Defining Population Aging

- People on average are older:
  - Median ages:
    - 1900: 23
    - 2000: 35
    - 2030: 42

- Proportion of people over the age of 65 higher:
  - 1900: 4%
  - 2000: 13%
  - 2030: 19%
Contributing Factors

- Fertility rates
- Time of birth
- Changes in society
- Increasing life expectancy
Why are people living longer?

- Nutrition
- Sanitation
- Standard of living
- Healthcare
1 out of every 7 people is over the age of 65

- 65+: 14.3%
- 85+: 2.4%
Counties with the Greatest Number of Adults 65+

- McPherson 29.8%
- Potter 26.9%
- Hand 25.3%
- Campbell 25.2%
- Jerauld 25.1%
- Hutchinson 25.0%
- Douglas 24.2%
- Walworth 24.0%
- Gregory 23.7%
- Faulk 23.7%
Counties with the Greatest Number of Adults 85+

- Jerauld: 6.1%
- Hutchinson: 6.1%
- Douglas: 5.7%
- Potter: 5.5%
- McPherson: 5.4%
- Gregory: 5.1%
- Perkins: 5.0%
- Hand: 4.9%
- Miner: 4.5%
- Faulk: 4.4%

Legend:
- Yellow: 2% or less
- Green: 3% to 4%
- Greenish-brown: 5% to 6%
- Blueish-green: 7% to 8%
- Blue: 9% or more
Population Projections

- Influencing Factors:
  - Fertility
  - Mortality
  - Migration

- Demography is not destiny:
  - Disease
  - War
  - Natural disaster.
  - Baby boom
  - Human intervention
South Dakota
Population
Pyramids
Source: Rural Life and Census Data Center
County Projections 65+

- Custer: 37.4%
- Fall River: 36.4%
- Campbell: 32.8%
- Sully: 32.6%
- McPherson: 32.0%
- Perkins: 31.9%
- Hand: 31.3%
- Haakon: 31.2%
- Potter: 30.9%
- Bon Homme: 30.7%

Colors represent:
- Yellow: 10% or less
- Green: 11% to 15%
- Teal: 16% to 20%
- Blue: 21% to 25%
- Dark Blue: 26% or more
County Projections 85+

Potter 11.8%
McPherson 11.8%
Fall River 11.1%
Custer 10.8%
Campbell 10.2%
Jerauld 10.2%
Gregory 10.0%
Walworth 9.9%
Perkins 9.9%
Haakon 9.8%

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The future of South Dakota?

- Low fertility rates + modern medicine = older population

- By 2030, Nearly 1 in every 4 people projected to be over the age of 65
  - 65+: 23.2%
  - 85+: 5.5%
Opportunities and Challenges of an Aging Population
Retirement and Work

- Retirement: New Concept
  - One-third of life in retirement

### Older Adults in the Work Force

<table>
<thead>
<tr>
<th></th>
<th>65-74</th>
<th>75+</th>
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</thead>
<tbody>
<tr>
<td><strong>U.S.</strong></td>
<td>22.3%</td>
<td>5.3%</td>
</tr>
<tr>
<td><strong>SD</strong></td>
<td>32.4%</td>
<td>8.8%</td>
</tr>
</tbody>
</table>
Perception of Older Adults

- What comes to mind when you think of an adult of the age of 65?
- Older adults are a very diverse group
- Older adults will need to be viewed as the asset they are
The Oldest-Old: 85+

- Fastest growing segment of the population
- High rates of disease and disability
- Chronic diseases
- Centenarians
Long-term care and low fertility rates

- Family caregiving
- Smaller families
  - Long-term care insurance
  - Multigenerational housing
- What resources are available for older people with disabilities?
Out-migration

- Younger people
- Older adults
- Eastern Missouri River Valley
Immigrants

■ Working in various sectors in South Dakota
  ○ Revitalize communities impacted by population aging
    • Generally younger families
    • Traditional values of hard work and family first
“By failing to prepare, we are preparing to fail.”

~Benjamin Franklin~