr>
<tr>
<td></td>
<td>Emily Jo Oyen</td>
<td>1998</td>
</tr>
<tr>
<td></td>
<td>Becka Mansheim</td>
<td>2007</td>
</tr>
<tr>
<td>1,500 Meters</td>
<td>Kristin Asp</td>
<td>1984</td>
</tr>
<tr>
<td></td>
<td>Nancy Gieske</td>
<td>1982</td>
</tr>
<tr>
<td></td>
<td>Erin Woolley</td>
<td>2000</td>
</tr>
<tr>
<td></td>
<td>Pam Hansen</td>
<td>1991</td>
</tr>
<tr>
<td></td>
<td>Ann Westby</td>
<td>1994</td>
</tr>
<tr>
<td>3,000 Meters</td>
<td>Nicole Davis</td>
<td>2010</td>
</tr>
<tr>
<td></td>
<td>Ashley Storm</td>
<td>2010</td>
</tr>
<tr>
<td></td>
<td>Danielle McCann</td>
<td>2012</td>
</tr>
<tr>
<td></td>
<td>Tera Potts</td>
<td>2012</td>
</tr>
<tr>
<td></td>
<td>Katie Tombre</td>
<td>2006</td>
</tr>
<tr>
<td>5,000 Meters</td>
<td>Kristin Asp</td>
<td>1984</td>
</tr>
<tr>
<td></td>
<td>Nancy Gieske</td>
<td>1981</td>
</tr>
<tr>
<td></td>
<td>Jessie Kindschi</td>
<td>2001</td>
</tr>
<tr>
<td></td>
<td>Ann Westby</td>
<td>1994</td>
</tr>
<tr>
<td></td>
<td>Pam Hansen</td>
<td>1991</td>
</tr>
<tr>
<td>10,000 Meters</td>
<td>Kristin Asp</td>
<td>1983</td>
</tr>
<tr>
<td></td>
<td>Pam Hansen</td>
<td>1991</td>
</tr>
<tr>
<td></td>
<td>Audrey Stavrum</td>
<td>1982</td>
</tr>
<tr>
<td></td>
<td>Jessie Kindschi</td>
<td>2001</td>
</tr>
<tr>
<td></td>
<td>Ann Westby</td>
<td>1994</td>
</tr>
<tr>
<td>1,600 Meter Steeplechase</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Jodi Peterson</td>
<td>2009</td>
</tr>
<tr>
<td></td>
<td>Allison Peters</td>
<td>1996</td>
</tr>
<tr>
<td></td>
<td>Tiffini Schuebel</td>
<td>1994</td>
</tr>
<tr>
<td></td>
<td>Jodi Peterson</td>
<td>2000</td>
</tr>
<tr>
<td></td>
<td>Lynde Thelen</td>
<td>1994</td>
</tr>
<tr>
<td></td>
<td>Andrea Masters</td>
<td>2008</td>
</tr>
<tr>
<td></td>
<td>Elaine Zell</td>
<td>1982</td>
</tr>
<tr>
<td></td>
<td>Michelle Schuch</td>
<td>2009</td>
</tr>
<tr>
<td></td>
<td>Christa Landmark</td>
<td>2009</td>
</tr>
<tr>
<td></td>
<td>Sara Ackman</td>
<td>2009</td>
</tr>
</tbody>
</table>

Note: an athlete is only listed in each top-five once (best performance listed)

**Bold** indicates current student-athlete

(A) indicates mark at altitude

*Note: 4 x 100 & 200 Meter Relay times in seconds.*
A New Era: The Indoor Practice Facility
South Dakota State University announced earlier this year leadership investments totaling $18 million for the university's planned Indoor Practice and Human Performance Athletic Facility. Sanford Health has agreed in principle to provide $10 million, while another $8 million has been committed by anonymous donors.

The overall project is estimated to cost $24 million to $28 million. Construction of the facility is planned to begin in the spring of 2013, subject to successfully raising the additional funds and final approval through the South Dakota Board of Regents' capital project process. The university received approval from the regents for preliminary planning of the facility in June 2011.

The Sanford Health partnership provides the foundation for a facility that will serve more than 450 student-athletes and will be constructed north of Coughlin-Alumni Stadium, adjacent to the Dykhouse Student-Athlete Center. The facility will provide indoor practice space for intercollegiate athletic teams, state-of-the-art areas for sports medicine, and strength and conditioning facilities.

The partnership establishes a framework for broader collaboration in mutual areas of interest such as exercise science, nutrition and human performance, injury prevention and evidence-based injury treatment and rehabilitation, according to university President David Chicoine.

"The partnership enables a deeper collaboration between our university and Sanford Health," Chicoine said. "There is significant potential with this partnership to enrich our university and to impact many disciplines. This first-class facility will support our student-athletes with practice space, training areas and health-care services, allowing them to pursue their dreams and excel in the classroom and in athletic competition."

As part of the partnership, Sanford Health will become the exclusive provider of sports medicine services for Jackrabbit Athletics for the next 10 years, offering board-certified and fellowship-trained orthopedic surgeons and primary care physicians, and experts with the National Institute for Athletic Health & Performance at Sanford Health.

According to Kelby Krabbenhoft, president and CEO of Sanford Health, Sanford Health has a strong history of working with athletic programs from high school to professional levels. Partnering with universities like SDSU yields major returns on the health system's investments in students.

"We are proud to align with SDSU, and the investment we have made toward the construction of this new facility is the first step in our long-term commitment to the championship excellence the university has put into motion," Krabbenhoft said. "Sanford Health provides a blanket of support to dozens of schools and thousands of student-athletes like none other in the nation. The ability to provide customized service and coverage to SDSU and all our partner schools will yield incredible collective insights and support from the combined knowledge and resources we bring to bear. This is the result of region-wide potential of the nutrition, safety, physical performance and research gained from this well organized effort in sports medicine. That means better care for the student-athlete, and incredible resources during the season and also in the off-season."
The planned facility would include an eight-lane, 300-meter track and 100 yards of synthetic turf, along with space for sports medicine, athletic training, strength and conditioning, physical therapy, hydrotherapy, observation rooms and office facilities.

According to Director of Athletics Justin Sell, the facility supports the athletic department’s mission to develop lifelong champions and will have a positive impact on the university for decades to come.

"The Indoor Practice and Human Performance Facility will have the greatest impact on our student-athletes. It is a game-changing opportunity to build a facility that will benefit the university for the next 50 years," Sell said. "The demands put on student-athletes today create the need for high-quality practice and support facilities that allow our student-athletes the opportunity to compete and excel at the highest levels. There is a tremendous need for this facility and we are pleased to be partnering with a leading health care provider like Sanford Health."

The project will be funded by donors as part of SDSU’s comprehensive campaign: It Starts with STATE: A Campaign for South Dakota State University. The $200 million campaign, under the direction of the SDSU Foundation, provides faculty endowments, student scholarships and facility improvements. To date, the campaign has assisted in the building of the Avera Health and Science Center, Daktronics Engineering Hall, Davis Dairy Plant, Dykhouse Student-Athlete Center and the McCrory Gardens Education and Visitor Center.

About South Dakota State University

Founded in 1881, South Dakota State University is the state’s Morrill Act land-grant institution as well as its largest, most comprehensive school of higher education. SDSU confers degrees from eight different colleges representing more than 175 majors, minors and specializations. The institution also offers 29 master’s degree programs, 12 Ph.D. and two professional programs.

The work of the university is carried out on a residential campus in Brookings, at sites in Sioux Falls, Pierre and Rapid City, and through Cooperative Extension offices and Agricultural Experiment Station research sites across the state.

About Sanford Health

Sanford Health is an integrated health system headquartered in Fargo, N.D. and Sioux Falls, S.D. and consists of two longstanding organizations that merged in 2009. Sanford is now the largest, rural, not-for-profit health care system in the nation with locations in 126 communities in seven states. In addition, Sanford Health is in the process of developing international clinics in Ireland, Ghana, Israel and Mexico.
The Summit League

THE SUMMIT LEAGUE

IUPUI’s Chen Ni became the first female in Summit League history to win two NCAA Championships, after winning the platform dive in 2010 and 2012.

As The Summit League enters its fourth decade of Division I athletics, the performance level continues to rise to higher standards. A memorable 2011-12 campaign celebrated numerous record-setting and remarkable achievements for The Summit League, its member schools and student-athletes during the league’s 30th anniversary season.

“Ascending” and “improving” are common adjectives used in media coverage of The Summit League as it continues its renaissance. Consisting of nine member institutions with over 3,000 student-athletes competing in 19 championship sports, The Summit League has enjoyed unprecedented success and development in recent history.

Since rebranding as The Summit League in 2007, the league has produced 54 All-Americans, 37 Academic All-America selections and seven NCAA Championships. In the past seven seasons, Summit League teams have achieved final national rankings in six different sports, won NCAA regional championships in two sports and advanced in three additional NCAA team championship tournaments. That level of success carries into both the classroom and athletic competition.

Record-Setting 2011-12 Season

In 2011-12 alone, The Summit League nearly doubled its all-time NCAA Champions total by claiming four national titles. IUPUI’s Chen Ni became the first female to win multiple NCAA crowns when she claimed her second platform diving championship in three seasons. Roberts’ Jack Whitt gave the league its third title when he won the pole vault competition.

Two additional student-athletes collected NCAA statistical championships as Oakland’s Reggie Hamilton became The Summit League’s first men’s basketball national scoring leader and Western Illinois’ Sammy Marshall was softball’s national leader in stolen bases per game.

The Summit League’s growth and success is most evident at the annual Basketball Championships. Its 2012 event set a record for total attendance, including the all-time highest women’s tournament figure and the third-best overall men’s draw. The last four tournaments occupy each of the top four all-time tournament attendance totals in league history.

Popularity of The Summit League’s marquee event reaches beyond the arena. The 2012 Basketball Championships marked the first time in league history that all 14 men’s and women’s tournament games appeared on national cable television. Since 2009, every tournament game has been televised, including the men’s championship on ESPN2 and the women’s title game on ESPNU.

Men’s Basketball enjoyed a stellar season on and off the court. The Summit League finished 2011-12 with its highest RPI ranking in history, placing 16th among Division I conferences after peaking as high as No. 11 earlier in the season. A record five teams played in national postseason tournaments with one, Oakland, making the deepest run in league history with three wins and a semifinal appearance in the CollegeInsider.com Tournament. The league-wide success translated to unprecedented fan support and an all-time best home attendance figure.

Throughout the 2011-12 season, The Summit League measured up well against men’s basketball leagues across the country and finished with a .500 or better record against 15 of the 17 mid-major conferences. Against both Division I and overall non-league competition, The Summit League amassed its highest victory total and posted its best winning percentage on record. Under the national spotlight, The Summit League was one of only two conferences with multiple participating teams to post perfect records in nationally-televised BracketBuster games.

In women’s athletics, The Summit League sent a record four teams to compete in national women’s basketball postseason tournaments, including an all-time high three in the WNIT. The volleyball season saw The Summit League ranked as high as No. 13 among the 33 Division I leagues in the state-of-the-art ESPN RPI system.

With three national champions and the two-highest placing teams in league history at the NCAA Outdoor Track & Field Championships, The Summit League solidified itself as one of the national leaders in the sport. During the indoor season, The Summit League finished ninth among men’s Division I leagues in the final USTFCCCA conference index. A combined 12 men’s and women’s Indoor and Outdoor All-America honors went to Summit League student-athletes.

The Summit League emphasizes a balance of outstanding athletics and academics. The NCAA honored a record 15 Summit League student-athletes for APR success that included finishing among the top 10 percent for their sport. Individually, North Dakota State’s Amy Anderson continued to garner recognition as one of the NCAA’s top student-athletes by earning the National Golf Coaches Association’s Dinah Shore Trophy recognizing achievement in athletic performance, grade point average and community service. Similar honors went to IUPUI’s men’s soccer standout Perez Agaba, who earned selection to the Lowe’s Senior CLASS All-America team. A total of seven Summit League student-athletes were named to their sport’s Capital One Academic All-America teams, includes three first team honorees.

Origins and Evolution

In 1982, the present-day Summit League was formed by commissioner F.L. “Frosty” Ferzacca as the Association of Mid-Continent Universities with eight schools competing in five championship sports at the Division I level. Later known as the
Mid-Continent Conference, The Summit League has grown to a combined enrollment of over 144,000 students at nine universities, four of which are based in top-58 U.S. metro populations (Detroit, Indianapolis, Kansas City and Omaha).

The Summit League’s two newest members, South Dakota and Nebraska Omaha, compete together for the first time in 2012-13. Admitted to the league in 2009, USD completed its initial year of league competition in 2011-12 and is eligible for all championships this season. UNO joined the league in 2011 and is in its first year of Summit League competition before becoming fully eligible for all sport championships in 2015-16.

Current Summit League member institutions include: IPFW (Indiana-Purdue-Fort Wayne), IUPUI (Indiana University-Purdue University-Indianapolis), UMKC (University of Missouri-Kansas City), the University of Nebraska Omaha, North Dakota State University, Oakland University, the University of South Dakota, South Dakota State University, and Western Illinois University. Eastern Illinois University competes as an associate member in swimming and diving and men’s soccer and Oral Roberts University is an associate member for men’s soccer. These member institutions pride themselves on providing quality athletic, academic and social experiences for their student-athletes.

The Summit League sponsors 19 championship sports: baseball, men’s and women’s basketball, men’s and women’s cross country, men’s and women’s golf, men’s and women’s hockey, men’s and women’s indoor track and field, men’s and women’s outdoor track and field, men’s and women’s tennis, and volleyball. The league champion receives an automatic bid to the NCAA Tournament in all applicable sports.

Since its inception in 1982, The Summit League has had several transcendent moments on the national stage. In 1986, Cleveland State upset third-seeded Indiana in the first round of the NCAA Men’s Basketball Tournament on its way to a berth in the Sweet 16. A decade later, Valparaiso captured the nation’s attention when Bryce Drew hit “the shot” to topple No. 4 seed Mississippi in an NCAA first-round game that sparked its 1998 Sweet 16 run. More recently, Oral Roberts’ baseball program finished the 2004 campaign with a national-ranking and became the first Summit League school to reach an NCAA Super Regional in 2006. Three years later in 2009, North Dakota State became the league’s second team to reach the “Sweet 16.”

The League has produced nine NCAA champions, four Olympic medalists and numerous All-Americans in the sports of track and field, swimming and diving and cross country.

Several professional athletes and draft choices have come directly from The Summit League, including three Major League Baseball first round picks, a pair of NBA first round choices, and one WNBA selection. Former Summit League athlete Kevin Duckworth (NBA) was a two-time all-star during his professional career.

To coincide with The Summit League’s 30th Anniversary Season, the league released a list of its Top 30 Distinguished Contributors from the Division I era as selected by a panel of voters from member schools and media. Four individual NCAA champions and three Olympic medalists along with four NBA players and two World Series Champions headlined The Summit League’s list of top student-athletes, coaches and administrators that was the jewel of the anniversary celebration.

Follow The Summit League on Twitter @thesummitleague, @summithoops and @summitchamps
SUMMIT LEAGUE IN THE OLYMPICS

Now in its 30th year as an NCAA Division I athletics conference, The Summit League is in its fifth year under that name. In May 2007, the Presidents Council embraced the Summit Plan, a strategic plan that places a renewed emphasis on improving the academic and athletic performances of all its student-athletes. Included in the plan was the creation of a new image of the conference and the unveiling of a new name. The Summit League is the third name the conference has held as an NCAA sanctioned league.

The Summit League’s current member schools are IPFW (Indiana University-Purdue University-Fort Wayne), IUPUI (Indiana University-Purdue University Indianapolis), UMKC (University of Missouri-Kansas City), North Dakota State University, Oakland University, University of South Dakota, South Dakota State University, and Western Illinois University. The member schools pride themselves on providing quality athletic, academic and social experiences for their student-athletes.

The Summit League sponsors 19 championship sports, which include: baseball, men’s and women’s basketball, men’s and women’s cross country, men’s and women’s golf, men’s and women’s soccer, softball, men’s and women’s swimming & diving, men’s and women’s indoor track & field, men’s and women’s outdoor track & field, men’s and women’s tennis, and volleyball.

The Summit League has had six athletes (from current league members) participate in the Olympic Games for track and field. Kansas City and South Dakota have each had one athlete.

The most recent was Andretti Bain from Oral Roberts. Bain participated in the 2008 Olympics in Beijing.

UMKC has had one athlete in school history represent her country in the Olympic Games. Marcia Daniel represented the island of Dominica at the 2000 Sydney Summer Olympic Games and carried her country’s flag during the opening ceremonies.

North Dakota State, Southern Utah and Western Illinois have had student-athletes compete in the Olympic trials, but were not able to not advance to the Games.

IPFW, IUPUI, North Dakota State, Oakland, and Western Illinois have never had any student-athletes from their track and field programs compete in the Olympic Games.

SOUTH DAKOTA STATE UNIVERSITY

Rod DeHaven
- Sydney/2000
- Country represented: USA
- Event: Marathon
- Time/placing: 69th place

DeHaven is the current head coach for the track and field/cross country programs and is a 1989 graduate of SDSU. DeHaven was named the women’s cross country 2008 Summit League Coach of the Year and the men’s cross country Summit League Coach of the Year in 2009, 2010 and 2012.

ORAL ROBERTS UNIVERSITY

Andretti Bain
- 2008/Beijing
- Country represented: Bahamas
- Event: Open 400 meters, 4x400-meter relay
- Time/placing:
  - 4x400 – Silver - 2:58.03
  - Open 400 – 7th in semifinal No. 2 - 45.52

Prince Moses Mumba
- 2004/Athens
- Country represented: Zambia
- Event: Open 800 meters
- Time/placing:
  - Open 800 - Round 1, Heat 1 Finish 6th- 1:48.36

Garth Robinson
- 1996/Atlanta
- Country represented: Jamaica
- Event: 4x400-meter relay
- Time/placing:
  - 4x400 - Received bronze medal - 3:02.81

Renward Wells
- 2000/Sydney
- Country represented: Bahamas
- Event: Open 100, Open 200, 4x100 (2000)
- Time/placing:
  - Open 100 and 4x100 (1996)

Michael Hairston and Madeline Manning Mims
- 1980/Moscow

(Due to the boycott, Hairston and Mims did not participate. Both were set to compete for the USA.)

UMKC

Marcia Daniel
- Sydney/2000
- Country represented: Dominica
- Event: Open 400-meter dash
- Time/placing:
  - Open 400 - Round 1, Heat 6, Finish 7th - 58.20

Daniel was a Summit League Indoor Champion in 2001 in the 60 meters (then Mid-Con) and a Summit League Outdoor Champion in 2000 (400 meters) and 2001 (100 meters).

Page courtesy of Brooke Orcutt, UMKC Media Relations
South Dakota State Track and Field

**Media Information**

Credentials - All requests for media credentials for SDSU home track and field meets should be directed to the South Dakota State sports information department at least 24 hours prior to the event.

Credentials will be mailed if requests are received a week or more in advance. Otherwise, credentials may be picked up at the Jackrabbit Ticket Office inside the Stanley J. Marshall HPER Center weekdays from 9 a.m. to 5 p.m..

Due to limited seating, only working media will be allowed access on a first-come, first-served basis.

The following guidelines apply specifically to Internet sites:

- No more than two people working for the official Web site of the opponent and/or its official conference site will be issued credentials.
- Web sites whose content centers around message boards and chat rooms where users can post anonymous information and/or rumors are ineligible for any consideration for credentials or access.
- Credentials will not be granted to any agency operating sites that are in any way affiliated with gambling, or to freelance or fan-based sites that are not affiliated with a legitimate news-gathering organization.

The official site of South Dakota State University athletics is the South Dakota State sports information department.

Statistics - The South Dakota State sports information office will keep official statistics and will distribute final statistics to teams and members of the media within 15 minutes after the conclusion of a meet.

On the Web - The latest Jackrabbit news and updates can be viewed on the Internet at www.GoSdstate.com, the official site of South Dakota State University athletics. Box scores, statistics and a meet recap will be posted within an hour following the conclusion of a contest.

Interview Policy - Outside of athletic events, interviews with South Dakota State student-athletes must be arranged 24 hours in advance Monday through Thursday by contacting the SDSU sports information office or the head coach of the sport involved. Please do not contact the student-athlete directly without prior approval — phone numbers of SDSU student-athletes will not be released.

Media members should understand that all return calls will be made collect or via a toll-free number, unless the student-athlete does the interview from the sports information office. Jackrabbit student-athletes will not be available for interviews prior to a contest the day of a game, but will be available for post-game interviews 10 minutes after the conclusion of contests by contacting a member of the sports information staff or coaching staff.

**Radio**

Brookings Radio
- Contact: Dellas Cole - Sports Director
- Phone/Fax: (605) 692-1430 / 692-4441
- Web: www.brookingsradio.com

WNAX - 570 AM
- Contact: Steve Immig - Sports Director
- E-mail: immig@wnax.com
- Phone/Fax: (605) 668-1179 / 665-8788
- Toll Free: 1-800-843-0089
- Web: www.wnax.com

KWSN - 1230 AM
- Contact: Craig Matlick and Chris Tubbs
- E-mail: craig.matlick@bybradio.com
- Phone/Fax: (605) 271-5873 / 336-0415
- Web: www.kwsn.com

KSOO - 99.1 FM
- Contact: Brad Peterson, Warren Swain, Jeff Harkness
- E-mail: Brad@espn991.com
- Phone/Fax: (605) 362-3776
- Web: www.espn991.com

**Television**

KDLT-TV — NBC
- Contact: Mark Ovenden - Sports Director
- Contact: Kolbe Nelson - Weekend Sports
- Phone/Fax: (605) 361-1357
- Web: www.kdlt.com

KELO-TO — CBS
- Contact: Matt Holsen - Sports Director
- Phone: (605) 357-5675
- Contact: Jim Madalinsky - Weekend Sports
- Phone: (605) 357-5692
- Office Phone/Fax: (605) 336-1300 / 336-7936
- Web: www.keloland.com

KSFY-TV — ABC
- Contact: Erik Thorstenson - Sports Director
- E-mail: ethorstenson@ksfy.com
- Phone: (605) 373-7376
- Contact: Dylan Scott - Weekend Sports
- E-mail: dscott@ksfy.com
- Phone: (605) 373-7389
- Fax: (605) 336-7936
- Web: www.ksfy.com

**Newspaper**

Brookings Register
- Contact: Troy Maroney - Sports Editor
- E-mail: sports@brookingsregister.com
- Phone/Fax: (605) 692-6271 / 692-2979
- Web: www.brookingsregister.com

Sioux Falls Argus Leader
- Contact: Terry Vandrovec - Beat Writer
- E-mail: tvandrovec@argusleader.com
- Phone/Fax: (605) 977-3923 / 977-3933
- Web: www.argusleader.com

Aberdeen American News
- Contact: John Papendick - Sports Editor
- E-mail: jpapendick@aberdeennews.com
- Phone/Fax: (605) 622-2323 / 225-0421
- Web: www.aberdeennews.com

Yankton Press & Dakota
- Contact: James Cimburek - Sports Editor
- E-mail: james.cimburek@yankton.net
- Phone/Fax: (605) 665-7811 / 665-1721
- Web: www.yankton.net

Rapid City Journal
- Contact: Andrew Cutler
- E-mail: andrew.cutler@rapidcityjournal.com
- Phone/Fax: (605) 394-9300 / (605) 342-4610
- Web: www.rapidcityjournal.com

Watertown Public Opinion
- Contact: Roger Merriam - Sports Editor
- E-mail: rogerm@thepublicopinion.com
- Phone/Fax: (605) 886-6901 / 886-4280
- Web: www.thepublicopinion.com

SDSU Collegian
- Contact: Marcus Traxler
- E-mail: collegiansports@gmail.com
- Phone: (605) 688-6164
- Web: www.sdsucollegian.com

**News Organizations**

The Associated Press, Sioux Falls
- Contact: Wayne Ortman - Staff Writer
- E-mail: ap.padu004@ap.org
- Phone/Fax: 1-800-952-9117 / (605) 332-9391
- Web: www.ap.org

Dakota News Network, Fargo, N.D.
- Contact: Steve Carlson - Staff Reporter
- E-mail: steve.carlson@dnn.net
- Phone/Fax: (701) 237-5000 / 290-0861
- Web: www.americanagnewspaper.com
South Dakota State University
Founded 1881 • Brookings, S.D.
With a record enrollment of 12,725 students in the fall of 2011, South Dakota State remains the state's largest institution of higher learning.

SDSU Early History
Located in Brookings, the Territorial Legislative Assembly authorized SDSU in 1881 to serve as the state's land grant institution. Territorial Council member John O'Brien Scobey managed to secure Dakota Agricultural College for his city.

Although allocations fell short of the actual cost, the school did open in the fall of 1884 because the president, George Lilley, advanced $500 — one-third of his salary — to finish three rooms in the new Central Building. "Old Central" was soon joined by South (1885) and North (1887), forming the nucleus of campus for a decade and a half.

During the first year of operation, the college only held preparatory classes. College classes started in 1885 with five teachers, 17 freshman and 61 preparatory students.

Growth stayed slow and erratic for many years, but by the turn of the 20th century, 242 students enrolled and by 1990, SDSU enrollment grew to more than 9,000 students.

Colleges Established
SDSU has granted nearly 70,000 degrees since its charter in 1881.

The structure of the college became more complex as enrollments increased. The first nine chairs of instruction established in 1884 included agriculture, science, mathematics, English, modern languages, military tactics, veterinary science, practical business, political & domestic economy and music.

By 1907, the year the name of the institution changed to South Dakota State College of Agriculture and Mechanic Arts, there were 22 departments on campus.

Reorganization into the five divisions that formed the basis for the designation of colleges was completed under President Charles W. Pugsley in 1923.

In 1964, when "State College" became South Dakota State University, the school included six colleges. Now, students can earn degrees offered through eight colleges.

Students can choose from more than 200 majors, minors and options at SDSU with more than 2,500 different course offerings.

Master's degrees can be earned in more than 30 areas, with doctorates available in eight fields.

SDSU also offers degree programs through the South Dakota Public Universities and Research Center in Sioux Falls. The Office of Academic Affairs and Outreach coordinates evening, RDTN, Internet and off-campus courses.

The North Central Association of Colleges and Secondary Schools accredits SDSU, while numerous departments on campus hold accreditation from various other agencies.

SDSU celebrated its 125th anniversary in 2006, a yearlong event that culminated with the 2006 Hobo Day football game.

Over those 125 years, SDSU grew from a campus of 80 acres in 1881 to a 271-acre campus with facilities worth more than $220 million.

The university owns or leases another 15,000 acres for research throughout the state.

The Printing and Journalism Building — now named Anson and Ada May Yeager Hall — underwent a $2.1 million expansion and renovation project.

Other recent campus construction projects include a $7 million expansion to Crothers Engineering Hall, the renovation of Solberg Hall and the building of a $9 million performing arts center, which opened in the fall of 2002.

A new residence hall (Caldwell Hall) and the University Student Union expansion and renovation opened in the fall of 2005, and the Enterprise Institute, located on the southwest corner of campus opened in 2004.

In 2005, SDSU spent more than $3 million to install new state of the art scoreboards in Frost Arena and at Coughlin Alumni Stadium.

Agricultural Research
The university reaches all corners of the state through the Cooperative Extension Service and the Agricultural Experiment Station, offering service to improve the quality of rural life.

SDSU also sponsors the Center for Innovation, Technology and Entrepreneurship; Engineering Experiment Station, Office of Remote Sensing; Water Resources Institute; Engineering and Environmental Research Center; Animal
Disease Research and Diagnostic Laboratory; and Northern Grain Insect Research Laboratory. These units help strengthen the university’s growing commitment to research and support of state and local economic development efforts. The Northern Great Plains Biostress Laboratory, dedicated in 1993, houses scientists who focus on research aimed at developing new technologies to protect crops and livestock.

SDSU is also one of just five universities to serve as a regional center for the Sun Grant Initiative, which is a concept to solve America’s energy needs and revitalize rural communities with Land-Grant university research, education and Extension programs on renewable energy and bio-based non-food industries.

The Harding Distinguished Lecture Series, the F.O. Butler Lectures, the Lusk Lecture and the Amdahl, Schultz-Werth and Griffiths endowments all supplement classroom instruction.

Students can also choose from more than 100 clubs and organizations on campus.

Museums & Attractions

The educational opportunities do not end in the classroom or laboratory, as South Dakota State University houses several facilities, including museums and gardens.

Dedicated in 1970, and expanded in 2000, the South Dakota Federation of Women’s Club first envisioned the South Dakota Art Museum in 1949.

The museum’s collections include early Sioux Indian tribal art, the famed Harvey Dunn paintings of pioneer life and the exclusive Vera Way Marghab linens.

The State Agricultural Heritage Museum transformed the former Stock Judging Pavilion into a home for exhibits that record and preserve the agrarian heritage of South Dakota.

The 70-acre McCrory Gardens and South Dakota Arboretum, located south and east of campus, provide a beautiful setting for area residents and tourists to enjoy a stroll through the radiant colors and fragrances of one of the top 10 small ornamental gardens in the nation. It is also recognized as an All-American Display Garden, one of only 13 in the nation. In 1993 McCrory Gardens was designated an All-American Judging Garden to conduct research on annual flowers.

Since 1985, private contributions made many new gardens possible including the Rose, Rock, Centennial Prairie, Iris, True Lily, Mum, Native Prairie Collection, Oak Tree Memorial Garden, All-Red Specialty Garden, Peony Garden, Shrub Rose Collection, and Children’s Maze.

In August 1994, McCrory Gardens dedicated the Mickelson Grove Memorial in honor of former governor and Brookings resident George S. Mickelson.

In 1982, they dedicated the area north of the formal garden to the planting and testing of ornamental trees and shrubs. The 45-acre site was designated the South Dakota State Arboretum in 1988.

The arboretum’s purpose is to test woody plants needed to protect agricultural fields and livestock from the region’s harsh environment, to provide hardy trees to shade our towns and cities, and to test ornamental shrubs for both durability and beauty.

SDSU Horticulture, Forestry, Landscape and Parks Department manage the arboretum and gardens.

McCrory Gardens continues to develop more gardens, tree and shrub collections.

The Coughlin Campanile

South Dakota State’s most recognizable landmark may be the 165-foot Coughlin Campanile, the state’s largest chimes tower. A climb of 179 steps leads to a panoramic view of the city.

Charles Coughlin, a 1909 engineering graduate who later went on to become head of the Briggs & Stratton Corporation, donated the statuesque structure on the west end of campus at a cost of $65,000.

Coughlin laid the campanile’s cornerstone on June 10, 1929. Since then, its chimes call students to classes with the famous Westminster peals.

An alumni-sponsored project to restore the campanile was completed in the summer of 2001.

Named after a former SDSU President, The Hilton M. Briggs Library, the state’s largest, opened in 1977 and joined South Dakota’s statewide automated library network in 1988. Through the library, users can access holdings from all 10 of the state’s libraries, including official documents and more than 1 million other holdings at Briggs.

Adjacent to the campanile, Coolidge-Sylvan Theatre provides a restful, green haven for students since its dedication by President Calvin Coolidge in September 1927.

Over the years the outdoor amphitheater hosted concerts, graduations and inaugurations for university presidents.

Woodbine Cottage, the home of the university president, is a charming example of Queen Anne architecture. Built in 1887 by South Dakota Agricultural College’s second president, Dr. Lewis McLoth, the home is crowned by multiple rooflines. The house also served as a women’s dormitory, music hall and infirmary.
The Jackrabbits

Two theories exist as to how and why SDSU's athletic teams became known as the "Jackrabbits".

Most believe that the name "Jackrabbits" came from a story and cartoon sketch that appeared in a Minneapolis newspaper following a 1905 football game between the University of Minnesota and South Dakota State College. Many believe that a reporter for the newspaper, knowing of the preponderance of jackrabbits in the Brookings area, wrote that the SDSC team was as quick as jackrabbits. Many people believe that the school adopted the Jackrabbits as its official nickname from that beginning.

The other theory about the origin of the nickname came in The Jackrabbit, SDSU's yearbook. A poem in the 1907 yearbook puts forth the idea that the yearbook is called The Jackrabbit because a group of juniors wished to immortalize themselves by changing the name of the yearbook. Athletic teams followed suit, adopting the nickname.

Prior to the adoption of the Jackrabbit nickname, fans knew the school athletic teams as the Barn Yard Cadets as SDSU was known as South Dakota State College of Agriculture and Mechanic Arts in 1907.

The Jackrabbit can run at speeds of 30-to-35 miles per hour, with bursts up to 45, making it the second-fastest animal in North America, second only to the pronghorn antelope, which can run at speeds up to 60 miles per hour.

Jackrabbits are, properly speaking, not rabbits but hares, with longer feet and longer ears than rabbits. Most hares live in open country, whereas rabbits - like cottontails - live in brushy habitats.

Jackrabbits can grow up to two feet long, weigh from six to nine pounds, with ears up to eight inches long. Hares are vegetarians, eating tender herbs in summer, and woody twigs and bark in the winter.

Brookings, South Dakota

Named after W.W. Brookings, who came to the area in 1857. That winter, his legs froze badly enough to force doctors to amputate them. Undaunted, Brookings stayed and eventually became president of the territorial council and a judge in the state supreme court. In honor of his support of railroad construction, and possibly because of his stalwart nature, South Dakota's first locomotive was named the "Judge Brookings."

Situated at the intersection of U.S. Highway 14 and Interstate 29, about 20 miles west of the Minnesota border and 50 miles north of Sioux Falls, the Brookings community of about 18,500 people continues to grow. The community also houses several recognizable companies including Rainbow Play Systems, Minnesota Mining and Manufacturing (3M medical products), Larson Manufacturing (doors and windows), and Daktronics, a leading manufacturer of scoreboards and display systems.

MEMORIAL PARK—Memorial Park, located between DuPuy Military Hall and Briggs Library in the center of campus, honors SDSU students who have served in the armed forces, including Congressional Medal of Honor recipients Capt. Willibald Bianchi and Col. Leo Thorsness. The park was dedicated in the fall of 2000.

HILTON M. BRIGGS LIBRARY—Shown above is the entrance to South Dakota's largest library, which was opened in 1977 and later joined the state's automated library network in 1988. Through the library, users have access to holdings from all 10 of South Dakota's libraries, including official documents and more than 1 million other holdings in Briggs.

WOODBINE COTTAGE—Built in 1887 by SDSU's second president, Dr. Lewis McLouth, Woodbine Cottage serves as the home of the university president. Over the years, the house has also served as a women's dormitory, music hall and infirmary.

MEMORIAL PARK—Memorial Park, located between DuPuy Military Hall and Briggs Library in the center of campus, honors SDSU students who have served in the armed forces, including Congressional Medal of Honor recipients Capt. Willibald Bianchi and Col. Leo Thorsness. The park was dedicated in the fall of 2000.

HILTON M. BRIGGS LIBRARY—Shown above is the entrance to South Dakota's largest library, which was opened in 1977 and later joined the state's automated library network in 1988. Through the library, users have access to holdings from all 10 of South Dakota's libraries, including official documents and more than 1 million other holdings in Briggs.

SOUTH DAKOTA AGRICULTURAL HERITAGE MUSEUM—Originally constructed as the Stock Judging Pavilion, the South Dakota Agricultural Heritage Museum is now home to exhibits that record and preserve the agrarian heritage of the state.

McCRORY GARDENS—The 70-acre McCrory Gardens and South Dakota Arboretum are located south and east of SDSU’s campus. The gardens provide a beautiful setting for area residents and tourists to enjoy a stroll through the radiant colors and fragrances of one of the top 10 small ornamental gardens in the nation.
Justin Sell
Athletic Director, South Dakota State University
Bowling Green, ’91

Justin Sell, who served as an athletic administrator at the University of Northern Iowa for 10 years, became the 12th director of athletics at South Dakota State University on May 7, 2009.

“Justin brings a wide range of experiences from other Division I universities to South Dakota State,” President David L. Chicoine said in making the announcement. “He has a degree of familiarity with our athletic programs’ conference affiliations, and he demonstrates an appreciation for Jackrabbit athletics. Most importantly, he shares our common aspirations for the future success of our student-athletes and teams.”

At South Dakota State, Sell oversees the Jackrabbits’ 21-sport Division I varsity athletics program. Eighteen SDSU teams compete in The Summit League, while football competes in the Missouri Valley Football Conference of the Football Championship Subdivision and wrestling competes as a member of the Western Wrestling Conference. Women’s equestrian competes in Varsity Equestrian and the Intercollegiate Horse Show Association.

During his first year at SDSU, the Jackrabbits displayed success across the board, winning Summit League regular season titles in men’s cross country, women’s soccer and baseball and a conference tournament championship in women’s basketball. The football and women’s basketball teams made postseason NCAA Tournament appearances. Sell also implemented aggressive marketing and fundraising initiatives that resulted in record average attendance for football and the highest number of donors and dollars donated to the Jackrabbit Club and through corporate sponsorships.

In the years to come, Sell wants to continue reconnecting with former Jackrabbit student-athletes and enhancing the athletic facilities while still maintaining success on the field, court, track, in the pool and most importantly, in the classroom.

In the classroom, Jackrabbit student-athletes continue to excel as SDSU claimed The Summit League’s Institutional Academic Achievement Award for the 2009-10 academic year. In the spring of 2010, 67 percent of Jackrabbit student-athletes posted a grade-point average of 3.0 or higher. Sixteen of 19 teams — indoor and outdoor track are combined into one men’s and one women’s team — held cumulative team GPAs of 3.0 or higher. Following the 2010 spring semester, the over 450 Jackrabbit student-athletes combined to post a cumulative GPA of 3.19.

Born in Salem, Ore., and raised in Columbus, Ohio, Sell most recently served as senior associate athletic director at UNI since 2006. His primary duties at the Cedar Falls-based university included sport management, oversight of the athletic business office, facilities, game management, summer camps and human resources, while also assisting in fundraising and corporate sponsorships.

In his previous roles as an associate and assistant athletic director at UNI, Sell managed facility operations and the planning of capital projects, including the $26 million McLeod Center and the $7 million Human Performance Center. He also oversaw the UNI-Dome budget and oversaw the development generation team to enhance marketing, development and ticket income.

Aside from his duties at UNI, Sell played an active role in the community as president of the Cedar Valley Sports and Entertainment Commission, the driving force behind bringing several major concerts and sporting events to the Waterloo-Cedar Falls area, including the National Wrestling Coaches Association National Duals and several youth tournaments.

Prior to joining the staff at UNI, Sell worked four years at Villanova University (Pa.), where he served as an assistant director of athletic facilities and intramural director before being named director of ticket operations.

Sell earned his bachelor’s degree in sport management from Bowling Green State University (Ohio) in 1991 and completed a master’s degree in physical education/sport administration at The Ohio State University in 1992.

Sell and his wife, Jennie, live in Brookings with their four children: Abbie, Zach, Josh and Eric.

David Chicoine
President, South Dakota State University
South Dakota State University, ’69

Dr. David L. Chicoine became the 19th president of South Dakota State University on January 1, 2007. He is the third alumnus to serve as president of the institution.

Dr. Chicoine has over 30 years of experience in higher education with the University of Illinois. He is a nationally-recognized economist, specializing in public finance, taxation, and rural economics. His higher education administrative experience includes service as Head of the Department of Agricultural Economics and Dean of the College of Agriculture, Consumer and Environmental Sciences, at the University of Illinois at Urbana-Champaign. Serving most recently as Vice President for Technology and Economic Development for the University of Illinois system and interim Vice President for Academic Affairs, Chicoine started his career as an Extension economist and specialist with the University of Illinois Cooperative Extension Service.

As vice president at the University of Illinois, he restructured the university’s technology licensing offices, reaching new milestones each year; launched the university’s early stage capital and business development services company, IllinoisVENTURES, LLC, that supported start-up projects, securing special state and university funding for operations and pre-seed investing and facilitated the creation of the $26.5 million early stage Illinois Emerging Technologies Fund; and he oversaw the expansion of research parks and incubators at the university’s Urbana-Champaign and Chicago campuses.

As dean, he transitioned the College of Agriculture, Consumer and Environmental Sciences (ACES) from 14 administrative units to seven academic departments and the Information Technology unit; completed a capital campaign for ACES surpassing the final goal of $115 million by raising $134 million in private gifts; grew the ACES endowment to $60 million; established $15 million in annual private gift support, funding endowed positions, scholarships and fellowships, and program support for teaching, research, and Extension; and he oversaw the completion of the $22 million ACES Library, Information and Alumni Center where $11 million was from gifts from ACES alumni and friends.

He has co-authored four books, 12 book chapters and more than 100 invited and/or peer reviewed academic journal articles. Dr. Chicoine served as an advisor to the Illinois General Assembly on tax issues, farmland property tax assessments, public finance and rural economic issues. He served as a member of the Illinois Governor’s Council of Economic Advisors, and was a member of the board of the Illinois State Treasurer’s Technology Development Fund. He currently is a tenured faculty member in the SDSU Department of Economics, where he has been recognized as a Distinguished Alumnus.

Chicoine served as the faculty representative to the Big Ten Conference and the National Collegiate Athletics Association (NCAA) for the University of Illinois at Urbana-Champaign. He served as chair of the Budget and Finance Committee for the Big Ten Conference for nine of his eleven year term.

Dr. Chicoine is a graduate of SDSU with a Bachelor of Science in agribusiness in 1969, and the University of Delaware where he received an Master of Science in agricultural economics in 1971. In 1978 he received a Master of Arts in economics from Western Illinois University, and in 1979 he completed his doctorate in agricultural economics at the University of Illinois at Urbana-Champaign.
Leon Costello

Senior Associate Athletic Director-External, South Dakota State University
Loras College, '98

Leon Costello brought his comprehensive background in athletic marketing and administration from the University of Northern Iowa to the South Dakota State athletic staff in March 2010 as the senior associate athletic director for external affairs.

Costello worked in a variety of roles for the Northern Iowa Athletic Department the past eight years, most recently serving as the associate athletic director for external affairs. In that position, Costello oversaw the marketing efforts for the Panther athletic program, directed the Panther Scholarship Club and supervised the men’s and women’s golf programs. During his tenure, Costello assisted in negotiating a 10-year agreement with Learfield Sports to provide additional marketing resources.

From 2005-08 Costello served as the assistant athletic director for marketing and promotions, where he assisted with the fundraising efforts of the McLeod Center capital project and coordinated all aspects for the athletic sales and marketing plan, including managing the Northern Iowa Sports Radio Network. Under his direction, UNI also secured two separate cable television agreements and saw a 700 percent increase in membership in the Duhawk men’s basketball team.

A native of Fairbank, Iowa, Costello graduated from Loras College with a bachelor’s degree in physical education and sport science in 1998. While at Loras, he also played for the Duhawk men’s basketball team.

After working in sales in the private sector for two years, Costello enrolled in graduate school at Western Illinois University. While completing his master’s degree in sport management in 2002, Costello served an internship in marketing and game operations with the Boston Celtics. In the fall of 2002, Northern Iowa hired him as its athletic marketing and promotions assistant, where he worked for a year before earning a promotion to director of athletic marketing and promotions in January 2003.

Leon and his wife Heather live in Brookings with their daughter Cailin.

Kathy Heylens

Associate Athletic Director-Compliance/SWA, South Dakota State University

Kathy Heylens came to South Dakota State in July 1984 as a member of the staff in the admissions office before moving to athletics two years later as a senior secretary.

Heylens became the institution’s first full-time Compliance Coordinator in 1990 and continues those duties as the associate athletic director for compliance and senior woman administrator.

Heylens manages all aspects of the athletics compliance program to ensure strict adherence with NCAA, affiliated conferences and university rules and regulations for amateurism, eligibility, recruiting, financial aid, awards and benefits, playing and practice seasons and enforcement.

Heylens recently accepted an appointment of a four-year term on the NCAA Division I Legislative Council, which serves as the primary legislative body in the Division I governance structure. She also accepted an appointment to the four-member Legislative Council Administrative Committee, which acts on behalf of the full Legislative Council between meetings to transact routine items of business. She also serves on the NCAA Division I Football Championship Subdivision Governance Committee.

In addition to her day-to-day duties, Heylens serves on the Undergraduate Experience Committee, Diversity Committee, Intercollegiate Athletics Board and Compliance Team.

A Watertown, S.D., native, Kathy and her husband, Bill, live in Volga, S.D. and have two grown children.
South Dakota State Track and Field
South Dakota State Track and Field 2012-13 Media Guide

Majors
- Advertising
- Agricultural and Biosystems Engineering (ABE)
- Agricultural and Resource Economics (AGEC)
- Agricultural Business
- Agricultural Education, Communication and Leadership
- Agricultural Systems Technology (AST)
- Agronomy
- Animal Science (AS)
- Apparel Merchandising (AM)
- Architecture (ARCH)
- Art (ART)
- Athletic Training (AT)
- Aviation (AVIA)
- Biochemistry
- Biology (BIOL)
- Biotechnology
- Business Area Studies
- Career and Technical Education (CTE)
- Chemistry (CHEM)
- Civil Engineering (CEE)
- Computer Science (CSC)
- Construction Management (CM)
- Consumer Affairs (CA)
- Counseling and Human Resources Development (CHRD)
- Dairy Manufacturing (DS)
- Dairy Production (DS)
- Dietetics
- Early Childhood Education
- Ecology and Environmental Science
- Economics (ECON) and Business Specialization
- Electrical Engineering (EE)
- Electronics Engineering Technology (EET)
- Engineering Physics
- English (ENGL)
- Entrepreneurial Studies (ENTR)
- Exercise Science
- Family and Consumer Sciences Education (FCSE)
- French Studies (FREN)
- General Agriculture
- General Studies
- Geographic Information Sciences (GIS)
- Geography (GEOG)
- German (GER)
- Global Studies (GLST)
- Graphic Design (ARTD)
- Health, Physical Education, and Recreation (HPER)
- History (HIST)
- Honors College (HON)
- Hospitality Management (HMGT)
- Human Development and Family Studies (HDFS)
- Industrial Management (IM)
- Interdisciplinary Studies
- Interior Design (ID)
- Journalism (MCOM)
- Manufacturing Engineering Technology (MNET)
- Mathematics (MATH)
- Mechanical Engineering (ME)
- Medical Laboratory Science (MLS)
- Microbiology (MICR)
- Music (MUS)
- Music Education
- Music Merchandising
- Nursing (NURS)
- Nutrition and Food Science (NFS)
- Park and Recreation Management (PRM)
- Pharmacy (PHA)
- Physics (PHYS)
- Political Science (POL)
- Psychology (PSYC)
- Range Science (RANG)
- Sociology (SOCI)
- Spanish (SPAN)
- Speech Communication
- Studio Arts (ART)
- Theatre
- Wildlife and Fisheries Sciences (WL)

Minors
- Accounting (ACC)
- Advertising
- Aerospace Studies (AIR)
- Agricultural Business
- Agricultural Marketing
- Agronomy
- American Indian Studies
- Animal Science (AS)
- Applied Information Technology (AIT)
- Art (ART)
- Aviation (AVIA)
- Biology (BIOL)
- Biotechnology
- Botany (BOT)
- Business
- Chemistry (CHEM)
- Communication Studies and Theatre (CST)
- Computer Science (CSC)
- Criminal Justice (CJUS)
- Dance
- Economics (ECON)
- English (ENGL)
- Entrepreneurial Studies (ENTR)
- Equine Studies
- Food Safety
- French Studies (FREN)
- Geographic Information Sciences (GIS)
- Geography (GEOG)
- German (GER)
- Gerontology (GERO)
- Global Studies (GLST)
- Health Education (HED)
- Health Science (HSC)
- History (HIST)
- Human Development and Family Studies (HDFS)
- Informatics
- Interior Design (ID)
- Journalism (MCOM)
- Leadership (LEAD)
- Leadership and Management of Nonprofit Organizations (LMO)
- Marketing
- Mathematics (MATH)
- Microbiology (MICR)
- Military Science (MIL)
- Music (MUS)
- Nuclear Engineering (NE)
- Nutrition (NFS)
- Peace and Conflict Studies
- Pest Management
- Philosophy (PHIL)
- Physical Education (PE)
- Physics (PHYS)
- Political Science (POL)
- Professional Writing
- Psychology (PSYC)
- Range Science (RANG)
- Recreation Administration
- Rehabilitation Services
- Religion (REL)
- Sociology (SOCI)
- Soil Science
- Spanish (SPAN)
- Statistics (STAT)
- Sustainable Energy Systems
- Women’s Studies (WMST)
- Zoology (ZOOL)

Other
- Education Curriculum for Teachers of Academic Subjects
- Engineering Mechanics

Pre-Professional Programs
- (Pre-) Chiropractic
- (Pre-) Dental
- (Pre-) Law
- (Pre-) Medicine
- (Pre-) Ministerial
- (Pre-) Mortuary
- (Pre-) Occupational Therapy
- (Pre-) Optometry
- (Pre-) Physical Therapy
- (Pre-) Physician Assistant
- (Pre-) Veterinary Science (VET)

Specialization
- Genetics

Other Programs
- General Studies (Associate of Arts)
- Natural Resource Studies

Certificate Programs
- Animation Certificate
- Ceramics Certificate
- Entrepreneurship Certificate
- Geographic Information Sciences Certificate
- History of Modern and Contemporary Art Certificate
- Painting Certificate
- Printmaking Certificate
- Sculpture Certificate

Certifications
- Athletic Coaching
- Soil Science
- Teacher Education

Endorsement
- Early Childhood Education Kindergarten Education
- Early Childhood Special Education

For more information about South Dakota State University academic programs, call the Admissions Office at:
1-800-952-3541
or
(605) 688-6891

Admissions E-mail:
SDSU.Admissions@sdstate.edu

48 South Dakota State Track and Field 2012-13 Media Guide