There is a Oneness
Lawrence Diggs

There is a oneness that connects us
A thread that flows through all things
Disconnection would mean
A severance from existence

There is a oneness that unites us
A force that eliminates the gaps
That seem to separate us
Rendering us a discontiguous organism

There is a oneness that merges us
Harm to you is harm to me
Help to you is help to me
We are not alike, we are one

Prairie Tree
Lawrence Diggs