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### Be Thrifty : Economize on Clothing

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LINCOLN MEM  
South Dakota State College, Brookings, South Dakota  
Extension Leaflet No. 46 November, 1941

*Be Thrifty*

ECONOMIZE  
ON  
CLOTHING



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Extension Service  
South Dakota State College  
Brookings

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No. 46



## Preserve Your Shoe Leather

1. Buy wisely for longer shoe wear. A well-built shoe of good quality wears longer than an inferior shoe.
2. Daily shoe shines help preserve leather and make for longer shoe wear.
3. Use of shoe trees is advised to keep shoes in shape.
4. Straight heels and repaired soles help preserve the shape of shoes.
5. Frequent change of hose contributes to the life of shoe linings.
6. Keep work shoes and boots well oiled for longer life and greater comfort in wearing.
7. Wear rubbers or overshoes to keep shoe leather dry and thus increase the life of the shoe.

## Cotton Hosiery Fashionable

Much has been done to make attractive, well fitting, full-fashioned cotton hosiery of good color.

These hose are on the market and will find a place in every women's wardrobe, both for sports and general wear.

## Guard Your Grooming

A sense of well-being comes with being well-groomed! Furthermore, clothing well brushed, free from dirt and stains, well pressed and repaired wears longer.

Be prepared to appear at your best every day by being particular about your personal appearance.

## *Develop an Early* Appreciation for Clothing

Teach young children the value of clothing in time and money.

Proper arrangement of dresser drawers and the right height hooks, with hangers readily accessible will help parents establish habits of neatness and will make clothing care easier for children.

## *Buy All* Children's Clothing for Comfort

Generously cut, well fitted attractive garments for children help them to develop properly into strong normal adults.

## *Choose Simple* Cotton Garments for Children

For economy in time for upkeep and for an attractive appearance over a longer period of time, choose simple, easily laundered garments for children.

*Cottons* are always smart and are the best choice of materials for most children's garments.

## *Bright Colors for Outer Garments* Prevent Traffic Accidents

Select colorful outer garments for children. They are easily seen by motorists and will help to conserve life by preventing traffic accidents.

## *Home Sewing Will* Help Cut Costs

Many garments for children and adults may be more economically made at home. Cotton garments, such as children's dresses and play suits, undergarments, overalls, rompers and articles for the layette; aprons and dresses for home wear are other garments which the homemaker may find well adapted to home sewing.

## *Clean and Repair* Your Sewing Machine

Maybe your sewing machine has become gummed up with lint and old oil, or it may need a minor repair or adjustment to put it in good running order. Consult your home or county extension agent for information regarding cleaning and adjusting your machine. The Extension Service can provide you with a circular which may prove helpful.

A clean, well adjusted sewing machine will contribute to the good quality of your home sewing.

## *Avoid the Use of* Explosive Dry Cleaning Agents

*National Defense* begins at home. Do not endanger your family and home by using explosive and inflammable dry cleaning agents. *Gasoline* and *Naptha*, both highly explosive, are too dangerous to use for home dry cleaning.

Learn to remove spots and stains with safe cleaning agents.

If your budget does not permit commercial dry cleaning, *use more washable materials in your wardrobe*. Cottons may be had in a wide variety of weights and textures suitable for many garments in the family's wardrobe.



## *Made Overs Will* Stretch Your Clothing Budget

Discarded garments, especially woollens, which are no longer in style can find a place in the wardrobe again for you or another family member if they are carefully remodelled or completely made over.

Some hints for constructing a successful made-over are listed below:

1. Rip the old garment carefully.
2. Brush threads from seam lines after ripping.
3. Wash or dry clean ripped material.
4. Press material carefully.
5. Mark thread of material and around worn spots with basting for guides in cutting.
6. Lay pattern for most economical cutting, but try to pay attention to the grain of the material as you would if it were new material.
7. Avoid badly worn spots in recutting.
8. Dyeing the material might add interest to it.

### REMEMBER!

1. Made-overs may be made attractive by careful cutting and tailoring.
2. A made-over for a child should be youthful and should look as though it belonged to a child.
3. A successful made-over should have as many of the earmarks of a new garment as possible.

### REDUCE CLOTHING COSTS BY:

1. Careful Buymanship and Selection.
2. More Home Sewing.
3. Utilizing Old Materials in Successful Made-overs.
4. Intelligent Daily and Seasonal Clothing Care.
5. Protecting Stored Clothing from Moths and Other Insects.
6. Using More Washable Cotton Garments.

FOR  
FURTHER INFORMATION  
REGARDING  
AVAILABLE EXTENSION  
CIRCULARS ON  
CLOTHING SUBJECTS  
CONSULT YOUR  
HOME EXTENSION AGENT  
OR  
YOUR COUNTY  
EXTENSION AGENT

## *Opportunities for Better Family Living Series*

Opportunities for Better Family Living Series—

1. Conserving Your Health
2. Planning Your Food Supply
3. Economize on Clothing
4. Improving Your Home Conditions
5. Improving Farm and Home Business

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