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4H will help you

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4-H

**WILL
HELP
YOU**

AGRICULTURAL EXTENSION SERVICE, South Dakota State College
United States Department of Agriculture



4-H will help you

if you are between the ages of 9 and 21
if you are interested in a 4-H project
if you are eager to make new acquaintances
if you enjoy belonging to a club
if you want to become a good citizen in your community.

WHAT IS 4-H CLUB WORK?

A project is the first requirement of 4-H club membership. Members keep records of their project work and may exhibit the results at county achievement days and at the State Fair. Projects include such things as growing garden vegetables and field crops, raising livestock, sewing, cooking, and interior decoration. An automotive project, where members learn proper use and care of the family automobile, and a light or riding horse project, are two of the newest projects in South Dakota. Many more are available to fit the particular interests of 4-H club members. Your county extension agent has a complete project list.

HERE IS WHAT MEMBERS LEARN

Through 4-H club meetings young people develop better citizenship. They are given the opportunity to run their

own organization. Four-H young people develop the ability to work with others, to value farm, home and community life, and they learn to appreciate nature and outdoor life. The opportunity to select superior quality items in clothing, food, home furnishings, crops, poultry and livestock, is furnished 4-H club members through judging practice.

4-H DEMONSTRATIONS AND TALKS

When a 4-H'er demonstrates or gives an illustrated talk, he tells his fellow club members, or audiences at county or state events what he has done in a project, and shows them how they can obtain similar results. All members can exhibit the results of their project work at local and county achievement days. Exhibits arouse community interest and help club members evaluate the results of their project work.

Recreation is an important part of 4-H Club work. Summer camp activities provide club members with opportunities for swimming, volley ball, and a variety of outdoor sports.

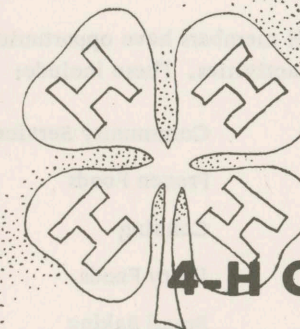
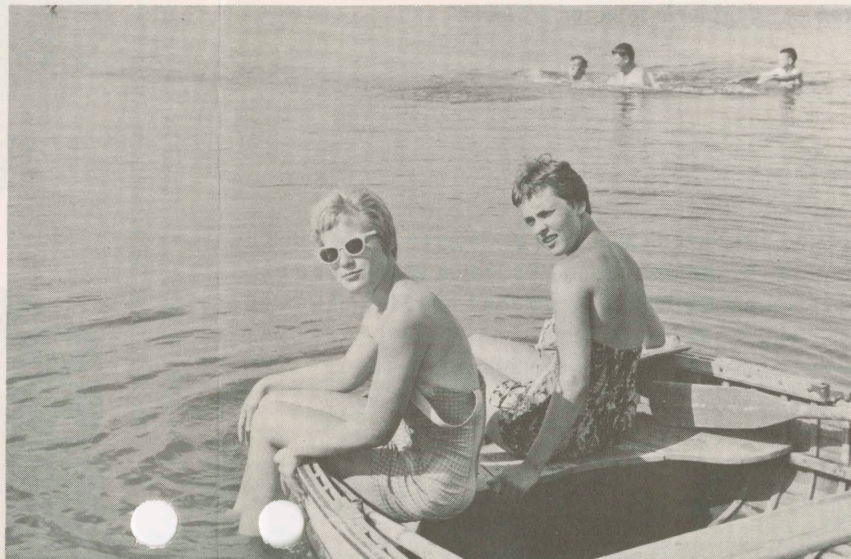


Gardening projects are popular with Indian 4-H boys and girls. Top-quality vegetables are selected for exhibition at the State Fair.



Club members vie for top honors at the State Fair dress review contest.

Home sewing draws the interest of many 4-H girls, who learn how to select patterns and make attractive clothes. Many club members receive state and national awards each year.



4-H CLUB PLEDGE

I Pledge--

MY HEAD TO CLEARER THINKING,
MY HEART TO GREATER LOYALTY,
MY HANDS TO LARGER SERVICE, AND
MY HEALTH TO BETTER LIVING, FOR
MY CLUB, MY COMMUNITY, AND MY COUNTRY.



Contestants in the highly popular 4-H cherry pie contest soon become aware that one way to a man's heart is through a taste-tempting pie. Both boys and girls compete in the event.

4-H activities

Besides a regular project, 4-H members have opportunities to engage in special interest activities. These include:

Rural Arts and Recreation

Community Service

Health

Frozen Foods

Safety

Canning

Electricity

Dairy Foods

Conservation

Bread Baking

Courtesy and Grooming

Citizenship

LITERATURE IS FURNISHED

Your 4-H leader has access to the latest bulletins relating to your project. Record Books and other literature are furnished to each 4-H club member free of charge.

4-H EVENTS BUILD ENTHUSIASM

Through community and county events, club members meet other 4-H'ers and receive inspiration for their 4-H club work. Traditional 4-H events include rally days, summer club camps, achievement days and recognition events. A number of State and National events--State Fair, National Club Congress, and National Club Conference--offers Club members many unforgettable 4-H experiences.

HOW A CLUB IS ORGANIZED

Five or more prospective members between the ages of 9-21 may form a club. New club members must plan a yearly program with the help of their leader. Members of the club elect their own officers. Young people interested in organizing a 4-H club should contact their county or home agent who will provide them with help or information. Presently 2,500,000 young people in the United States belong to 4-H clubs.

THE LOCAL LEADER

A successful local leader should be liked and respected by parents and community leaders, and should have a sincere liking for young people. Strict standards of sportsmanship and honesty, enthusiasm about 4-H club work, and ability to work well with others are necessary qualities of a 4-H leader.

PARENTS' SUPPORT IS VITAL

Successful clubs must have the complete support of parents. Young people need encouragement and advice from home to better carry on their selected projects.

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