Aging in South Dakota

SDSU Extension

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Defining Population Aging

- People on average are older:

  Median ages:
  - 1900: 23
  - 2000: 35
  - 2030: 42

- Proportion of people over the age of 65 higher:
  - 1900: 4%
  - 2000: 13%
  - 2030: 19%

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Contributing Factors

- Fertility rates

- Time of birth

- Changes in society

- Increasing life expectancy

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Why are people living longer?

- Nutrition

- Sanitation

- Standard of living
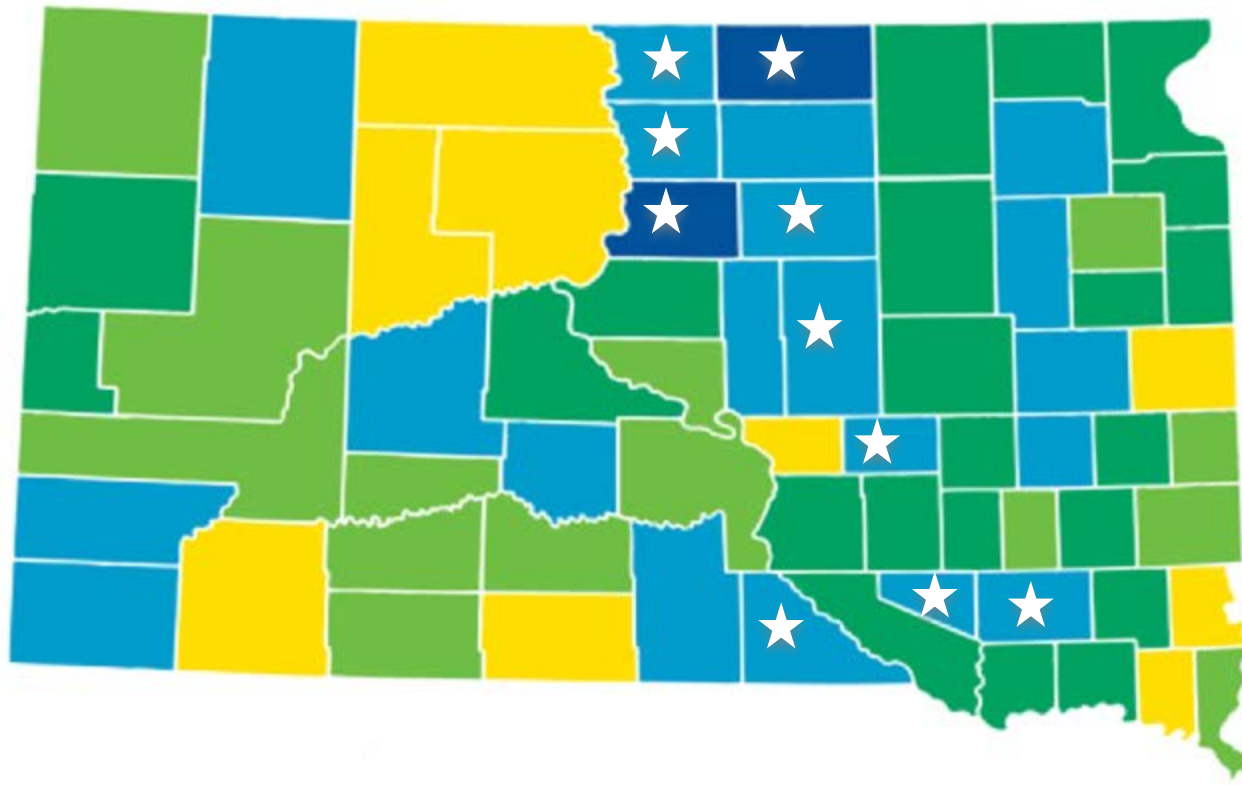
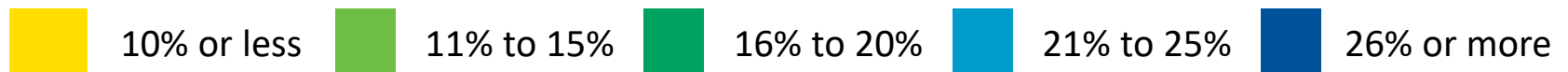- Healthcare

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Portrait of South Dakota: 2010

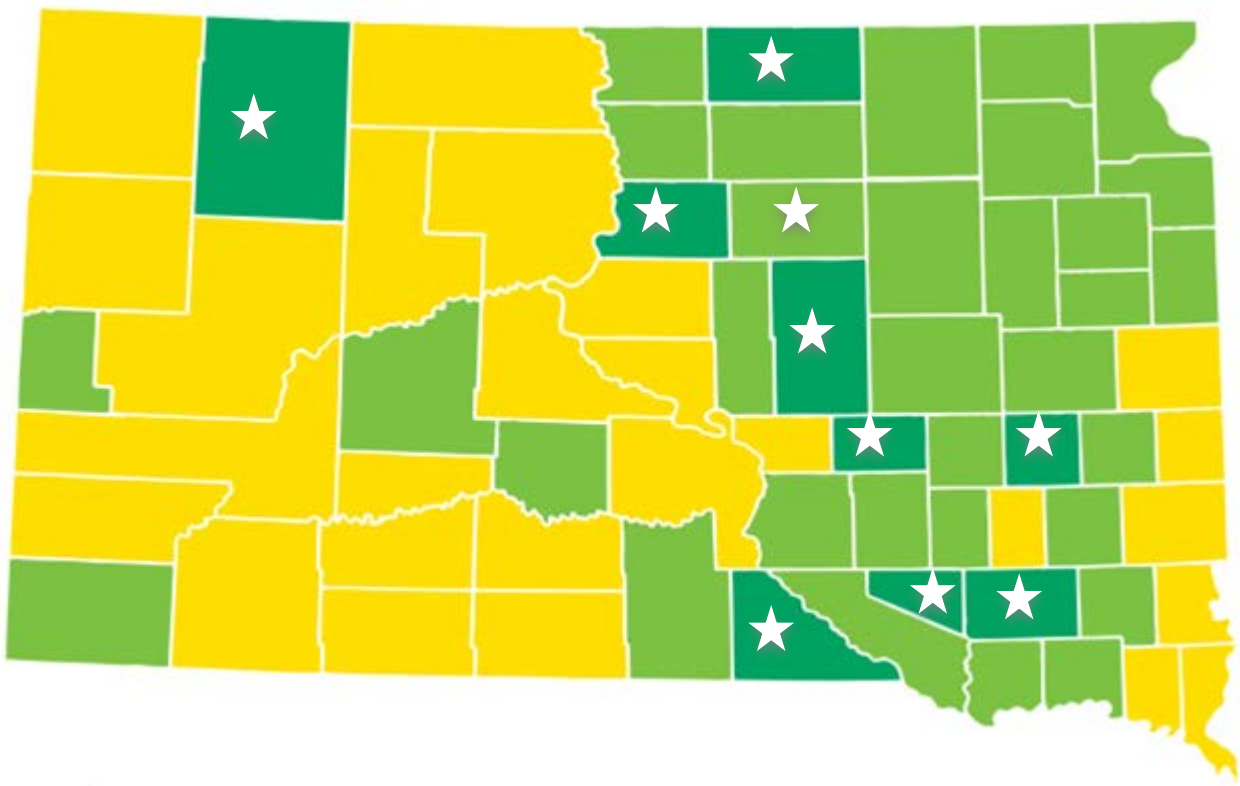- 1 out of every 7 people is over the age of 65
  - 65+: 14.3%
  - 85+: 2.4%

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Counties with the Greatest Number of Adults 65+

County	Percent
McPherson	29.8%
Potter	26.9%
Hand	25.3%
Campbell	25.2%
Jerauld	25.1%
Hutchinson	25.0%
Douglas	24.2%
Walworth	24.0%
Gregory	23.7%
Faulk	23.7%

Legend: 10% or less — 11% to 15% — 16% to 20% — 21% to 25% — 26% or more

Counties with the Greatest Number of Adults 85+

County	Percent
Jerauld	6.1%
Hutchinson	6.1%
Douglas	5.7%
Potter	5.5%
McPherson	5.4%
Gregory	5.1%
Perkins	5.0%
Hand	4.9%
Miner	4.5%
Faulk	4.4%

Legend:
- 2% or less
- 3% to 4%
- 5% to 6%
- 7% to 8%
- 9% or more
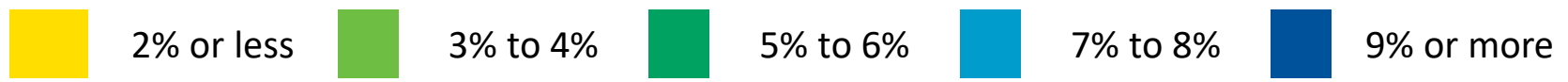
Population Projections

- Influencing Factors:
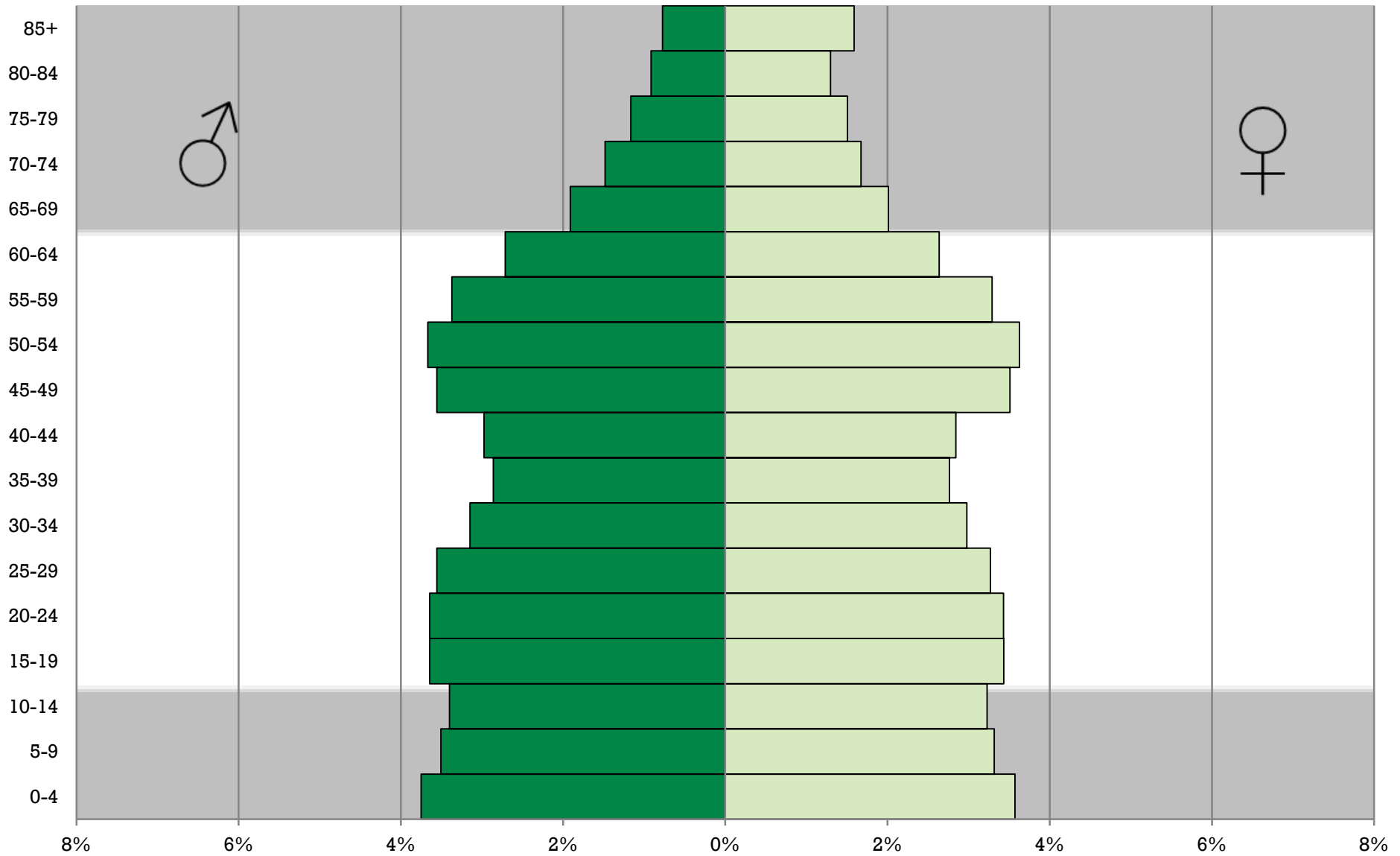 - Fertility
  - Mortality
  - Migration

- Demography is not destiny:
  - Disease
  - War
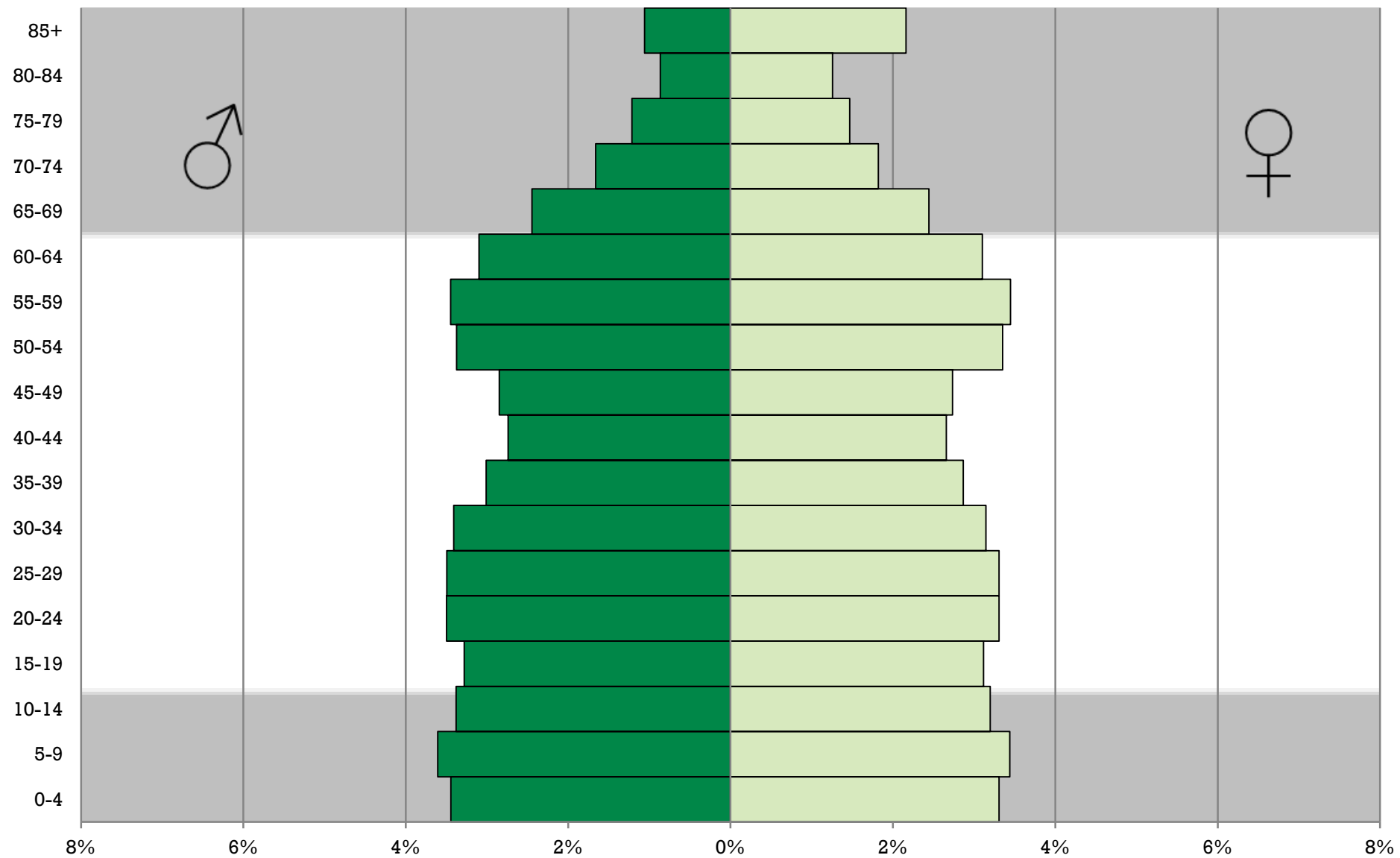 - Natural disaster.
  - Baby boom
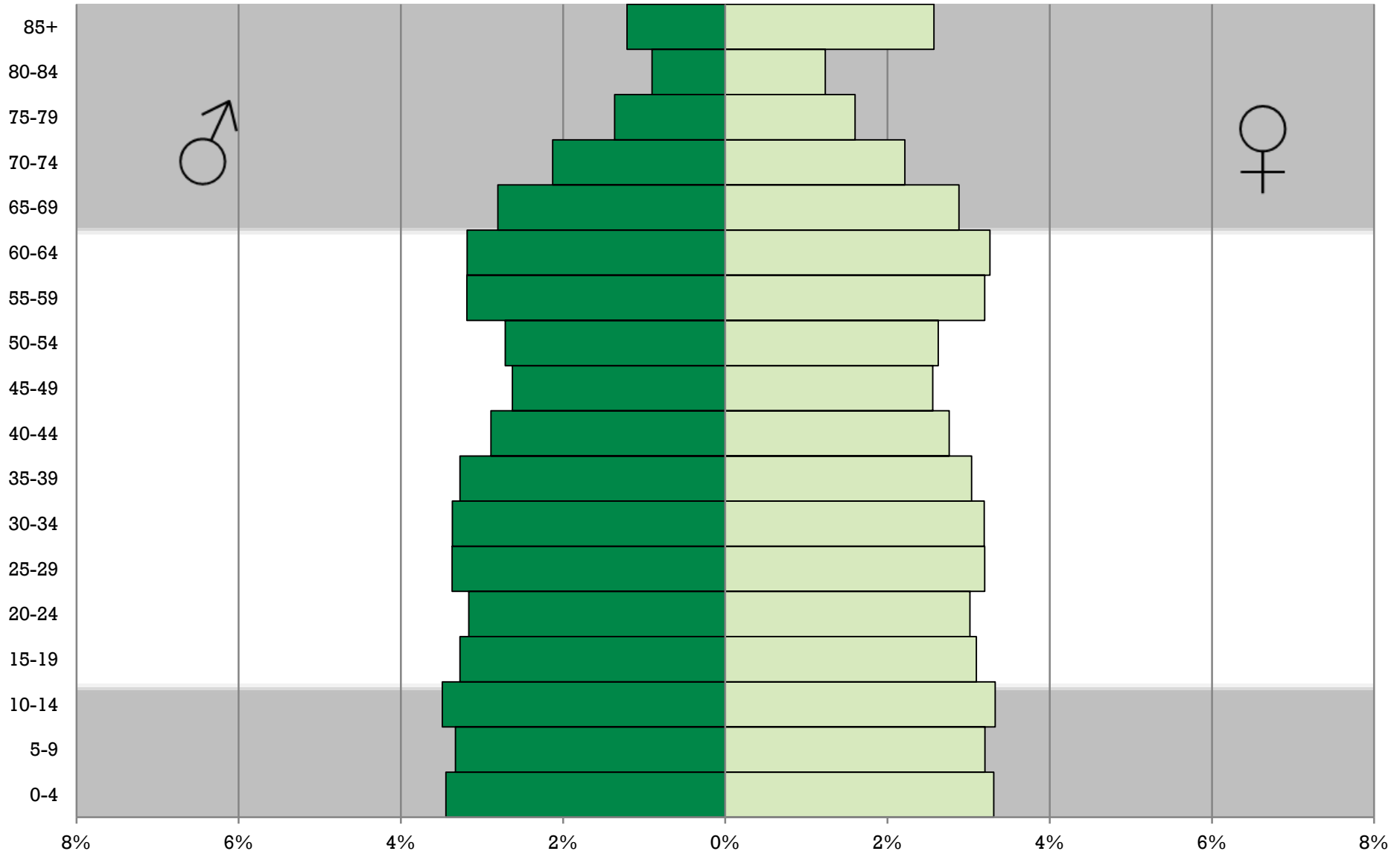 - Human intervention

South Dakota Population Pyramids

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2010

Population pyramid showing male (dark green, left) and female (light green, right) percentages by age group.

Age groups (top to bottom): 85+, 80-84, 75-79, 70-74, 65-69, 60-64, 55-59, 50-54, 45-49, 40-44, 35-39, 30-34, 25-29, 20-24, 15-19, 10-14, 5-9, 0-4

X-axis: 8%, 6%, 4%, 2%, 0%, 2%, 4%, 6%, 8%

Source: Rural Life and Census Data Center

2015

Source: Rural Life and Census Data Center

2020

Male ♂ / Female ♀ population pyramid. Age groups (top to bottom): 85+, 80-84, 75-79, 70-74, 65-69, 60-64, 55-59, 50-54, 45-49, 40-44, 35-39, 30-34, 25-29, 20-24, 15-19, 10-14, 5-9, 0-4. X-axis: 8%, 6%, 4%, 2%, 0%, 2%, 4%, 6%, 8%.

Source: Rural Life and Census Data Center

2025

Source: Rural Life and Census Data Center

2030

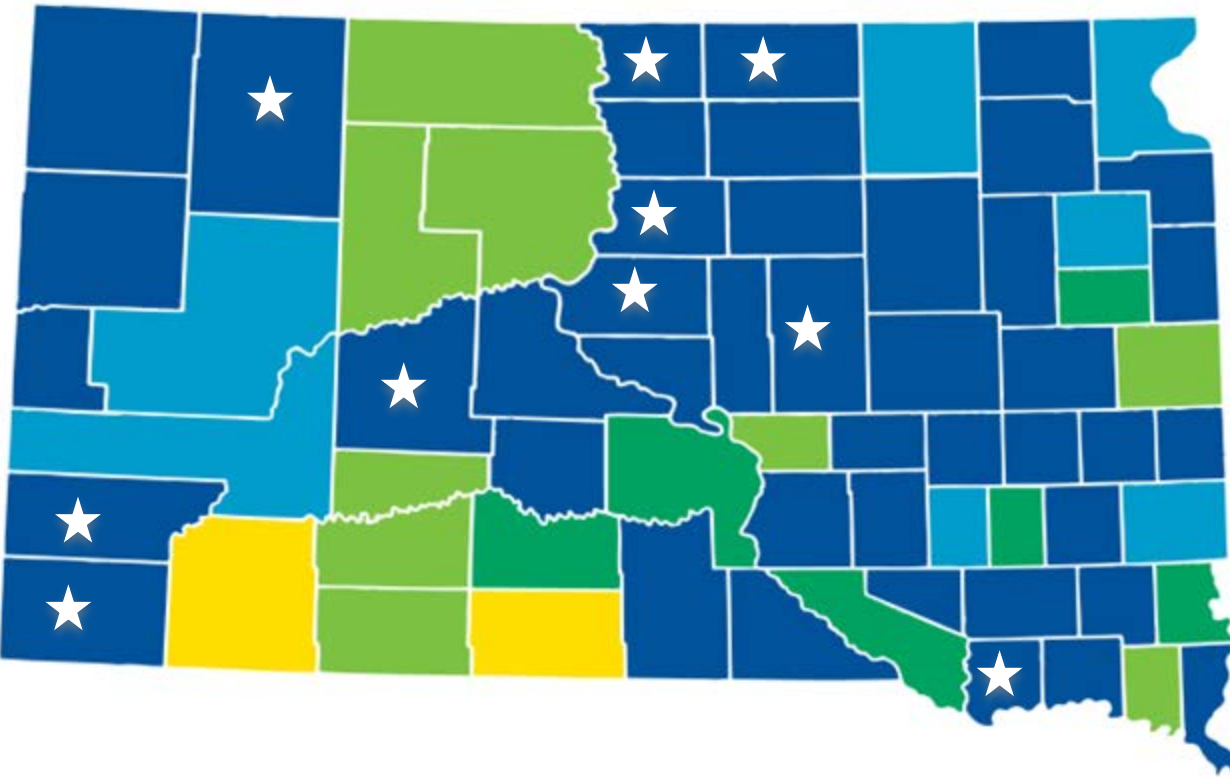Source: Rural Life and Census Data Center
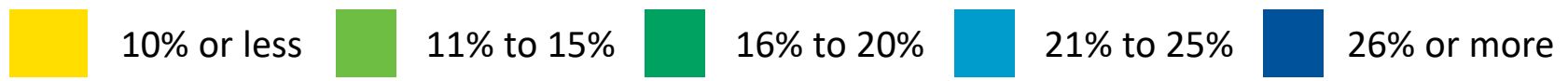
2035

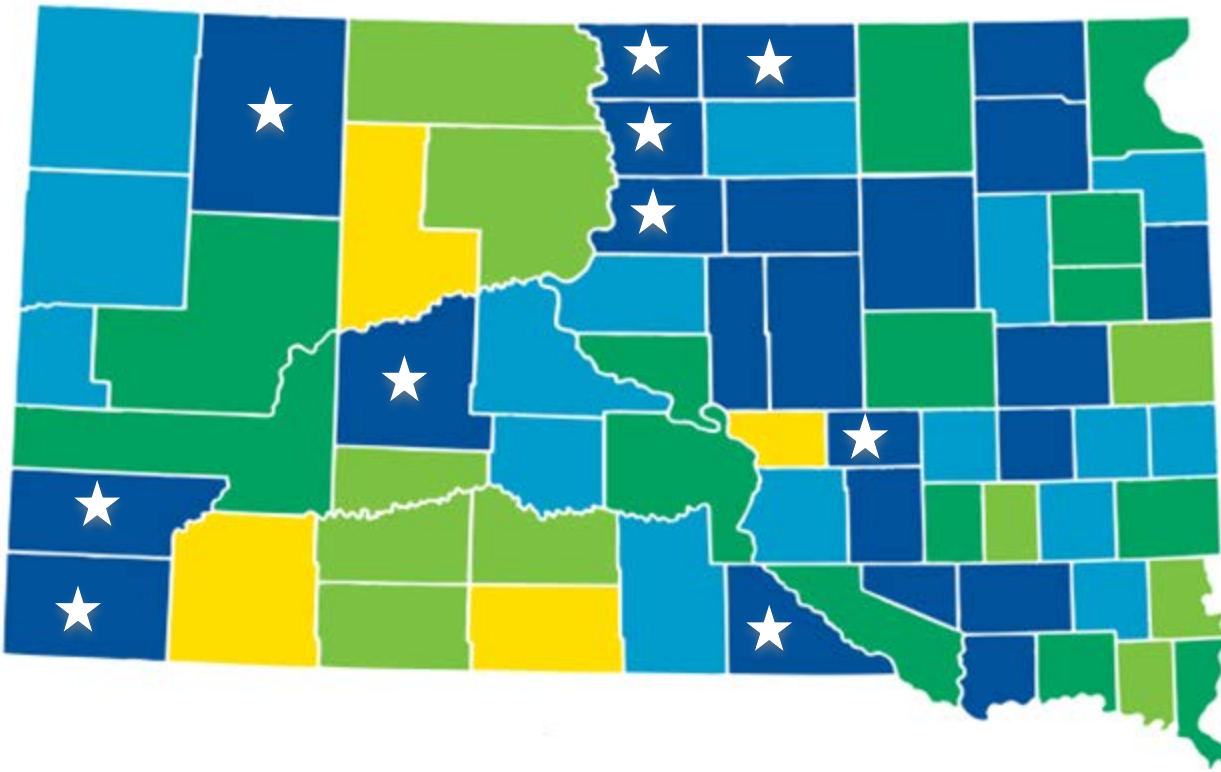Source: Rural Life and Census Data Center

County Projections 65+

Custer 37.4%
Fall River 36.4%
Campbell 32.8%
Sully 32.6%
McPherson 32.0%
Perkins 31.9%
Hand 31.3%
Haakon 31.2%
Potter 30.9%
Bon Homme 30.7%

10% or less   11% to 15%   16% to 20%   21% to 25%   26% or more

County Projections 85+

Potter	11.8%
McPherson	11.8%
Fall River	11.1%
Custer	10.8%
Campbell	10.2%
Jerauld	10.2%
Gregory	10.0%
Walworth	9.9%
Perkins	9.9%
Haakon	9.8%

Legend: 2% or less · 3% to 4% · 5% to 6% · 7% to 8% · 9% or more
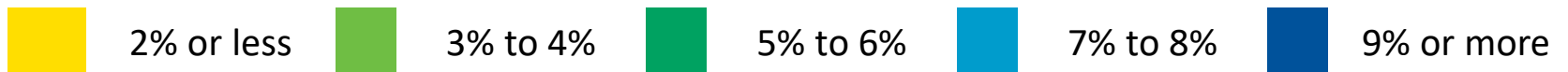
The future of South Dakota?

■ Low fertility rates + modern medicine= older population

■ By 2030, Nearly 1 in every 4 people projected to be over the age of 65
  o 65+: 23.2%
  o 85+: 5.5%

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Opportunities and Challenges of an Aging Population

Retirement and Work

■ Retirement: New Concept

　　o One-third of life in retirement

Older Adults in the Work Force		
	65-74	75+
U.S.	22.3%	5.3%
SD	32.4%	8.8%

Perception of Older Adults

- What comes to mind when you think of an adult of the age of 65?

- Older adults are a very diverse group

- Older adults will need to be viewed as the asset they are

The Oldest-Old: 85+

- Fastest growing segment of the population

- High rates of disease and disability

- Chronic diseases

- Centenarians

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Long-term care and low fertility rates

- Family caregiving

- Smaller families
  - Long-term care insurance
  - Multigenerational housing

- What resources are available for older people with disabilities?

Out-migration

- Younger people

- Older adults

- Eastern Missouri River Valley

Immigrants

- Working in various sectors in South Dakota
  - Revitalize communities impacted by population aging
    - Generally younger families
    - Traditional values of hard work and family first

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"By failing to prepare, we are preparing to fail."

~Benjamin Franklin~

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