# Brookings Homemakers Salad Luncheon

**January 19, 1980**  
**Brookings Middle School**

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1. Flying Farmer Chicken Salad

Marian Wheeler

5 C. cooked chicken, cut in pieces
2 T. salad oil
2 T. orange juice
2 T. vinegar
1 tsp. salt
3 C. cooked rice
1/2 C. small green grapes
1/2 C. sliced celery
1 C. pineapple tidbits
1 C. mandarin oranges
1 C. slivered, toasted almonds
1 1/2 C. mayonnaise

Combine chicken, salad oil, orange juice, vinegar, and salt. Let stand while preparing remaining salad ingredients (or you can refrigerate mixture overnight).

Gently toss together all ingredients. Serves 12

2. Mandarin Chicken Salad

Connie Mcknight

2 C. cooked chicken salad
1 T. minced onion
1 tsp. salt
1 C. green grapes, small
1 C. chopped celery
1 C. mandarin oranges

1/2 C. slivered, toasted almonds
1 C. macaroni rings, cooked
1 C. salad dressing (or less)
1 C. whipping cream, whipped

Combine first 3 ingredients: chicken, onion, and salt. Refrigerate several hours or overnight. Add grapes, celery, mandarin oranges, almonds, and macaroni rings. Add salad dressing and mix well. Refrigerate until ready to serve.

Fold in whipped cream right before serving.
Serves 10-12.

3. Walnut Chicken Salad

Ruth Morrill

1 C. cooked rice or bulgur wheat
2-3 C. chopped, toasted walnuts
2 C. cubed cooked chicken or turkey
1/2 C. finely chopped celery
2 T. chopped green onion

Combine above ingredients together. Refrigerate.

Stir the following together and fold into the above:

2 T. chopped raisins
1/2 C. mayonnaise
1/2 tsp. salt
2 tsp. lemon juice

Serve on crisp lettuce with pineapple slices.
4. Cherry Cider Salad

2 C. apple cider or apple juice
1 6-oz. pkg. cherry jello
1 16-oz. can pitted dark sweet cherries
½ C. thinly sliced celery
½ C. chopped walnuts
1 3-oz. pkg. cream cheese, softened
1 8½-oz. can (1 C.) applesauce

Leafy lettuce

Bring apple cider or juice to boil. Dissolve gelatin in boiling cider or juice. Drain cherries, reserving syrup. Halve cherries—set aside. Add enough water to reserved syrup to get 1½ C. liquid: stir into gelatin.


Gradually add reserved gelatin to softened cream cheese beating until smooth. Stir in applesauce. Spoon cream cheese mixture over cherry layer in mold. Chill until firm.

Unmold on lettuce-lined platter. Serve with mayonnaise or salad dressing.

5. Cranberry Salad

1 lb. can whole cranberry sauce
1 pkg. lemon jello
1 C. hot water
⅔ C. mayonnaise
3 oz. Cream cheese, softened
1 T. lemon juice
⅛ tsp. salt
2 oranges, diced
½ C. chopped celery
½ C. chopped pecans or walnuts

Dissolve jello in hot water. Heat cranberry sauce until melted. Then strain off ⅔ the juice, adding it to the jello. Next, blend mayonnaise and cream cheese and add to jello with the lemon juice and salt. Blend well. Turn into freezer tray and chill about 25 minutes.

Turn into bowl and whip until fluffy. Fold in remaining cranberry sauce, oranges, celery and nuts. Chill and serve.
6. **Festive Black Cherry Salad**

   Caroline Potas

   1 1/3 C. liquid from cherries  
   1 3-oz. pkg. orange gelatin  
   1/3 C. lemon juice  
   No. 2 1/2 can bing cherries, drained  
   1/4 C. chopped pecans  
   1/4 C. stuffed olives, sliced

   Heat liquid from cherries; pour over gelatin. Stir until dissolved. Add lemon juice. Chill until partially set.

   Add cherries, nuts and olives. Pour into 1 qt. mold and chill until firm. Unmold and serve. Yield: 6 servings

7. **Molded Cranberry Salad**

   Alma Nelson

   1 C. ground fresh cranberries  
   3/4 medium apple  
   1/2 orange rind

   Grind apple and orange and add to the cranberries.

   Add 1/2 C. sugar and 1/2 C. crushed pineapple to the above and allow to stand until sugar dissolves.

   Combine 1 3-oz. pkg raspberry gelatin and 1 1/2 C. boiling water. Allow to cool and thicken slightly. Add cranberry mixture. Pour into individual molds or one large mold. May be served with mayonnaise dressing.

8. **Orange Salad**

   Geneva Foster

   1 6-oz. pkg. orange gelatin  
   2 C. hot water

   Dissolve and allow to cool slightly.

   Add the following:

   2 C. apricot juice  
   1 can mandarin oranges  
   1 lg. can crushed pineapple  
   1 C. miniature marshmallows

   Chill until firm.

   Cook the following until thick. Cool and add:

   1 C. whipped cream  
   1 1/2 C. fruit juice  
   1 beaten egg  
   2 T. flour  
   2 T. butter or margarine  
   1/2 C. sugar

   Spread on top of salad and sprinkle with nutmeats or cheese, shredded.
9. **Raspberry/Cherry Salad**  
Barbara Fishback

1 10-oz. pkg. frozen raspberries, thawed  
\( \frac{1}{2} \) C. currant jelly  
2 C. water or juice from cherries  
2 3-oz. pkg. red raspberry gelatin  
\( \frac{1}{2} \) C. sherry  
\( \frac{1}{4} \) C. lemon juice  
1 1-lb. can (2 C.) pitted, dark sweet cherries, drained.

Drain raspberries, reserving syrup.  
Combine jelly and \( \frac{1}{2} \) C. water, heat and stir until jelly melts. Add remaining water (or juice equally 1\( \frac{1}{2} \) C.) and the gelatin. Stir until dissolved. Remove from heat; add sherry, lemon juice and raspberry syrup. Chill until partially set.


10. **Sour Cream Fruit Salad**  
Ruth Breazeale

Drain: 1 C. pineapple; tidbits or crushed  
1 C. mandarin oranges

Add: 1 C. miniature marshmallows  
1 C. coconut  
1 C. sour cream

May add white grapes or fruit cocktail. Refrigerate overnight or longer.

11. **Strawberry Apple Salad**  
Alvilda Sorenson

1 3-oz. pkg. Wild Strawberry Jello  
1 C. hot water  
1 C. applesauce  
3/4 cold water

Combine in order given; stirring well after each addition. Chill until firm.
12. **Macaroni Salad**

Joan Dybing

3 C. of cooked elbow macaroni  
1 1/2 C. chopped ham  
3/4 C. chopped green pepper  
3/4 C. chopped green onion  
1/2 C. chopped dill pickle  
1 C. chopped celery  
1 1/2 C. large curd cottage cheese  
1 1/2 C. mayonnaise  
2 T. cider vinegar  
2 tsp. salt

Whip mayonnaise, vinegar and salt together and add to other ingredients. Chill and serve. Makes 10 cups.

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13. **Sunny Mustard Mousse with Ham Salad**

Barbara Langpap

4 eggs  
1 c. water  
1/2 C. sugar  
1 envelope unflavored gelatin  
1 1/2 T. dry mustard or 2 T. prepared mustard  
1/2 tsp turmeric  
1/2 tsp salt  
1 C. whipping cream, whipped

Beat eggs in top of double boiler, add water and vinegar to beaten eggs. Mix sugar, gelatin, dry mustard, turmeric, and salt. If using 2 T. prepared mustard, add to beaten eggs. Stir into egg mixture; cook over boiling water, stirring constantly, until slightly thickened (about the consistency of whipping cream). Cool completely; fold in whipped cream. Turn into 1 1/2 qt. ring mold. Chill until firm. Unmold on leaf lettuce or romaine. Fill center with Ham Salad. 8 Servings.

**Ham Salad**

2 C. cubed cooked ham  
1 C. diced celery  
1 T. lemon juice  
1/2 C. mayonnaise  
2 hard-cooked eggs, cut up  
Salt and pepper to taste

14. Wild Rice Salad

Mary Negstad

2 1/2 C. cooked wild rice (or 1/2 long & wild)
4 hard cooked eggs, 3 chopped; 1 wedged
1 1/2 C. chopped celery
1 1/2 C. chopped green pepper
3 T. minced onion
2 salt & pepper to taste
8 sliced green olives
sm. jar chopped pimento
1 C. mayonnaise
2 T. sweet pickle juice
1-2 T. prepared mustard

Combine rice, 3 hard cooked eggs, chopped celery, green pepper, sliced olives and chopped pimento. Mix mayonnaise with pickle juice and mustard. Mix dressing gently into salad. Refrigerate several hours to blend flavors.

Add wedged egg for garnish. Serves about 6.

15. Carrot and Tuna Fish Salad

Anonymous

1 C. diced celery
1/2 C. chopped onion
1 6 1/2-oz. can of tuna
1/2 C. salad dressing (Miracle Whip)
1 1/2 C. carrots, finely shredded

Mix above ingredients together. Refrigerate. When ready to serve, add 1 can of shoestring potatoes (2 1/2 oz.) and mix well. Serve.

16. Fruited Shrimp Salad

Lillian Lund

2 C. shrimp, cooked, peeled and cleaned (or 2 cans)
1 1/2 C. pineapple chunks, drained
1 C. orange sections, drained
1 C. celery, thinly sliced
1/2 C. mild French dressing
Endive or lettuce

Combine shrimp, pineapple chunks, orange sections and celery. Add French dressing and mix lightly.

17. **Seacoast Salad**

**Anonymous**

- 1 7½-oz. pkg. Kraft macaroni & cheese dinner
- 1 8-oz. can peas, drained (or frozen, cooked peas)
- 1 6½-oz. can tuna, drained and flaked
- 1 C. Miracle Whip salad dressing
- 1 C. chopped celery
- ½ C. sweet pickly relish, drained
- 2 T. finely chopped onion
- dash of salt

Prepare Kraft dinner as directed on box. Add remaining ingredients; mix lightly. Chill.

Add additional salad dressing before serving if desired. 6-8 servings.

18. **Baked German Potato Salad**

**Elaine Kohl**

- 1 C. diced bacon
- 1 C. sliced celery
- 1 C. chopped onion
- 3 tsp. salt
- 3 T. flour
- 2/3 C. sugar
- 2/3 C. vinegar
- ½ tsp. pepper
- 1 1/3 C. Water
- 8 C. diced, cooked potatoes

Fry bacon; drain. Return 1 T. fat to skillet; add celery, onion, salt, and flour; cook gently. Add sugar, vinegar, pepper, and water. Stir and bring to a boil. Pour over potatoes and bacon in casserole.

Bake at 350 degrees for 30 minutes. Serves 12.

19. **Calico Salad**

**LaDonna Micko**

- 1 1-lb. can cut green beans, drained
- 1 1-lb. jar sliced carrots, drained
- 1 12-oz. can whole kernel vacuum packed corn
- 2 T. chopped onion

Combine vegetables. Toss with celery seed dressing below. Chill in covered container several hours or overnight. Serve on salad greens. 6-8 servings.

**Celery Seed Dressing:**

Combine the following:

- ½ C. brown sugar
- 1/3 C. cider vinegar
- 1 T. salt
- 2 tsp. celery seed
- ½ tsp. ground turmeric
- dash of pepper
20. Cauliflower Salad

1 head cauliflower, raw
1 tomato
1 med. onion
sliced, ripe olives
1 green pepper or broccoli

Combine the following and pour over above vegetables:

\[ \frac{1}{2} \text{ C. sour cream (commercial)} \]
\[ 4 \text{ tsp. vinegar} \]
\[ 2 \text{ tsp. salt} \]

21. Copper Pennies

2 lbs carrots peeled - cut in rounds, cooked until just soft (do not overcook).

Dressing:

\[ 1 \text{ C. sugar} \]
\[ \frac{1}{2} \text{ C. vinegar} \]
\[ \frac{1}{2} \text{ C. salad oil} \]
1 onion sliced
1 can condensed tomato soup
1 green pepper, diced

Heat dressing ingredients. Allow to come to a boil. Remove from heat and pour hot over carrots. Chill for several hours. Will keep for a week in refrigerator if covered well.

22. French Potato Salad

4 lg. potatoes
\[ \frac{1}{4} \text{ C. chives (green onions with tops or chopped onions)} \]
1 tsp salt
pepper to taste
\[ \frac{1}{2} \text{ C. salad oil} \]
\[ \frac{1}{2} \text{ C. vinegar} \]

Boil potatoes in skins. While still warm, peel and slice them. Add seasonings and oil. (More oil may be added if potatoes will absorb it). Add vinegar and mix well. Chill at least overnight. This keeps well in refrigerator.
23. Pea Salad

Bring to a boil and allow to cool:

\[ \frac{1}{3} \text{ C. salad oil} \]
\[ \frac{1}{3} \text{ C. vinegar} \]
\[ \frac{1}{2} \text{ C. sugar} \]

Then add dash of celery seed. Mix with:

\[ 2 \text{ C. chopped celery} \]
\[ 1 \text{ box frozen peas (do not thaw)} \]
\[ 1 \text{ can white corn, drained} \]
\[ 1 \text{ C. shredded carrots} \]
\[ \frac{1}{2} \text{ C. chopped onion} \]
\[ 1 \text{ C. diced green pepper (optional)} \]

Allow to chill and blend flavors. Serve.

24. Swedish Bean Salad

\[ \frac{1}{2} \text{ C. commercial sour cream} \]
\[ \frac{1}{4} \text{ C. mayonnaise} \]
\[ 1 \text{ lb. can green bean, drained} \]
\[ 1 \text{ medium cucumber, peeled and sliced} \]
\[ 6 \text{ green onions, cut fine} \]
\[ 1 \text{ T. dill weed} \]
\[ \text{salt and pepper to taste} \]

Blend sour cream and mayonnaise. Combine all other ingredients and add to dressing. Chill well before serving.

25. Pickled Cauliflower

Simmer cauliflower pieces until just tender—do not overcook.

Combine:

\[ 1 \text{ C. vinegar} \]
\[ \frac{1}{2} \text{ C. water} \]
\[ 1 \text{ C. sugar} \]
\[ \frac{1}{2} \text{ tsp tumeric} \]
\[ \frac{1}{2} \text{ tsp. dry mustard} \]

Cook cauliflower a few minutes in the brine mixture. Bring to boil, pack and seal. Process 5 minutes.

Recipe makes about two pints, using one small head of cauliflower.
26. Red Cucumber Rings

Marlene Brands

Cut large cucumbers in thirds, remove seeds and soft pulp. Peel if desired. Soak two gallons cucumber rings in the following for 24 hours:

2 C. lime
8 pts. water

Drain, wash and soak in cold water 3 hours. Then drain and simmer for two hours in the following:

1 C. vinegar
1 oz. red food coloring (takes more if unpeeled)
1 T. alum
Enough water to cover

Drain off after two hours of simmering

Heat together the following:

2 C. water
2 C. vinegar
10 C. sugar
8 sticks cinnamon
2 lg. pkg. red hot candies

Pour over drained rings and let stand overnight. Drain, reheat juice. Pour over rings for three mornings. Last 24 hours, add 1 tsp. salt to liquid. Heat and pack. Process 5 minutes.

THANKS TO ALL WHO SHARED WITH US! HAPPY EATING!!!